



STEPS

REHABILITATION FACILITY

GROUP 17 JULY 2026



THE FIRM

Sunshine Consulting is an interdisciplinary design firm, dedicated to the pursuit of sustainable building solutions that prioritize occupant comfort and accessibility. Grounded in industry best practices, Sunshine Consulting believes in the profound impact each building has in shaping a brighter, more beautiful built environment.



**ALEXANDRIA
RICHARDS**

PROJECT MANAGER
CO - STRUCTURAL LEAD



**RODAINA
ABOELELA**

BIM LEAD
CO - STRUCTURAL LEAD



**ANABELLA
KURNIAWAN**

MECHANICAL LEAD
CO - ARCHITECTURAL LEAD



**YOLANDA
LI**

BUILDING ENCLOSURE LEAD
CO - ARCHITECTURAL LEAD

THE PROBLEM

WATERLOO

is Ontario's third fastest growing community.

To accomodate this ...

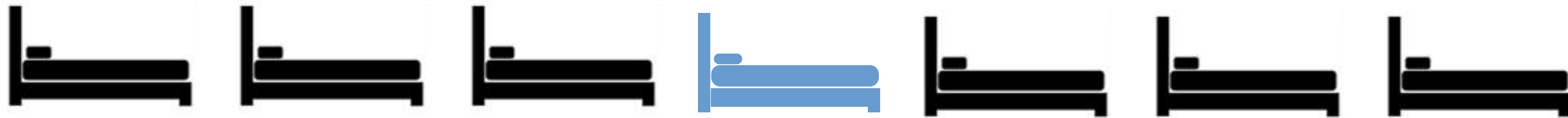


WRHN

is planning to invest \$10 million into the expansion of St Mary's and Grand River Hospital through the construction of a new **ACUTE** care hospital; thus, leading the region to an 854 designated quantity of acute care beds.



THE PROBLEM



In Ontario **1** in **7** Beds are occupied by those who no longer require urgent care.

The closest dedicated rehabilitation facility is **75 km** away from Waterloo, with a maximum capacity of **91 patients**

Within the current Waterloo Regional Health Network Hospital, there are **777** acute care beds meaning **111 beds** are occupied by patients no longer requiring urgent care.*

*Grand River Hospital houses 580 acute care beds. St. Mary's General Hospital while St. Mary's General Hospital houses 197.

DESIGN OVERVIEW



117
SINGLE
PATIENT
ROOMS

Gross Floor Area (GFA)

21,750 m²

Typical Footprint

3310 m²

Key Design Elements

- INPATIENT ROOMS WITH WINDOWS
- TERRACES FOR EACH WARD
- OUTPATIENT CLINIC
- HYDROTHERAPY
- FITNESS CENTRE
- EAT IN DINING AREA
- PHARMACY WITH SMALL CONVENIENCE STORE
- INPATIENT PROCEDURE AREAS
- STAFF AREAS & LOUNGES

DESIGN OBJECTIVES

01 DAYLIGHTING

- 1. Spatial daylight autonomy (sDA300,50%) is achieved for at least 55% of regularly occupied space. Aim for 75% of regularly occupied space.
- 2. Annual sunlight exposure (ASE1000,250) is achieved for no more than 10% of regularly occupied space

02 ACCESSIBILITY

- 1. Integrate accessible features into the architectural design of the building.
- 2. Accessible public spaces, furniture, walkways, in accordance with the 7 Principles of Universal Design.
- 3. Barrier - Free Access to all spaces in the building.

03 SUSTAINABILITY & LCA

- 1. Optimize bay and span configurations for carbon reduction within applicable code limitations.
- 2. Spec 80%+ of steel to be produced by manufacturers that use Electric Arc Furnaces (EAFs) (as opposed to Basic Oxygen Furnaces (BOFs)) and manufacturers that are Canadian-based.
- 3. Conduct an assessment of steel-based EPDs to specify maximum GWP limits for structural set in relation to:
 - Rolled Steel Shapes
 - Steel Plates
 - Open Web Steel Joists

- 4. Conduct an A1 to A4 (raw material to transport) full life cycle assessment of the structural system.



- 5. Achieve a lean superstructure embodied carbon of less than 150 kgCO2e/m2.



- 6. Assemble a material passport for structural steel elements to allow disassembly and future re-use.

ARCHITECTURE

SITE CONTEXT

PROPERTY OWNERS

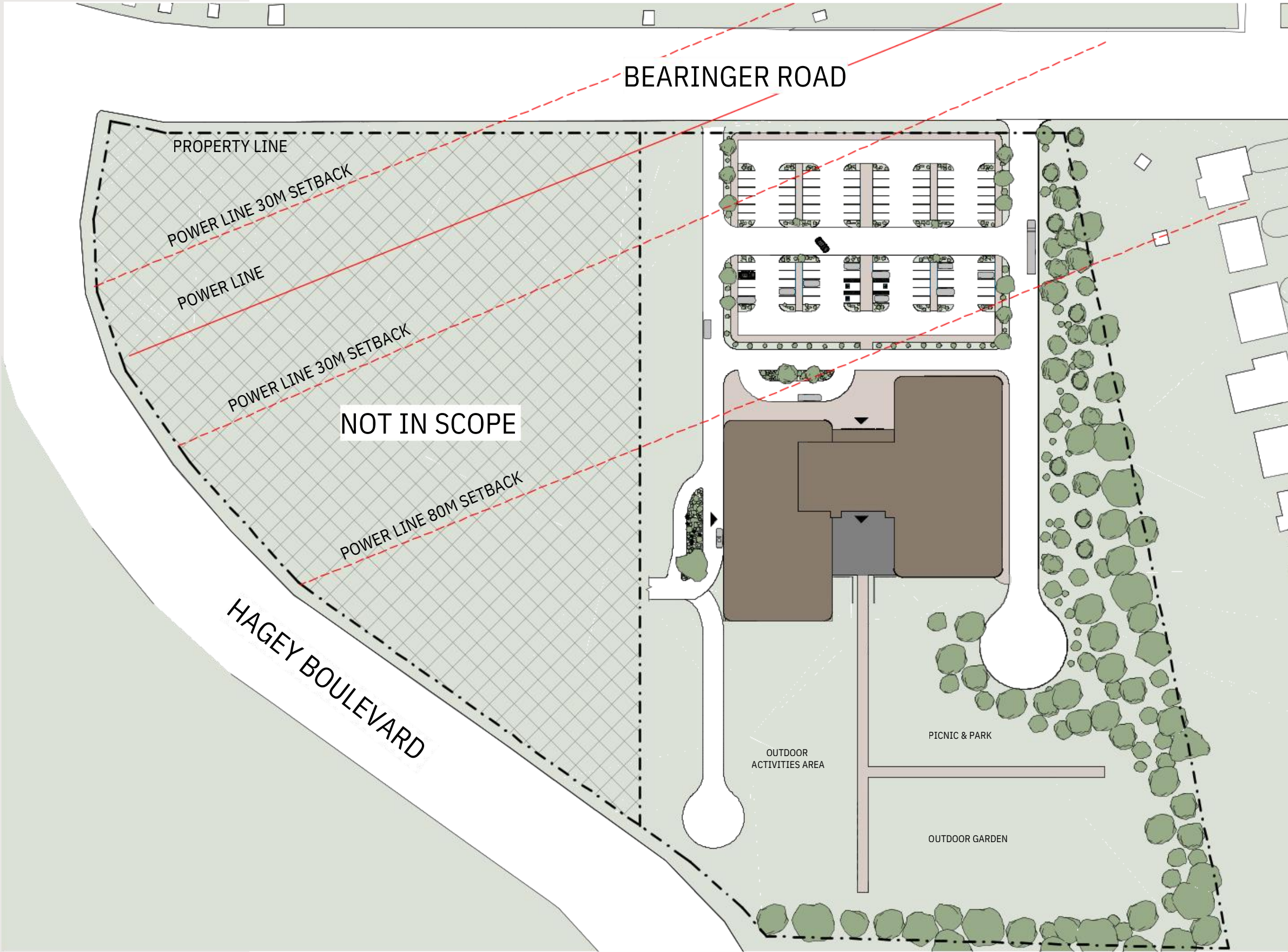
Waterloo Regional Health Network
University of Waterloo

INFRASTRUCTURE

New WRHN hospital
Integration of light rail train and bus routes to new site



CONSTRAINTS & DESIGN



ARCHITECTURE

GROUND FLOOR



ATRIUM

KEY FEATURES

GENERAL

- KITCHEN & DINING
- PHARMACY
- ATRIUM LOUNGE

INPATIENT

- RECEPTION
- CONSULT ROOMS
- PROCEDURE ROOMS
- STAFF AREA

OUTPATIENT

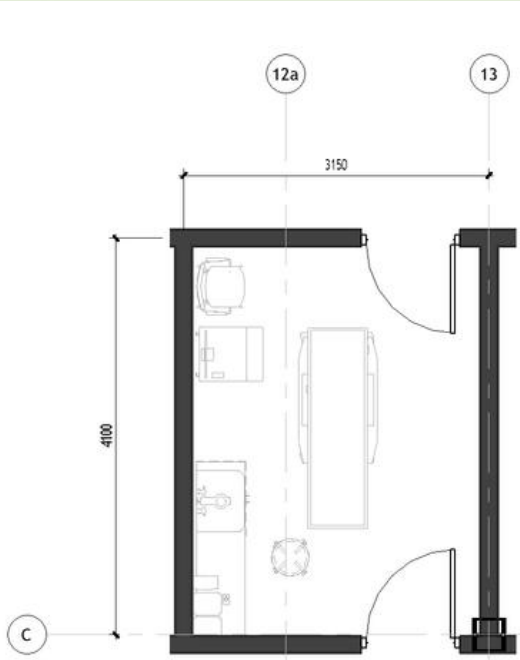
- RECEPTION
- CONSULT ROOMS
- PROCEDURE ROOMS & TREATMENT ROOMS
- STAFF AREA



RAMP



STAFF CIRCULATION	STAFF
GENERAL CIRCULATION	OUTPATIENTS
SHARED AMENITIES	INPATIENTS
TREATMENT	BACK OF HOUSE



TYPICAL CONSULT ROOM

ARCHITECTURE

GROUND FLOOR



PHARMACY

KEY FEATURES

GENERAL

- KITCHEN & DINING
- PHARMACY
- ATRIUM LOUNGE

INPATIENT

- RECEPTION
- CONSULT ROOMS
- PROCEDURE ROOMS
- STAFF AREA

OUTPATIENT

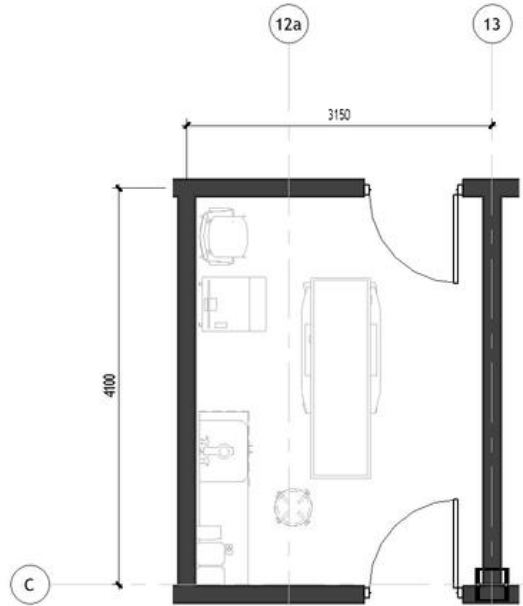
- RECEPTION
- CONSULT ROOMS
- PROCEDURE ROOMS & TREATMENT ROOMS
- STAFF AREA



STAFF PHARMACY PICKUP



STAFF CIRCULATION	STAFF
GENERAL CIRCULATION	OUTPATIENTS
SHARED AMENITIES	INPATIENTS
TREATMENT	BACK OF HOUSE



TYPICAL CONSULT ROOM

ARCHITECTURE

GROUND FLOOR



TYPICAL CONSULT

KEY FEATURES

GENERAL

- KITCHEN & DINING
- PHARMACY
- ATRIUM LOUNGE

INPATIENT

- RECEPTION
- CONSULT ROOMS
- PROCEDURE ROOMS
- STAFF AREA

OUTPATIENT

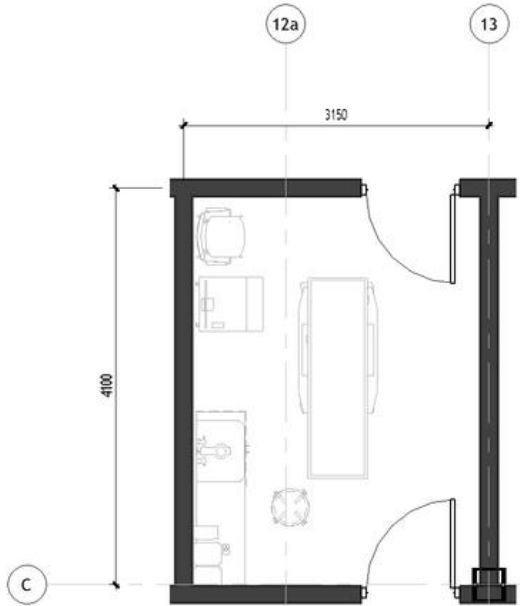
- RECEPTION
- CONSULT ROOMS
- PROCEDURE ROOMS & TREATMENT ROOMS
- STAFF AREA



TYPICAL OFFICE



STAFF CIRCULATION	STAFF
GENERAL CIRCULATION	OUTPATIENTS
SHARED AMENITIES	INPATIENTS
TREATMENT	BACK OF HOUSE



TYPICAL CONSULT ROOM

ARCHITECTURE

BASEMENT



FITNESS CENTRE

KEY FEATURES

INPATIENT

- 26 SINGLE PATIENT ROOMS/FLOOR
- INDOOR LOUNGE AREAS
- TERRACES
- WALKING TRACK
- RAMP TO UPPER FLOORS

STAFF

- STAFF LOUNGES
- CHANGEROOMS
- MEDICAL UTILITY/STORAGE SPACES

BACK OF HOUSE

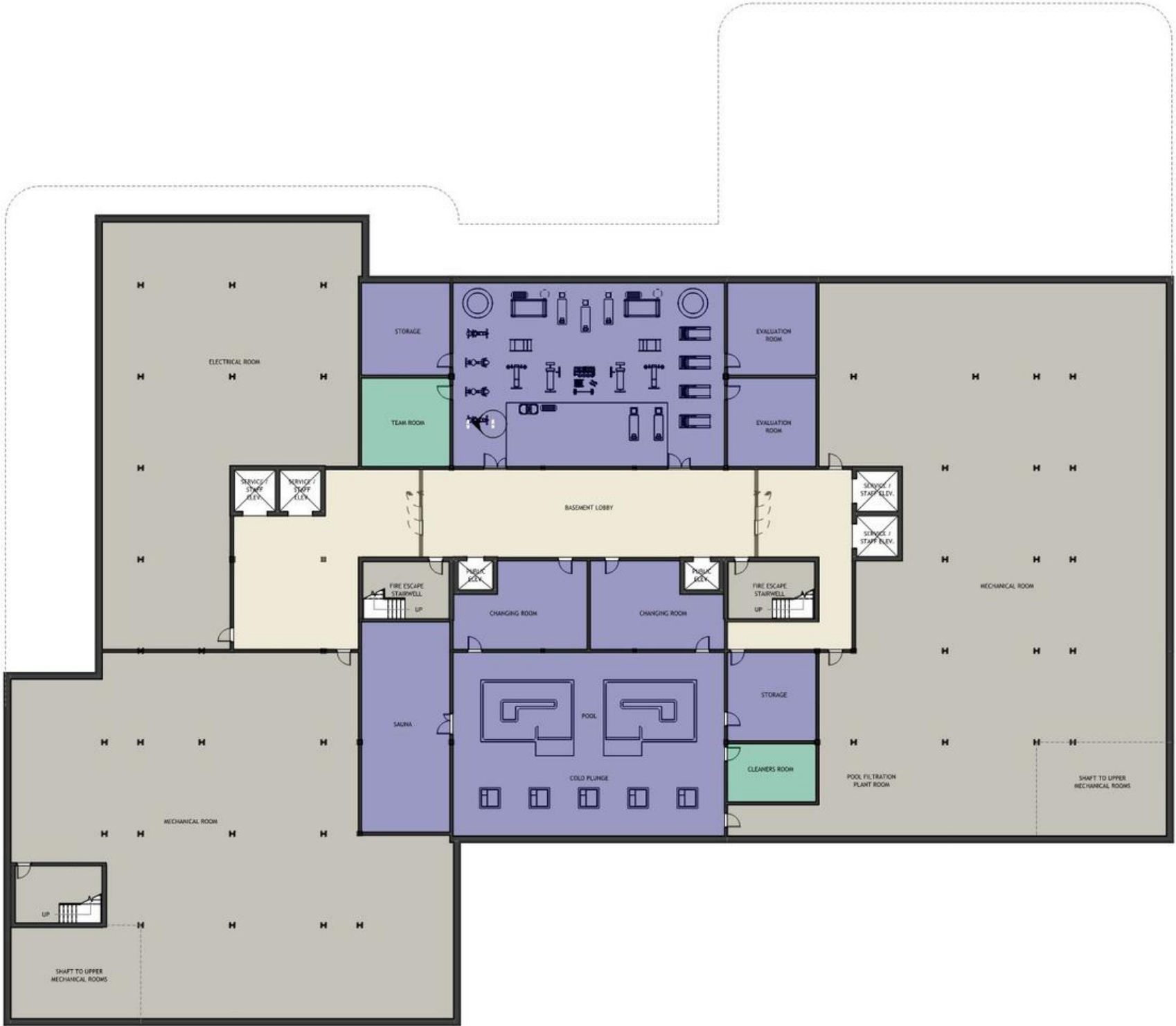
- DEDICATED MECHANICAL SPACE/WARD



SAUNA



CHANGE ROOM



STAFF CIRCULATION	STAFF
GENERAL CIRCULATION	OUTPATIENTS
SHARED AMENITIES	INPATIENTS
TREATMENT	BACK OF HOUSE

ARCHITECTURE

LEVEL 2 - LEVEL 6



PATIENT ROOMS

KEY FEATURES

INPATIENT

- 26 SINGLE PATIENT ROOMS/FLOOR
- INDOOR LOUNGE AREAS
- TERRACES
- WALKING TRACK
- RAMP TO UPPER FLOORS

STAFF

- STAFF LOUNGES
- CHANGEROOMS
- MEDICAL UTILITY/STORAGE SPACES

BACK OF HOUSE

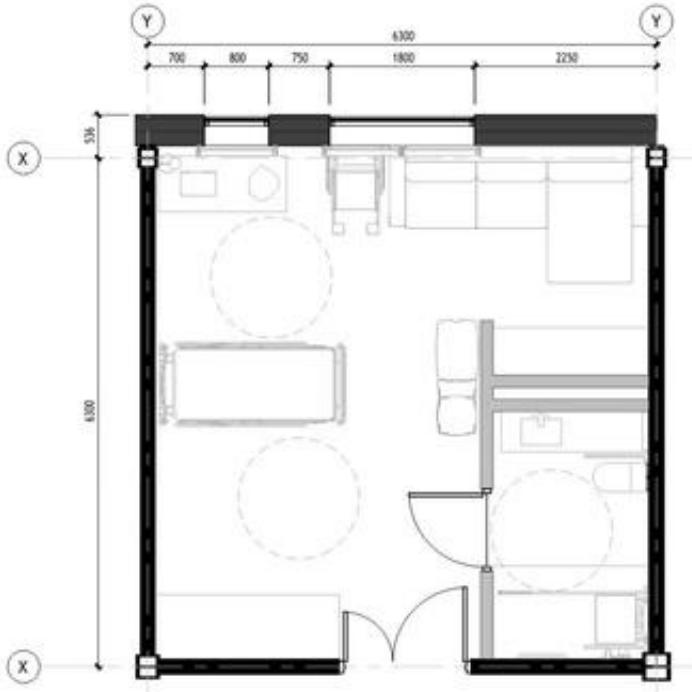
- DEDICATED MECHANICAL SPACE/WARD



PATIENT WASHROOMS



STAFF CIRCULATION	STAFF
GENERAL CIRCULATION	OUTPATIENTS
SHARED AMENITIES	INPATIENTS
TREATMENT	BACK OF HOUSE



TYPICAL PATIENT ROOM

ARCHITECTURE

LEVEL 2 - LEVEL 6



NURSES STATION

KEY FEATURES

INPATIENT

- 26 SINGLE PATIENT ROOMS/FLOOR
- INDOOR LOUNGE AREAS
- TERRACES
- WALKING TRACK
- RAMP TO UPPER FLOORS

STAFF

- STAFF LOUNGES
- CHANGEROOMS
- MEDICAL UTILITY/STORAGE SPACES

BACK OF HOUSE

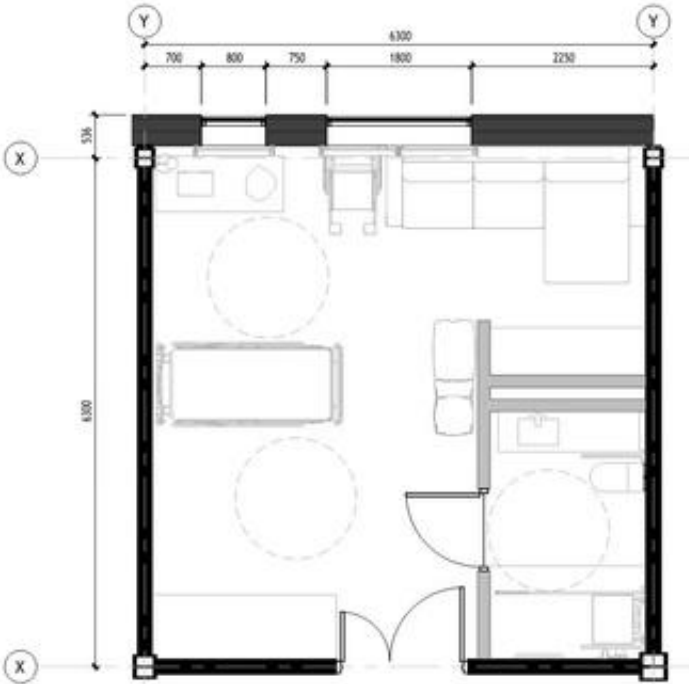
- DEDICATED MECHANICAL SPACE/WARD



STAFF ROOM



STAFF CIRCULATION	STAFF
GENERAL CIRCULATION	OUTPATIENTS
SHARED AMENITIES	INPATIENTS
TREATMENT	BACK OF HOUSE



TYPICAL PATIENT ROOM

DAYLIGHTING ANALYSIS

OVERVIEW



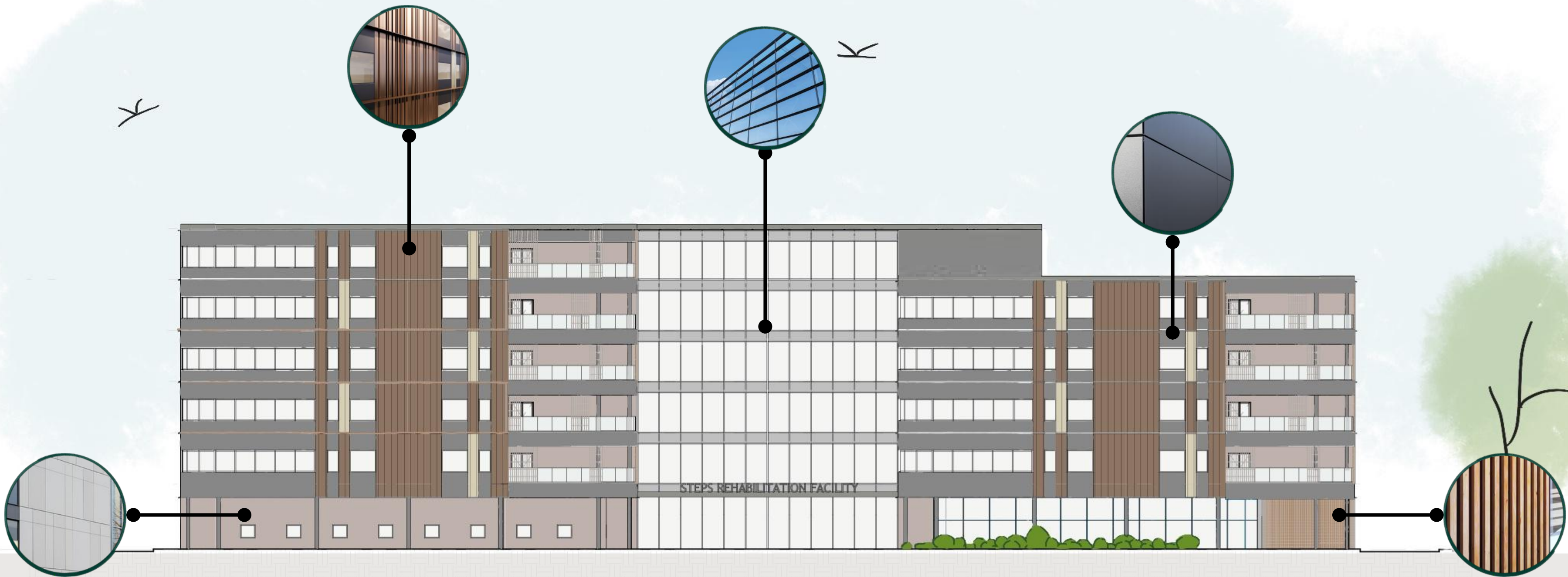
LEED v4 Daylight

Spatial daylight autonomy (sDA_{300,50%}) is achieved for at least 55% of regularly occupied space. | Annual sunlight exposure (ASE_{1000,250}) is achieved for no more than 10% of regularly occupied space.

PRIMARY DC

ENCLOSURE

OVERVIEW



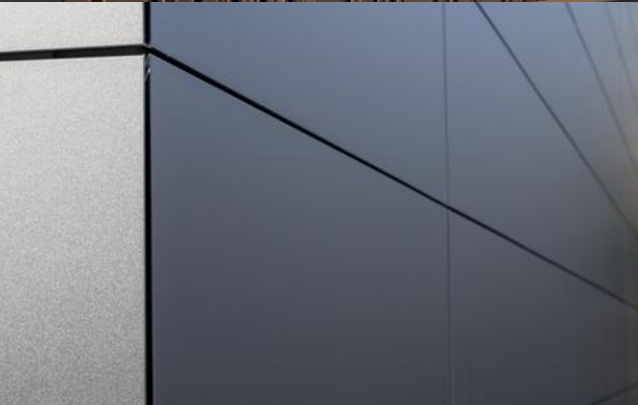
PRIMARY DC

ENCLOSURE

WALLS



VICWEST FLUTED
METAL PANELS



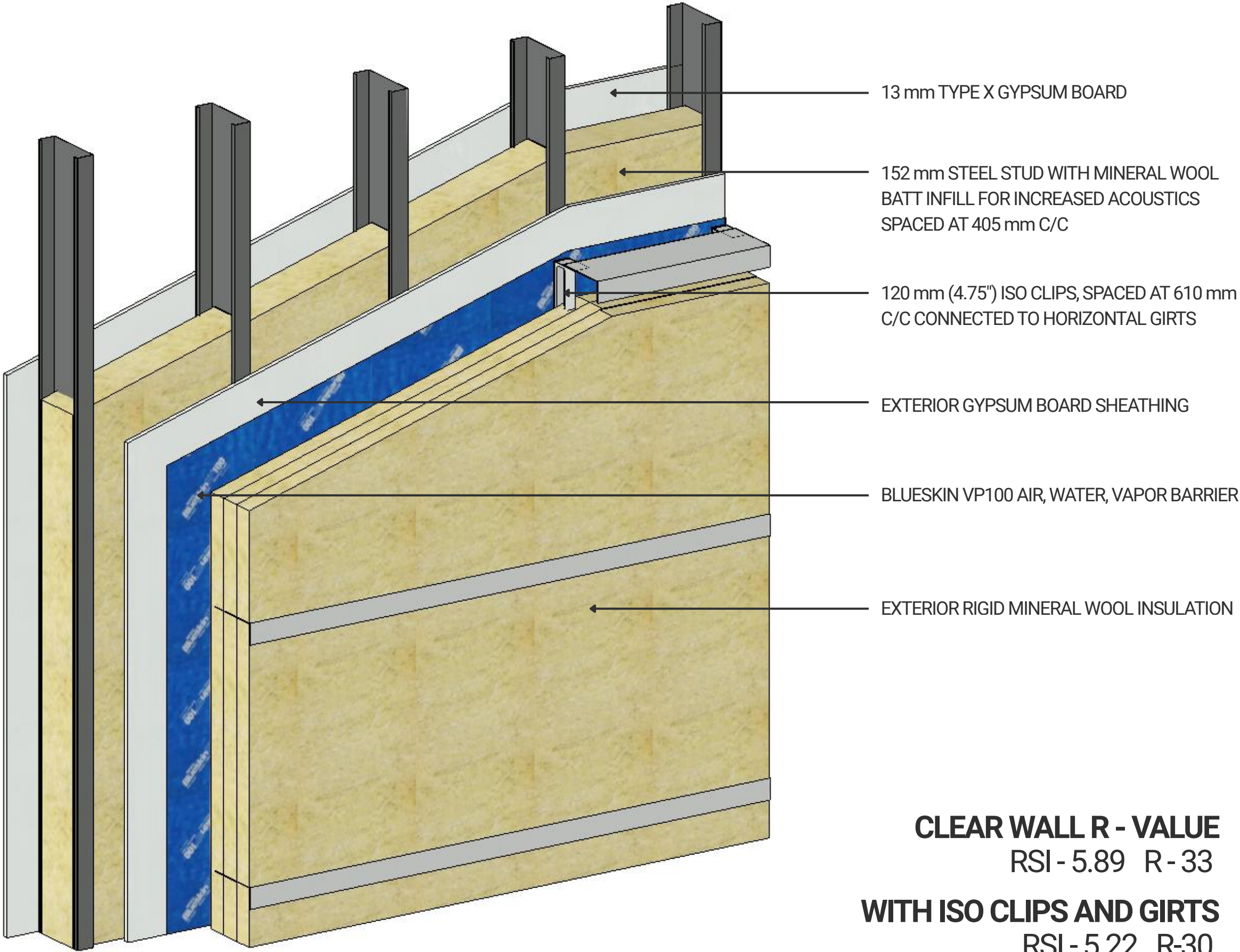
ALUCOBOND PLUS
ALUMINUM
COMPOSITE PANEL



EQUITONE FIBRE
CEMENT SIDING



NORTWOOD WPC
FLUTED PANELS



CLEAR WALL R - VALUE
RSI - 5.89 R - 33

WITH ISO CLIPS AND GIRTS
RSI - 5.22 R-30

PRIMARY DC

ENCLOSURE

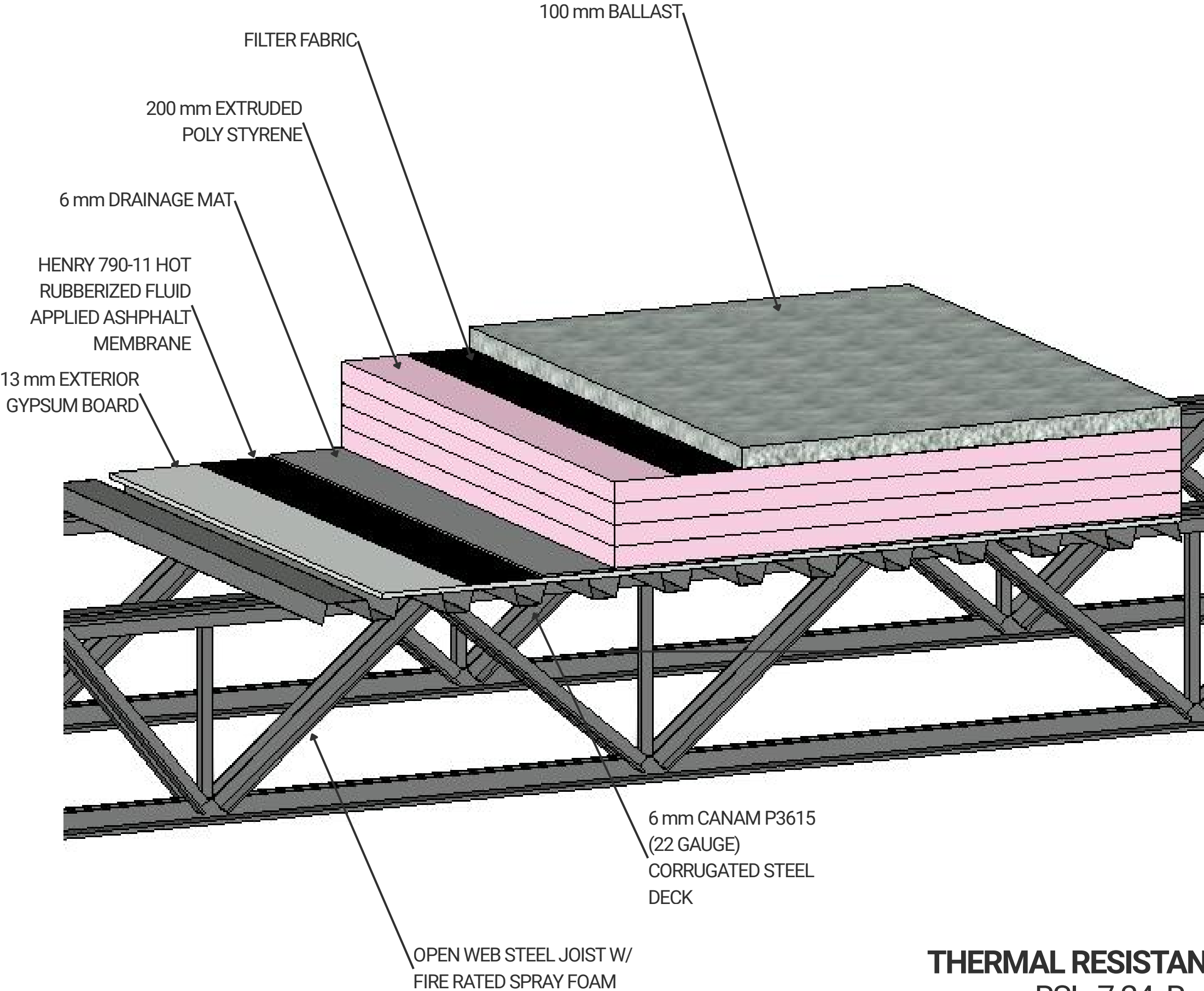
ROOFS



BALLAST



PAVERS



THERMAL RESISTANCE
RSI - 7.24 R - 40

PRIMARY DC

ENCLOSURE

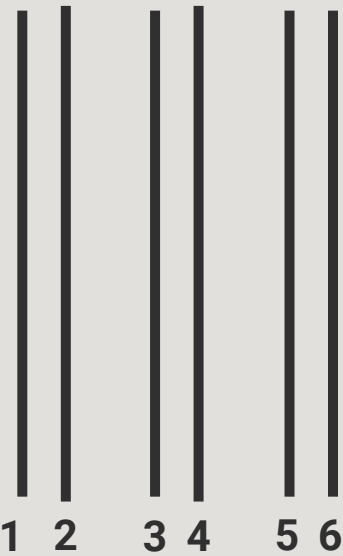
CURTAIN WALL

TRIPLE GLAZE, THERMALLY BROKEN,
STICK BUILT CURTAIN WALL WITH AIR

EFFECTIVE THERMAL CONDUCTANCE

U - 1.16 W/m²K

SHGC = 0.253



SURFACE	EMISSIVITY
1	0.840
2	0.050
3	0.840
4	0.840
5	0.050
6	0.840

ALUMICOR THERMAWALL TW2200



STRUCTURE

ROOF

38 mm CANAM METAL DECK
w/ OWSJ on JOIST GIRDERS (TYP)

PRIMARY
LATERAL

300 mm CONCRETE SHEAR WALL

SECONDARY
LATERAL

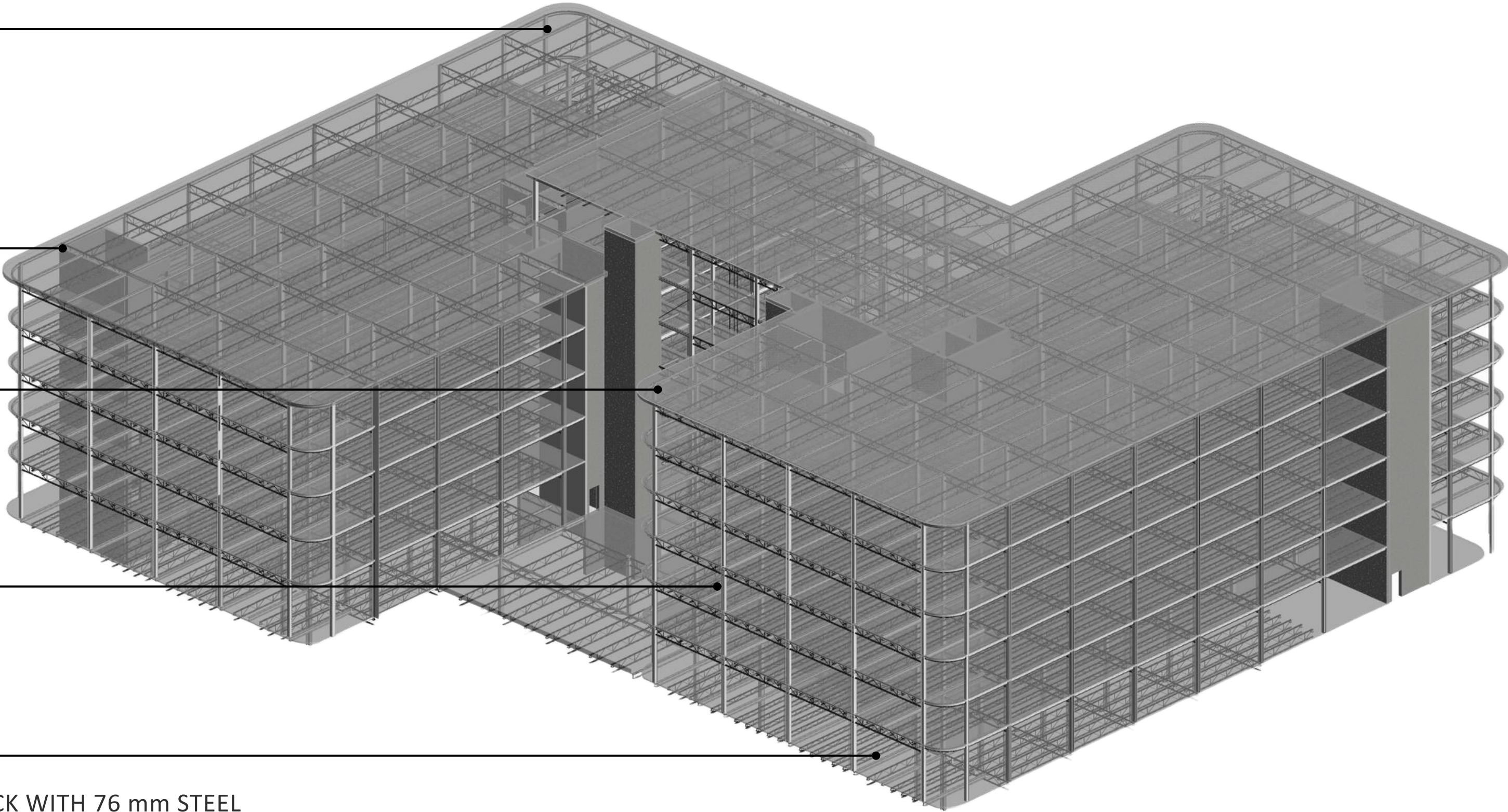
TENSION RODS FOR RAMP

COLUMN

W-Shape COLUMNS *(TYP)*

FLOOR

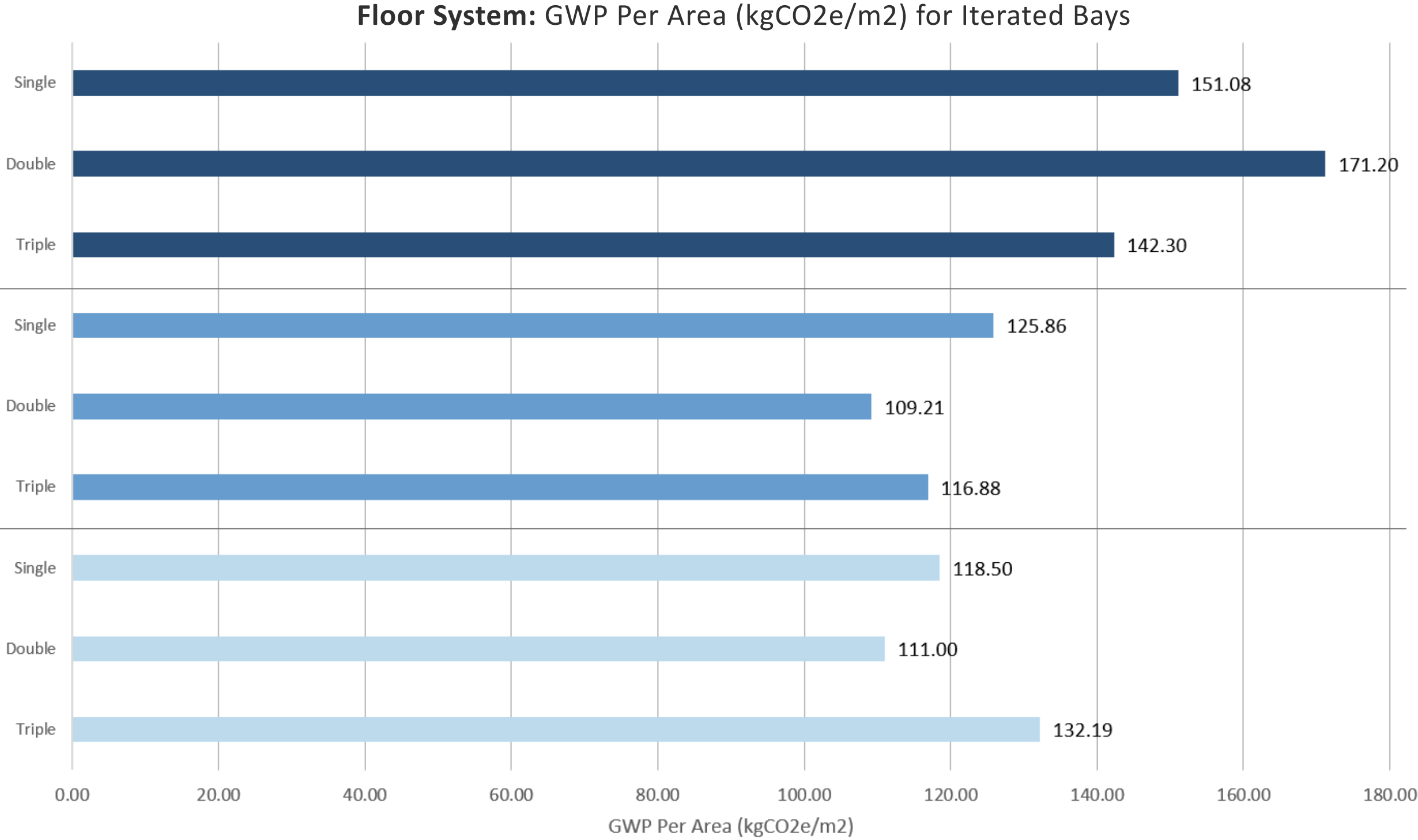
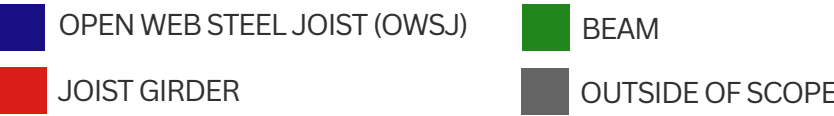
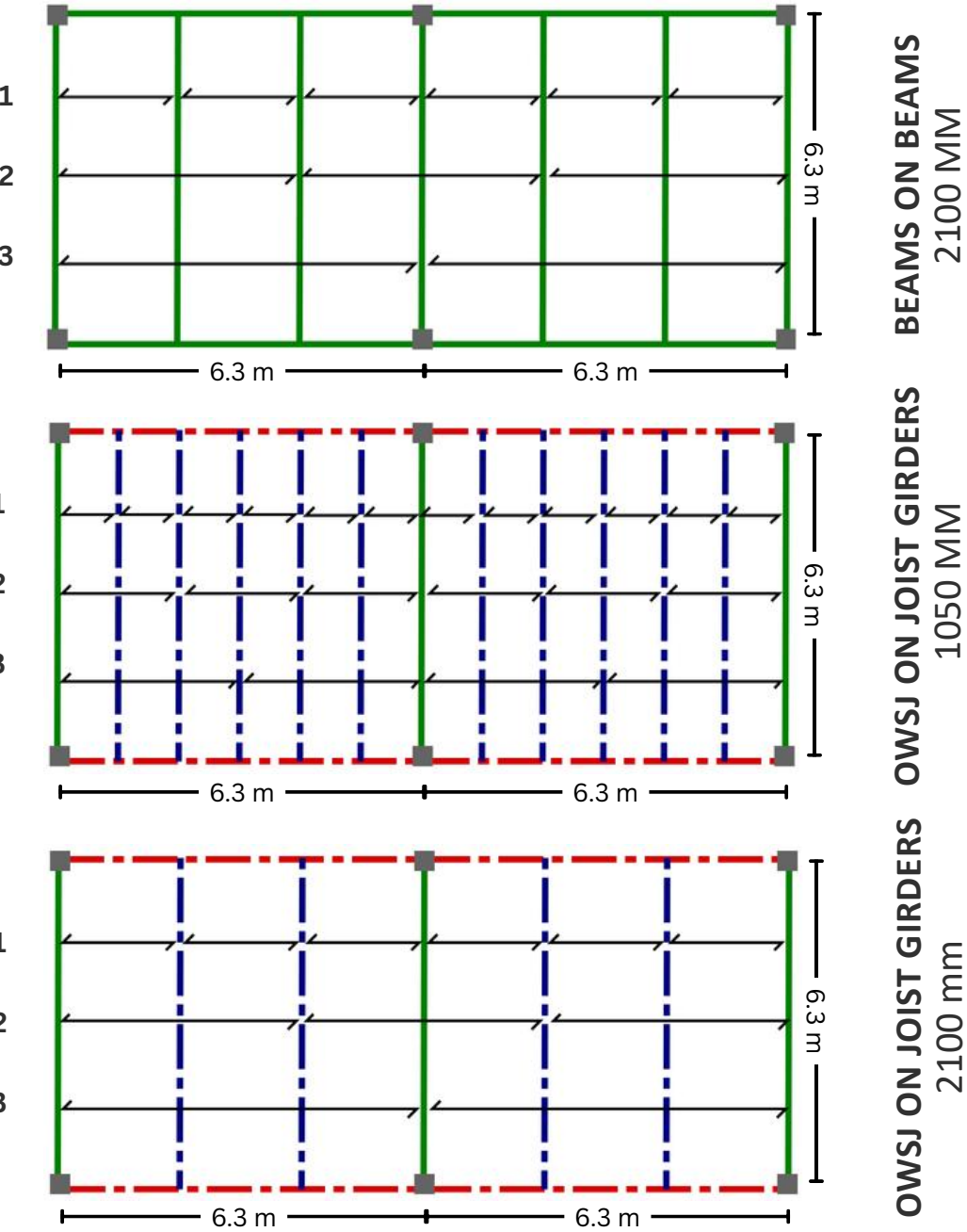
125 mm CANAM COMPOSITE DECK WITH 76 mm STEEL
w/ OWSJ on JOIST GIRDERS (TYP)



STRUCTURE

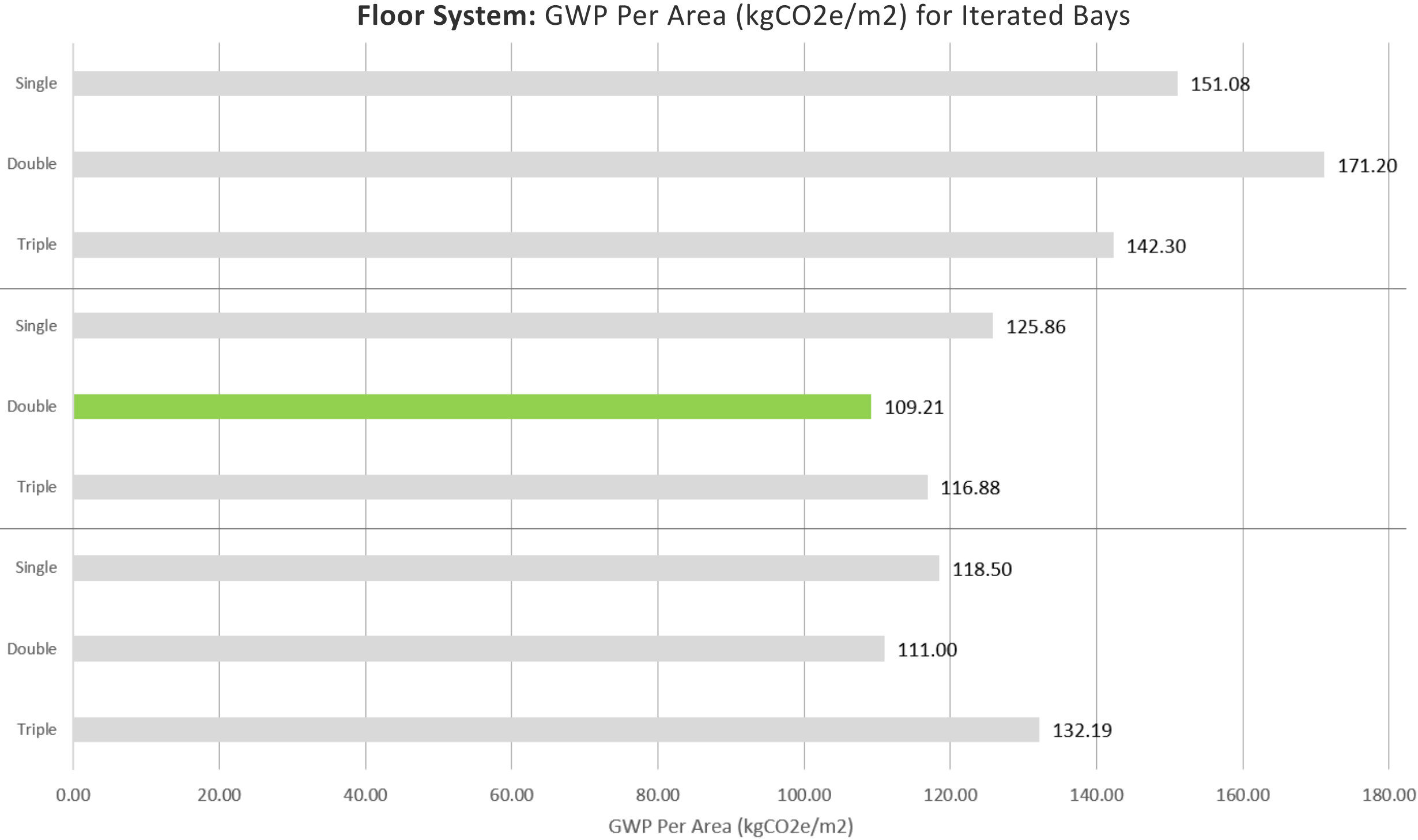
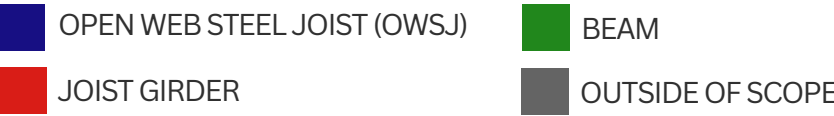
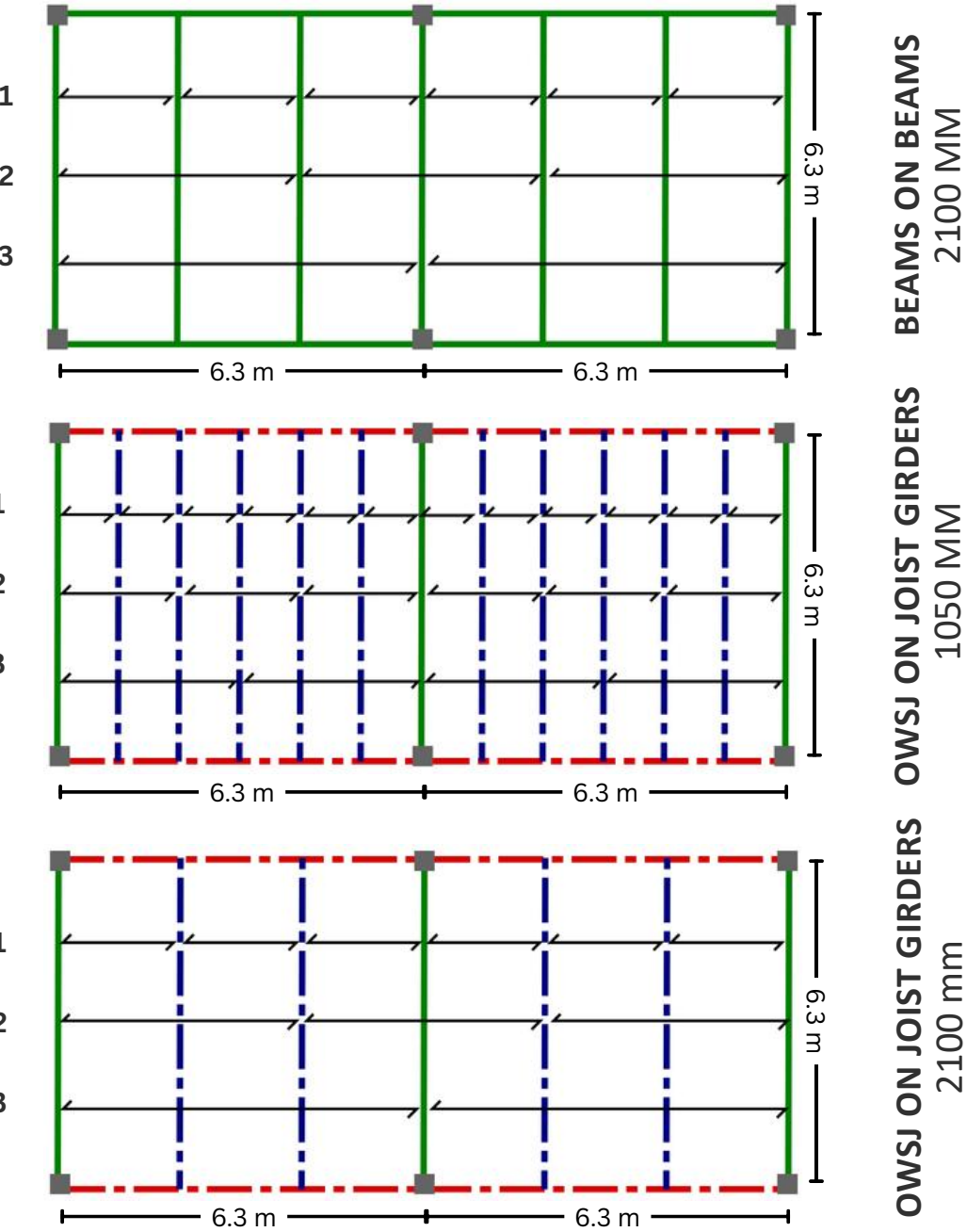
CARBON ACCOUNTING

TYPICAL FLOOR



STRUCTURE CARBON ACCOUNTING

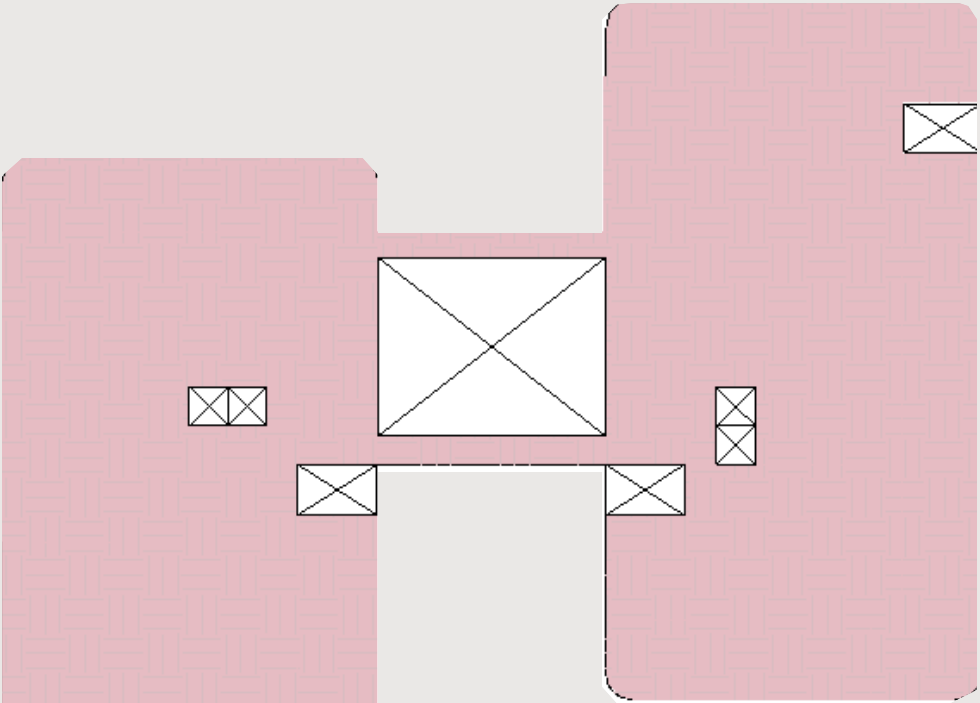
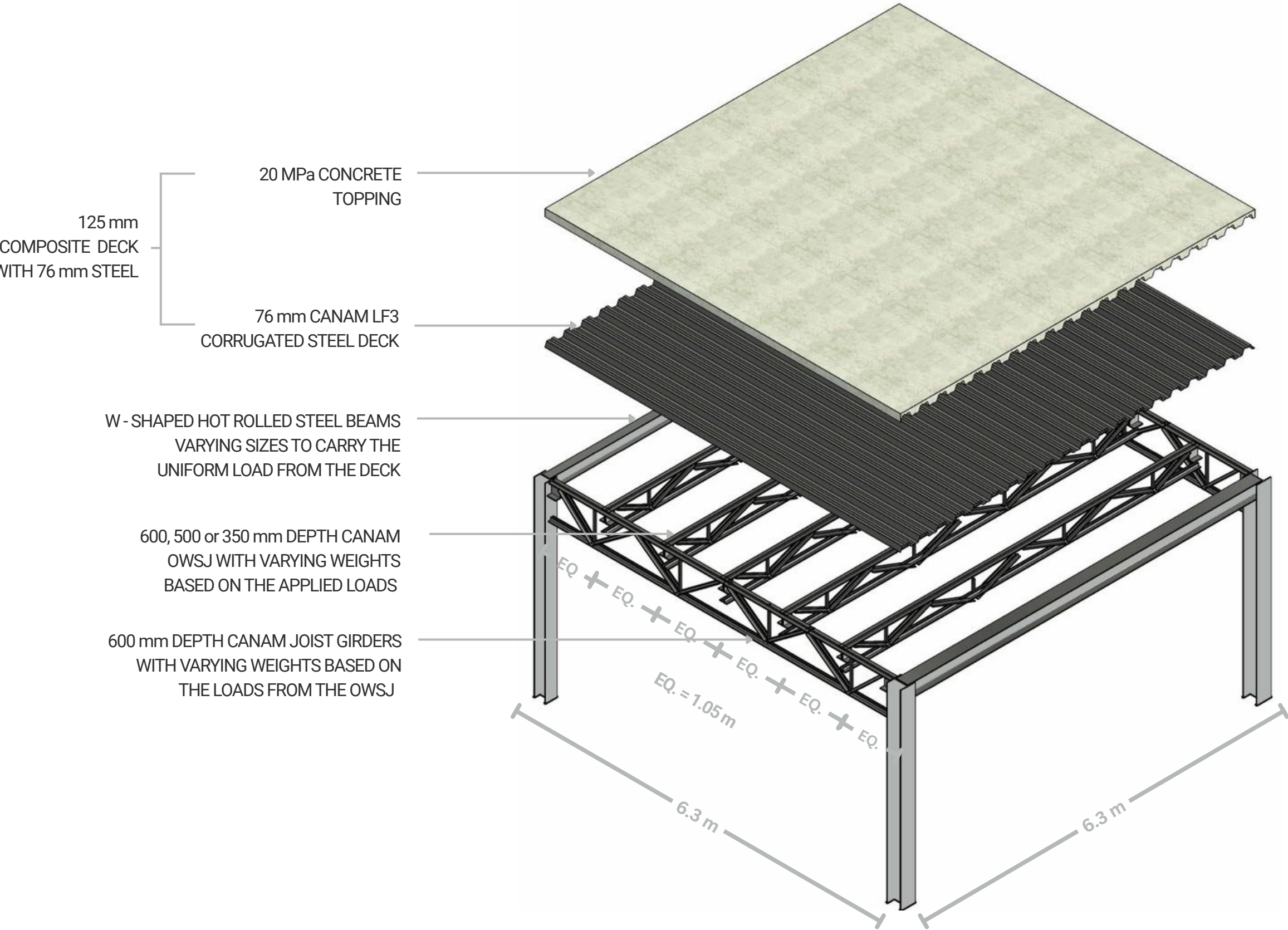
TYPICAL FLOOR



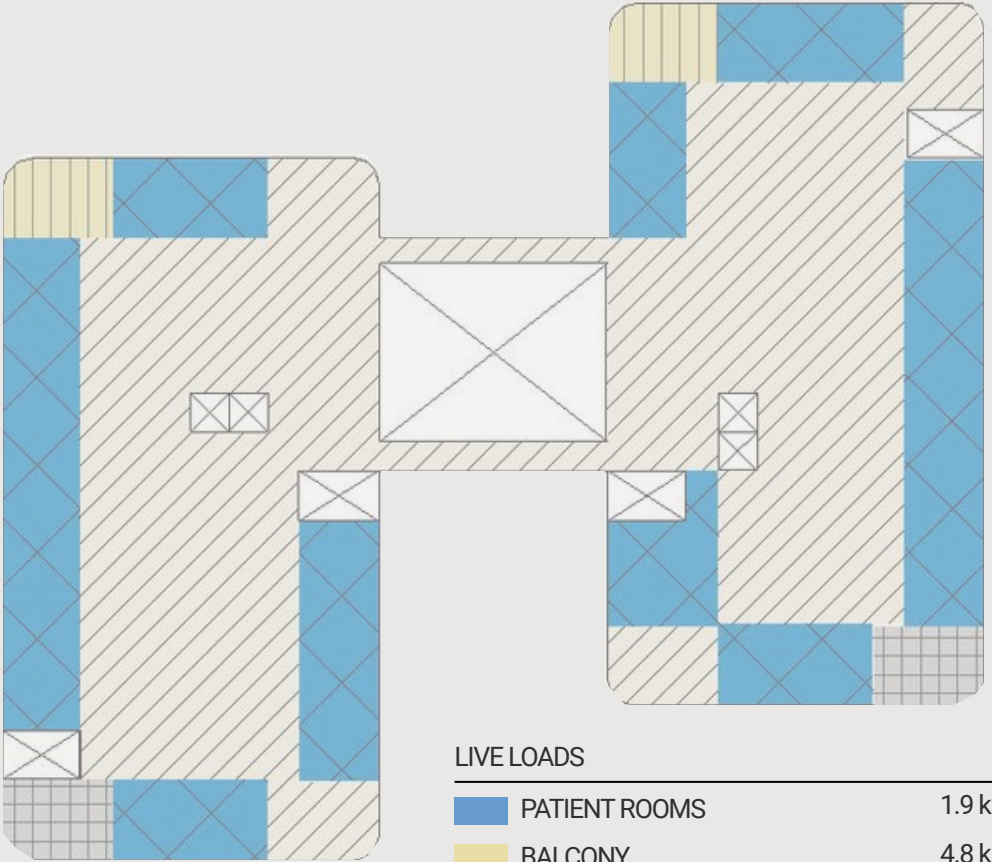
PRIMARY DC

STRUCTURE DESIGN

TYPICAL FLOOR



DEAD LOADS	
FLOOR SELF WEIGHT	2.13 kPa
SUSPENDED	0.2 kPa
FRAMING	0.25 kPa
	2.6 kPa

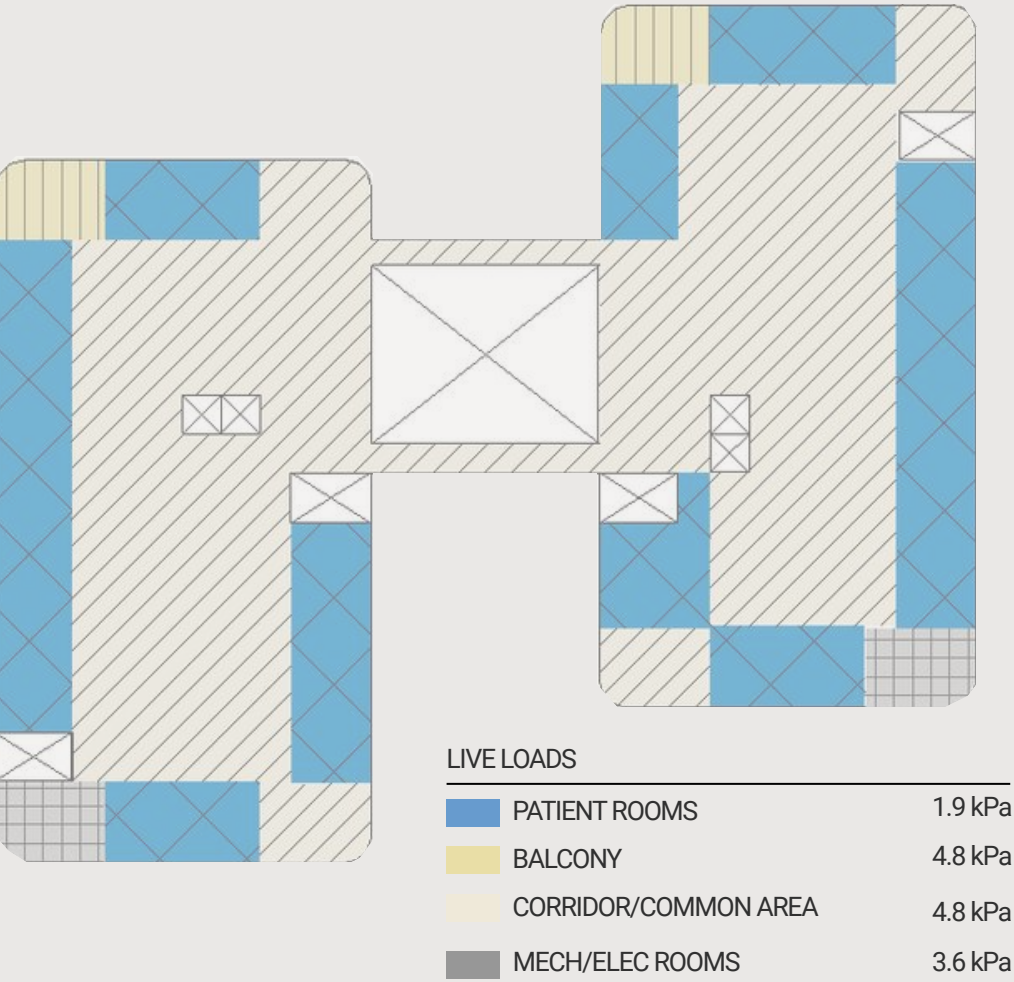
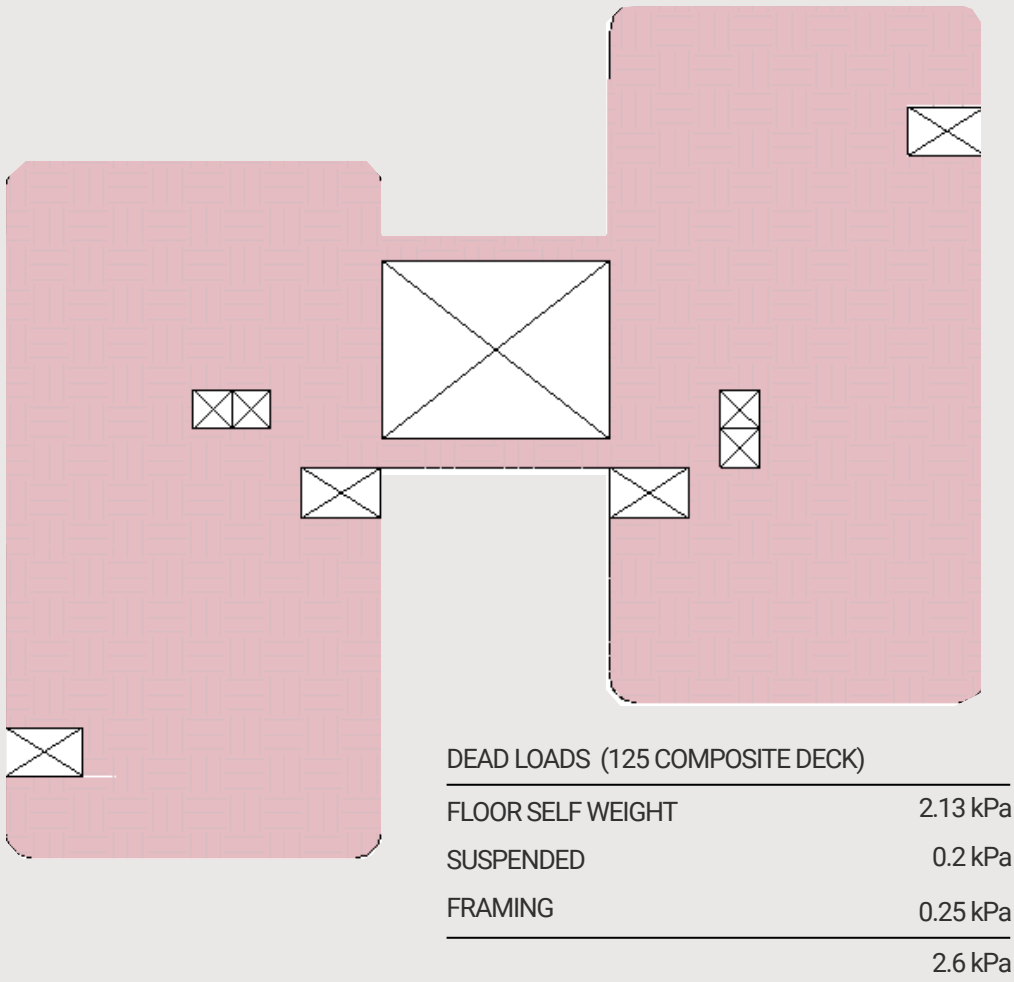
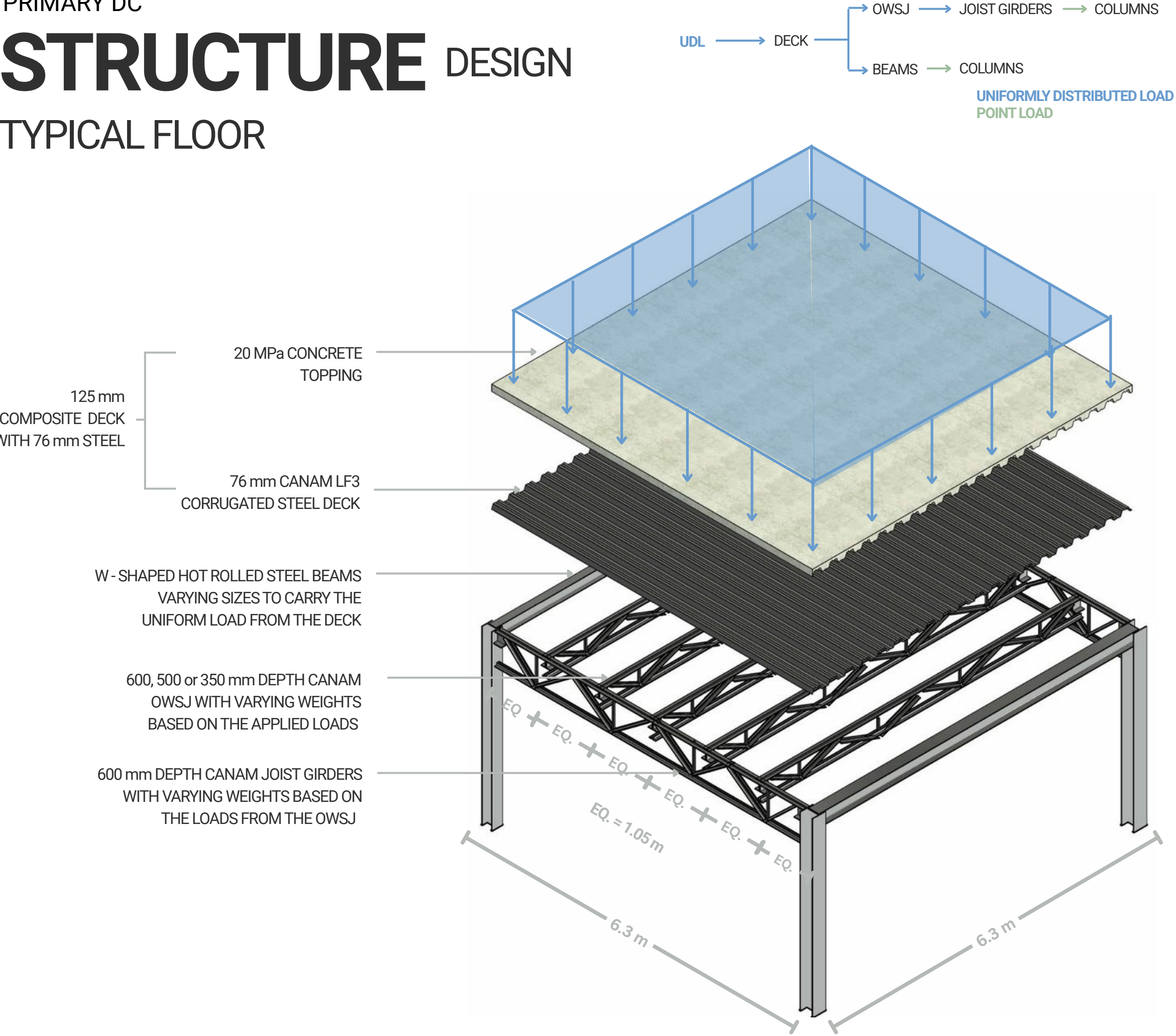


LIVE LOADS	
PATIENT ROOMS	1.9 kPa
BALCONY	4.8 kPa
CORRIDOR/COMMON AREA	4.8 kPa
MECH/ELEC ROOMS	3.6 kPa

PRIMARY DC

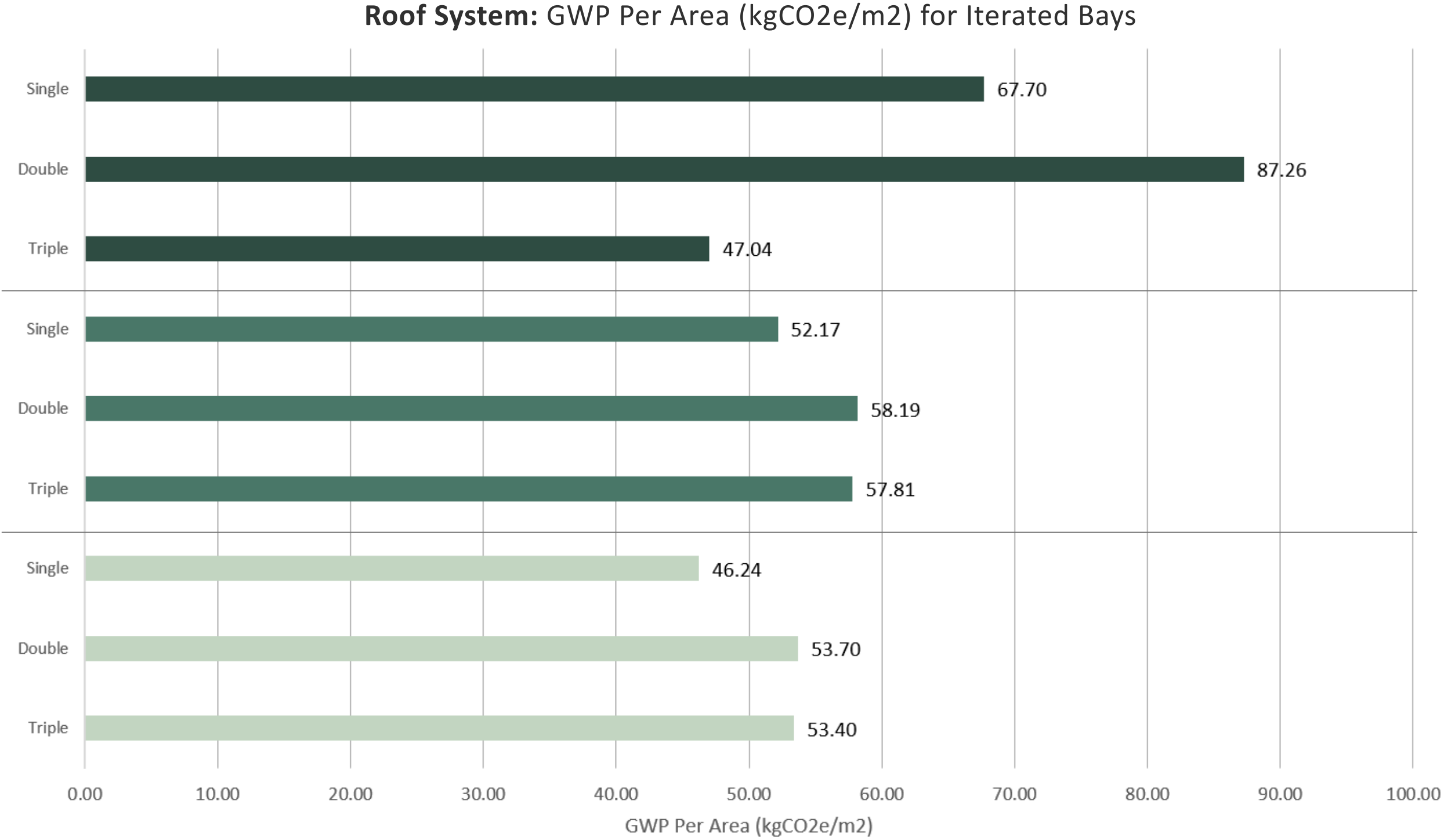
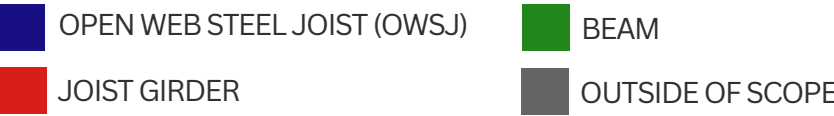
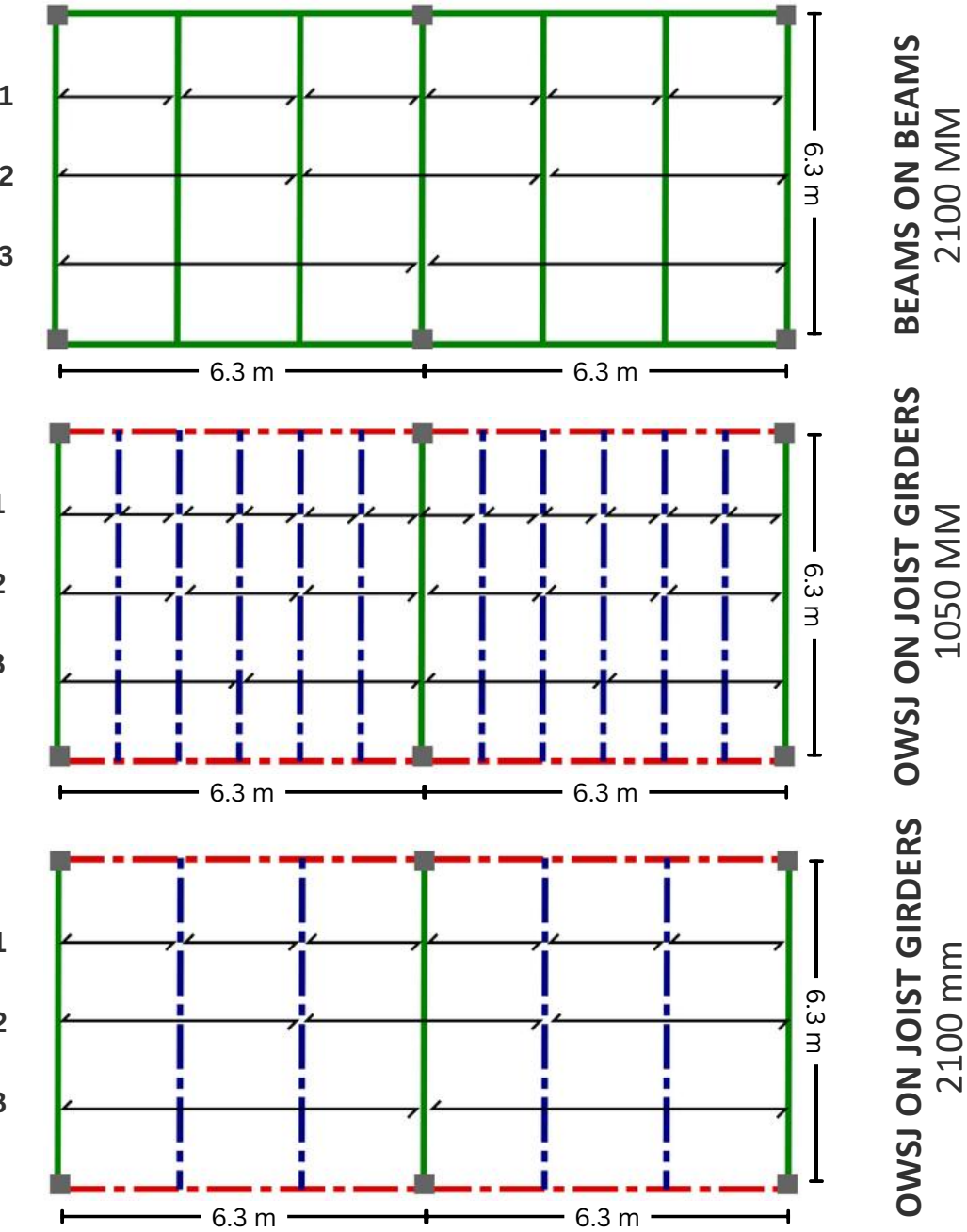
STRUCTURE DESIGN

TYPICAL FLOOR



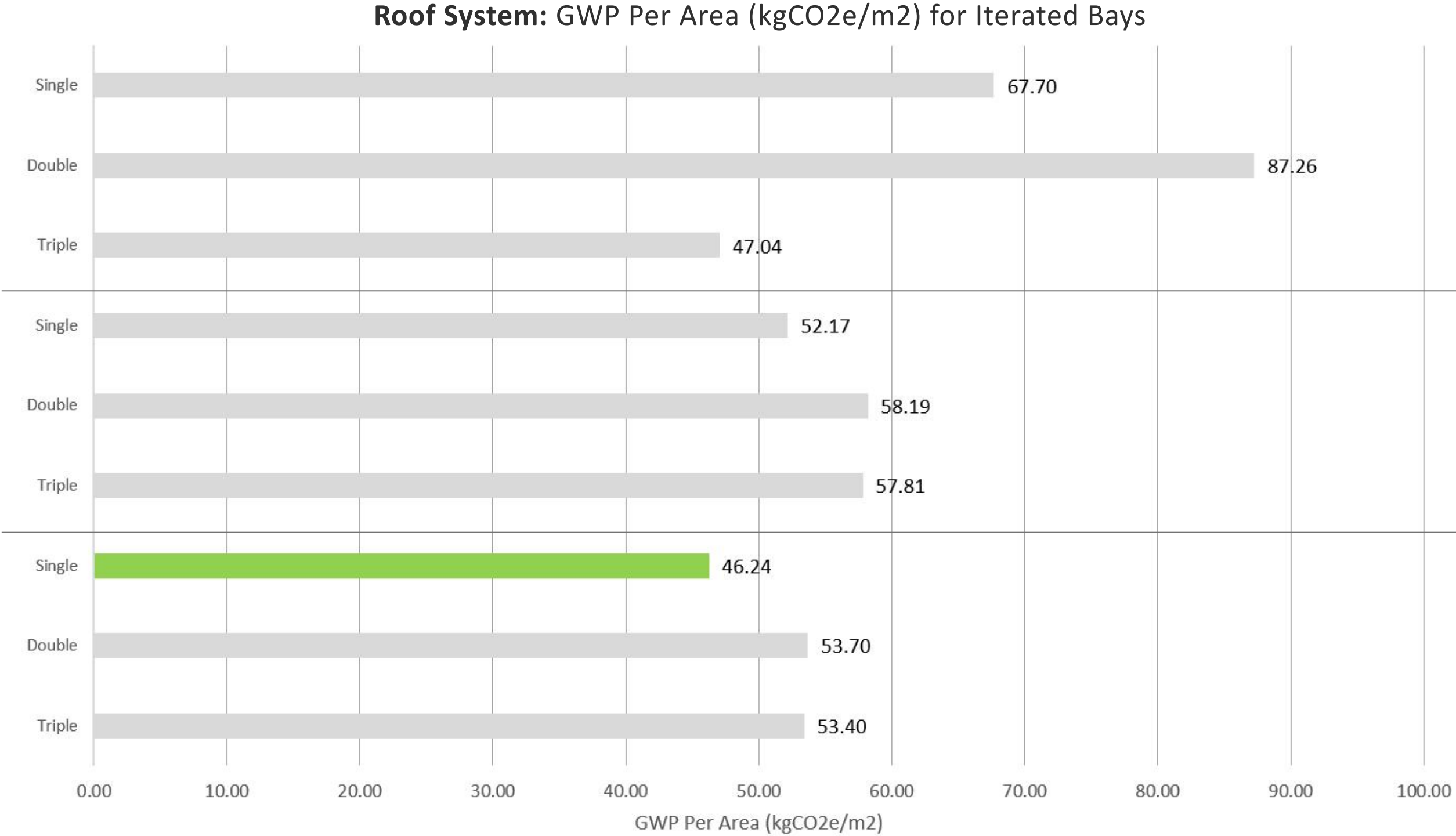
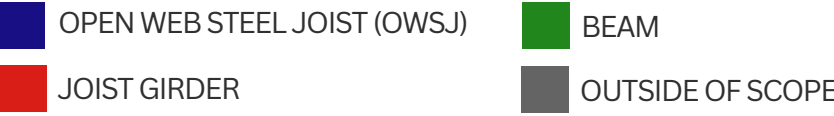
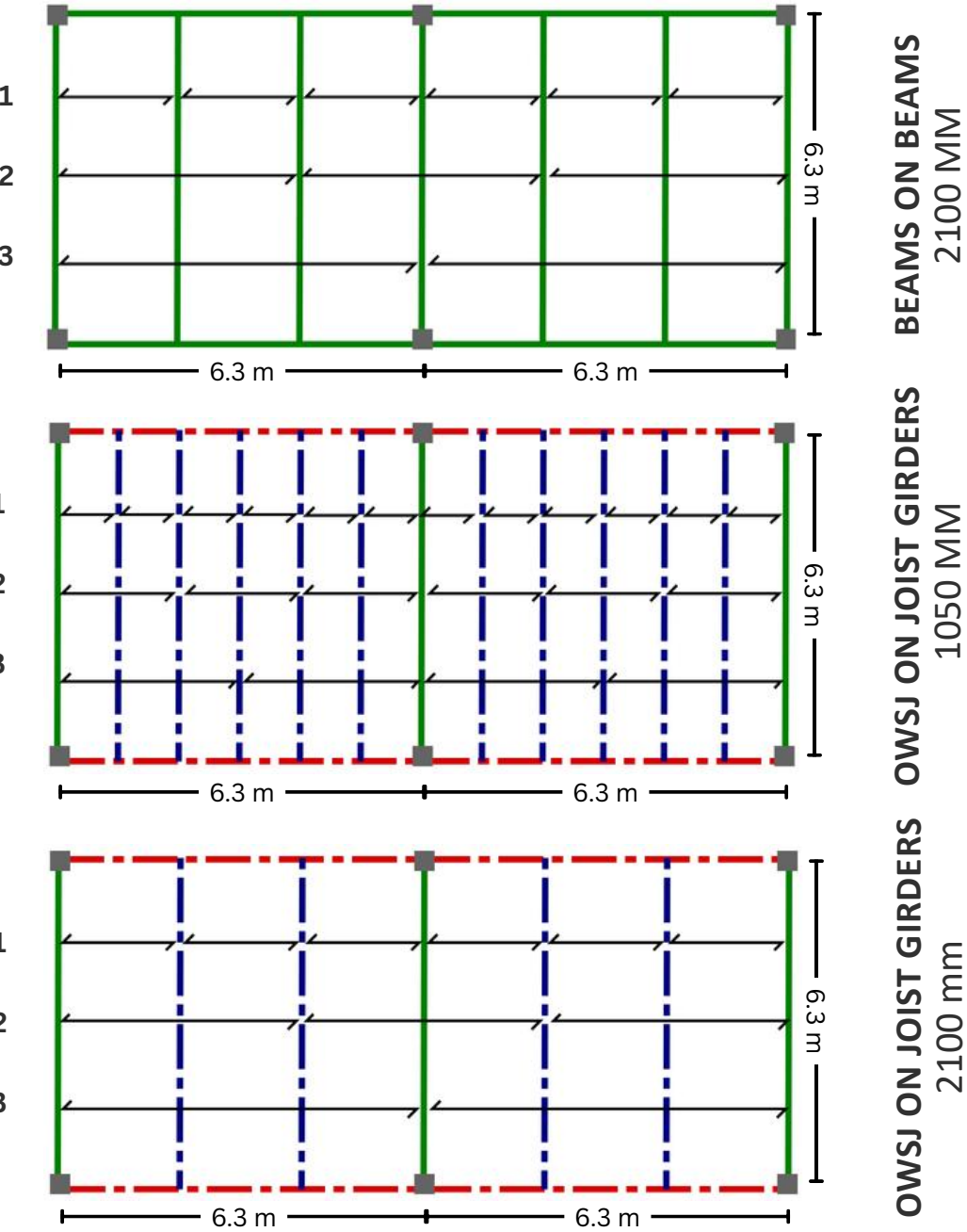
STRUCTURE CARBON ACCOUNTING

TYPICAL ROOF



STRUCTURE CARBON ACCOUNTING

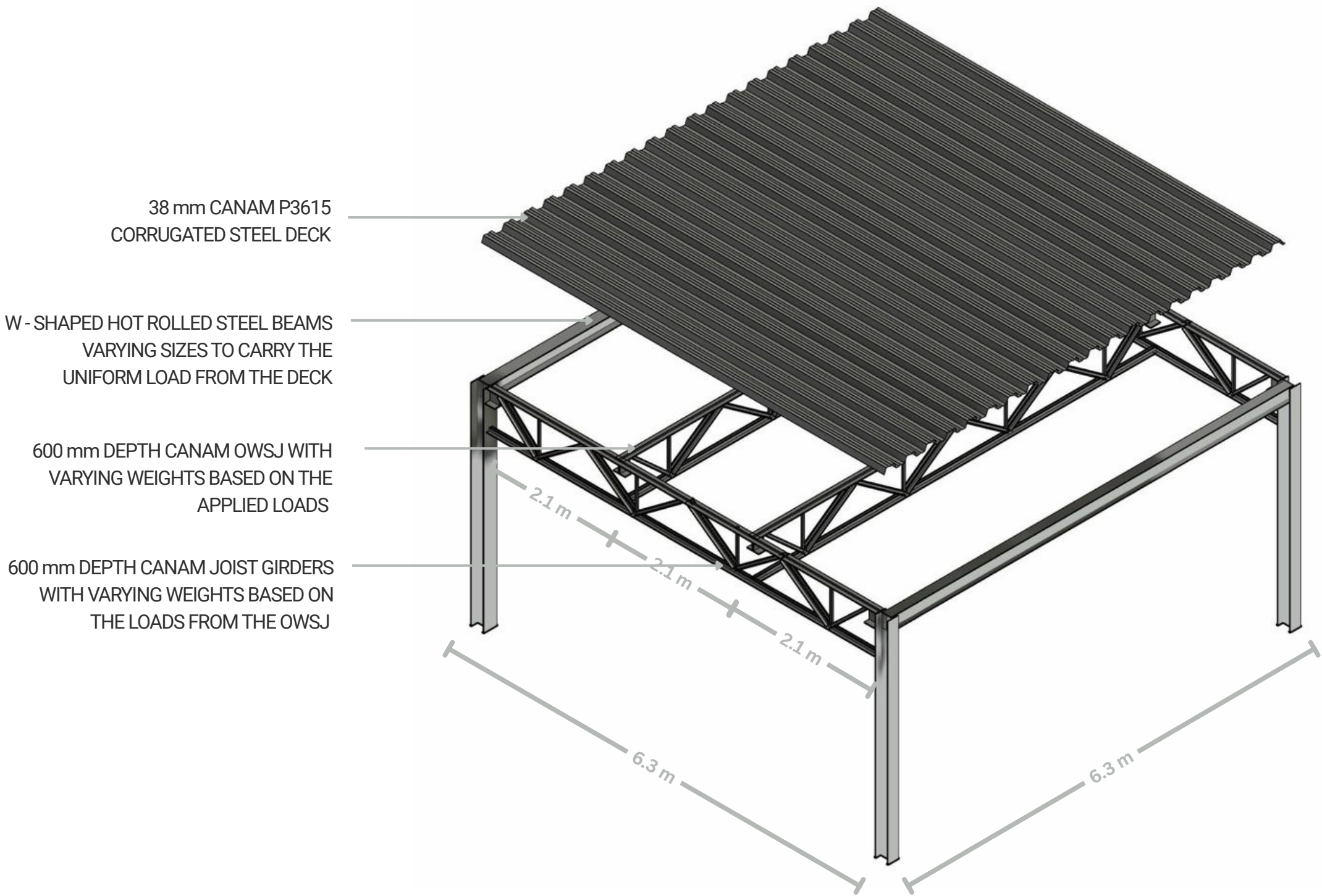
TYPICAL ROOF



PRIMARY DC

STRUCTURE DESIGN

TYPICAL ROOF



DEAD LOADS (38 METAL DECK)	
ROOF SELF WEIGHT	0.08 kPa
PV PANELS	0.35 kPa
GYPSUM BOARD	0.12 kPa
BALLAST	0.54 kPa
FRAMING ALLOWANCE	0.20 kPa
SUSPENDED	0.20 kPa
RTU ALLOWANCE	0.25 kPa
	1.6 kPa

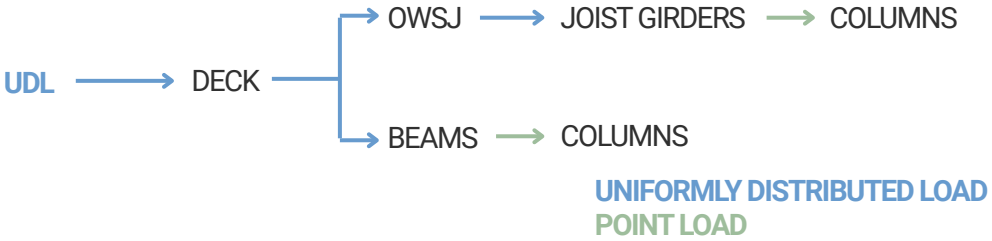
SNOW LOAD

2.0 kPa

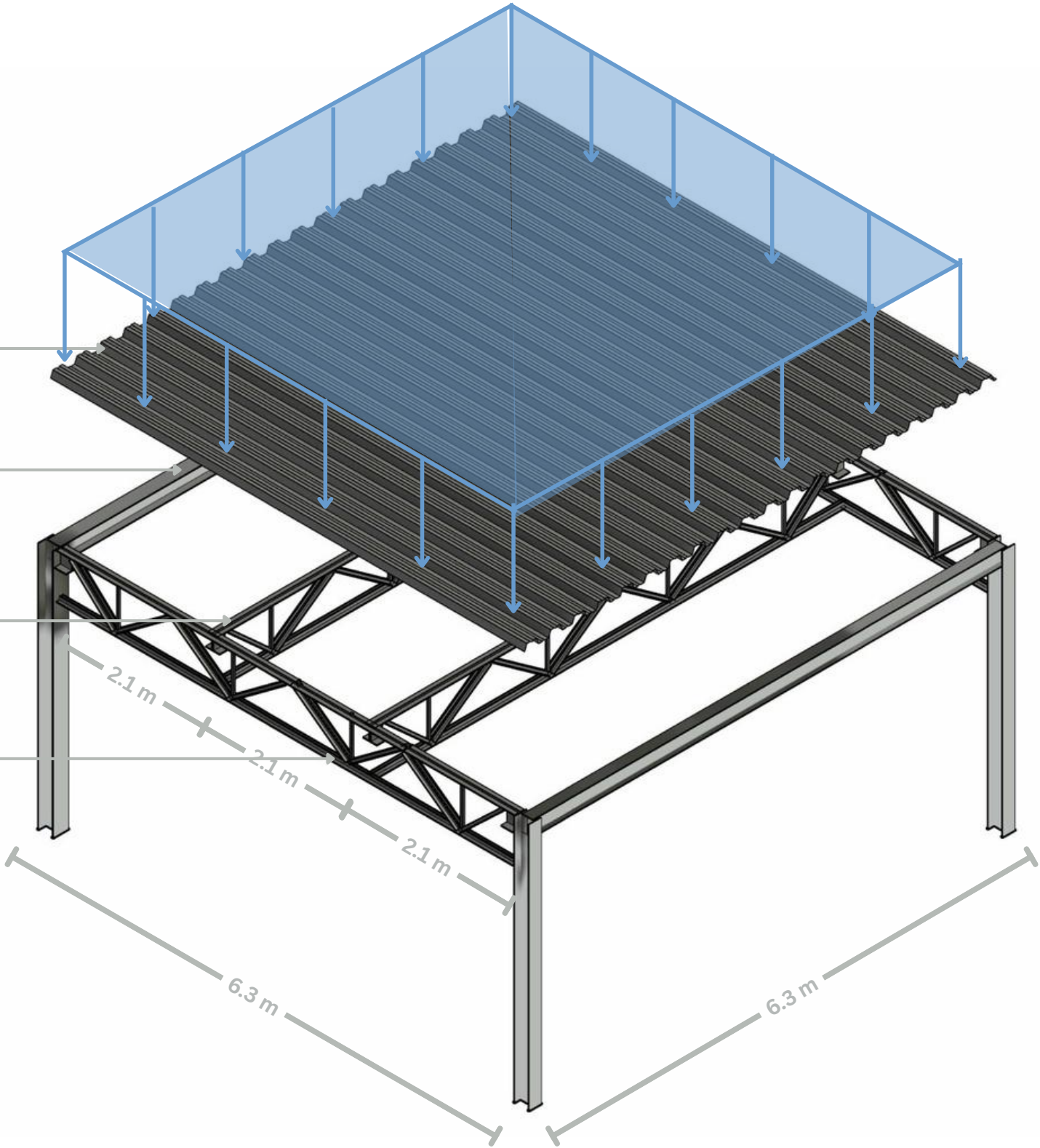
PRIMARY DC

STRUCTURE DESIGN

TYPICAL ROOF



- 38 mm CANAM P3615 CORRUGATED STEEL DECK
- W - SHAPED HOT ROLLED STEEL BEAMS VARYING SIZES TO CARRY THE UNIFORM LOAD FROM THE DECK
- 600 mm DEPTH CANAM OWSJ WITH VARYING WEIGHTS BASED ON THE APPLIED LOADS
- 600 mm DEPTH CANAM JOIST GIRDERS WITH VARYING WEIGHTS BASED ON THE LOADS FROM THE OWSJ



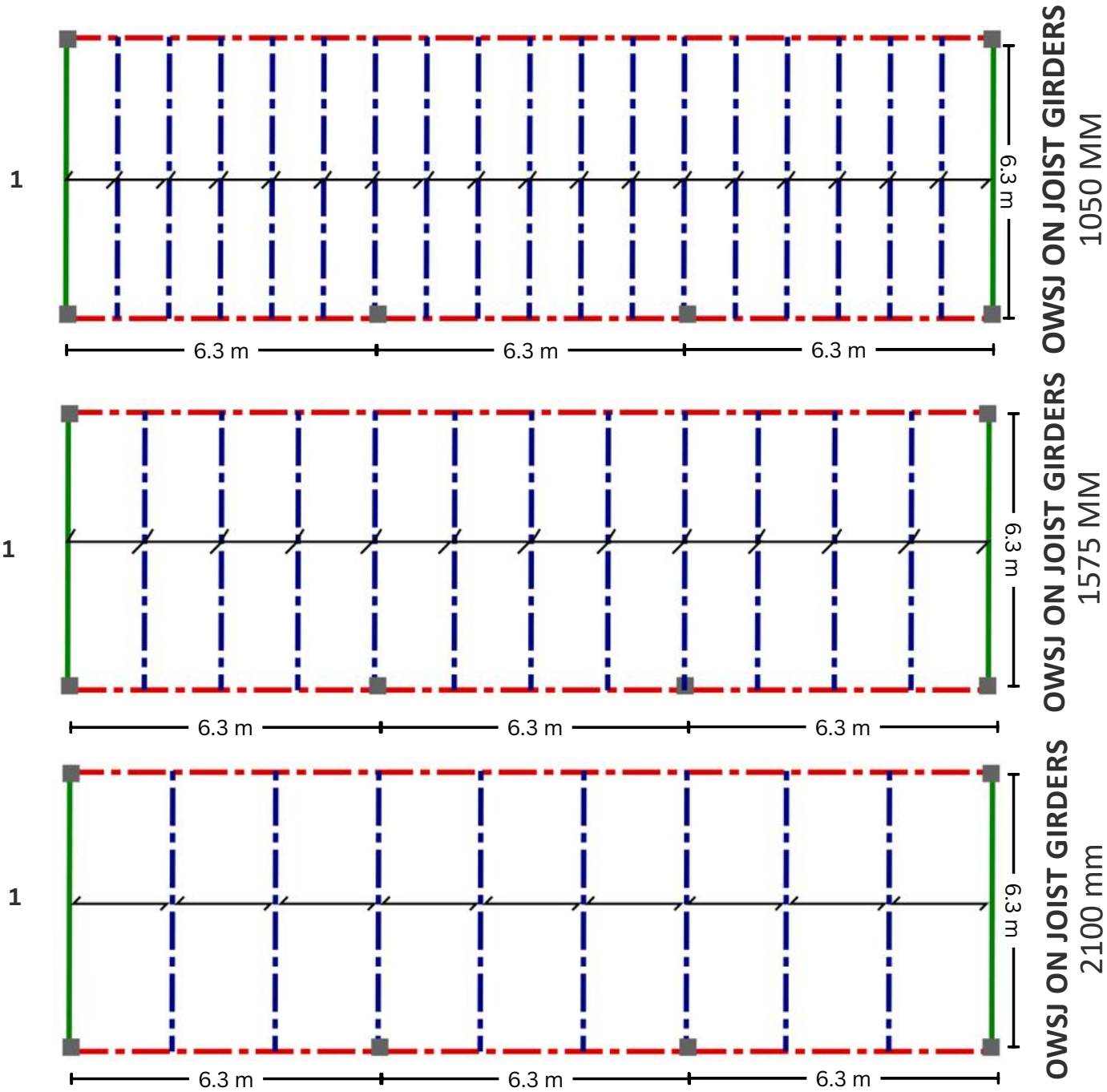
DEAD LOADS (38 METAL DECK)	
ROOF SELF WEIGHT	0.08 kPa
PV PANELS	0.35 kPa
GYPSUM BOARD	0.12 kPa
BALLAST	0.54 kPa
FRAMING ALLOWANCE	0.20 kPa
SUSPENDED	0.20 kPa
RTU ALLOWANCE	0.25 kPa
	1.6 kPa

SNOW LOAD

2.0 kPa

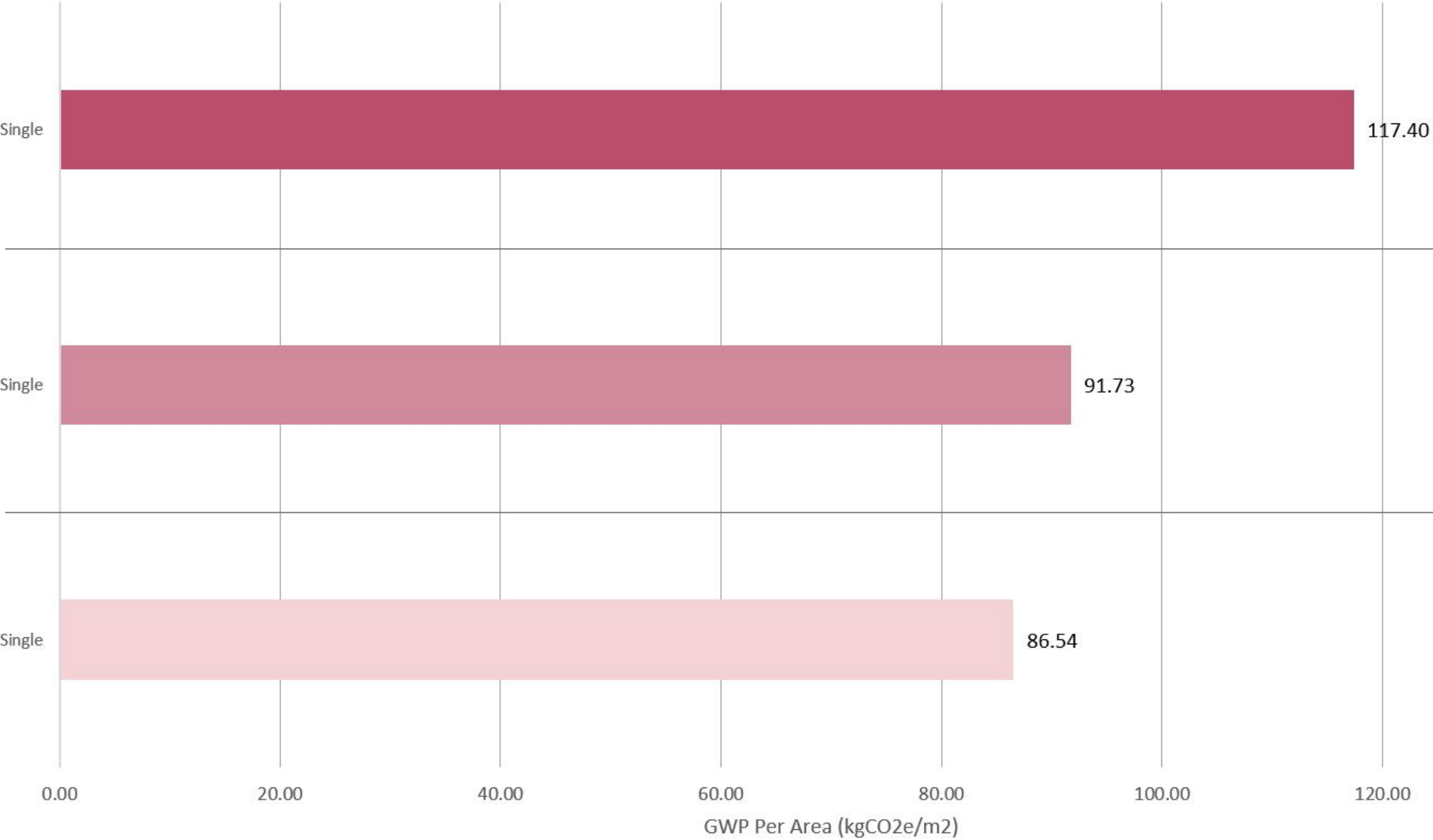
STRUCTURE CARBON ACCOUNTING

LONG-SPAN



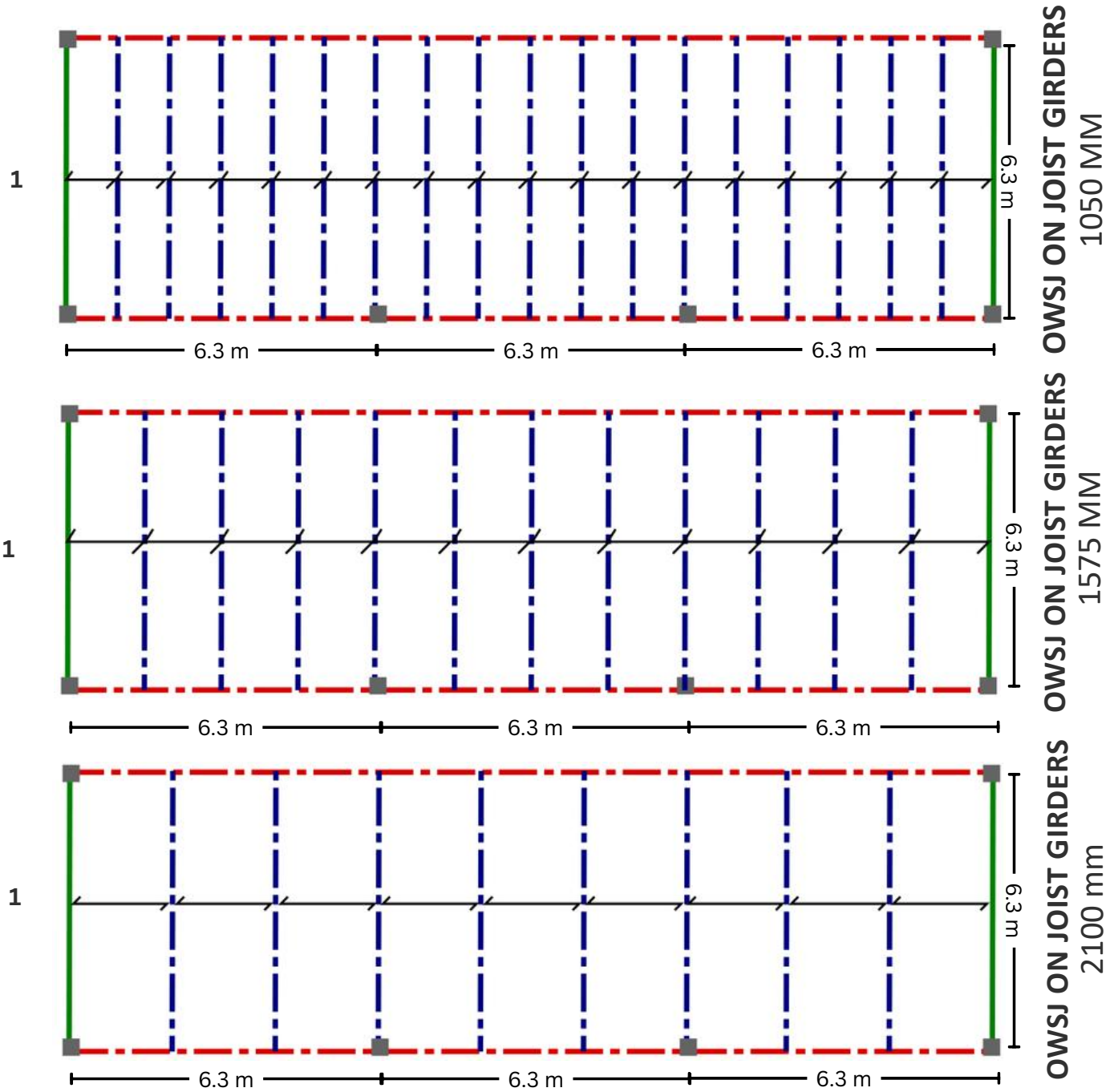
- OPEN WEB STEEL JOIST (OWSJ)
- BEAM
- JOIST GIRDER
- OUTSIDE OF SCOPE

Long Span: GWP Per Area (kgcO2e/m2) for Iterated Bays



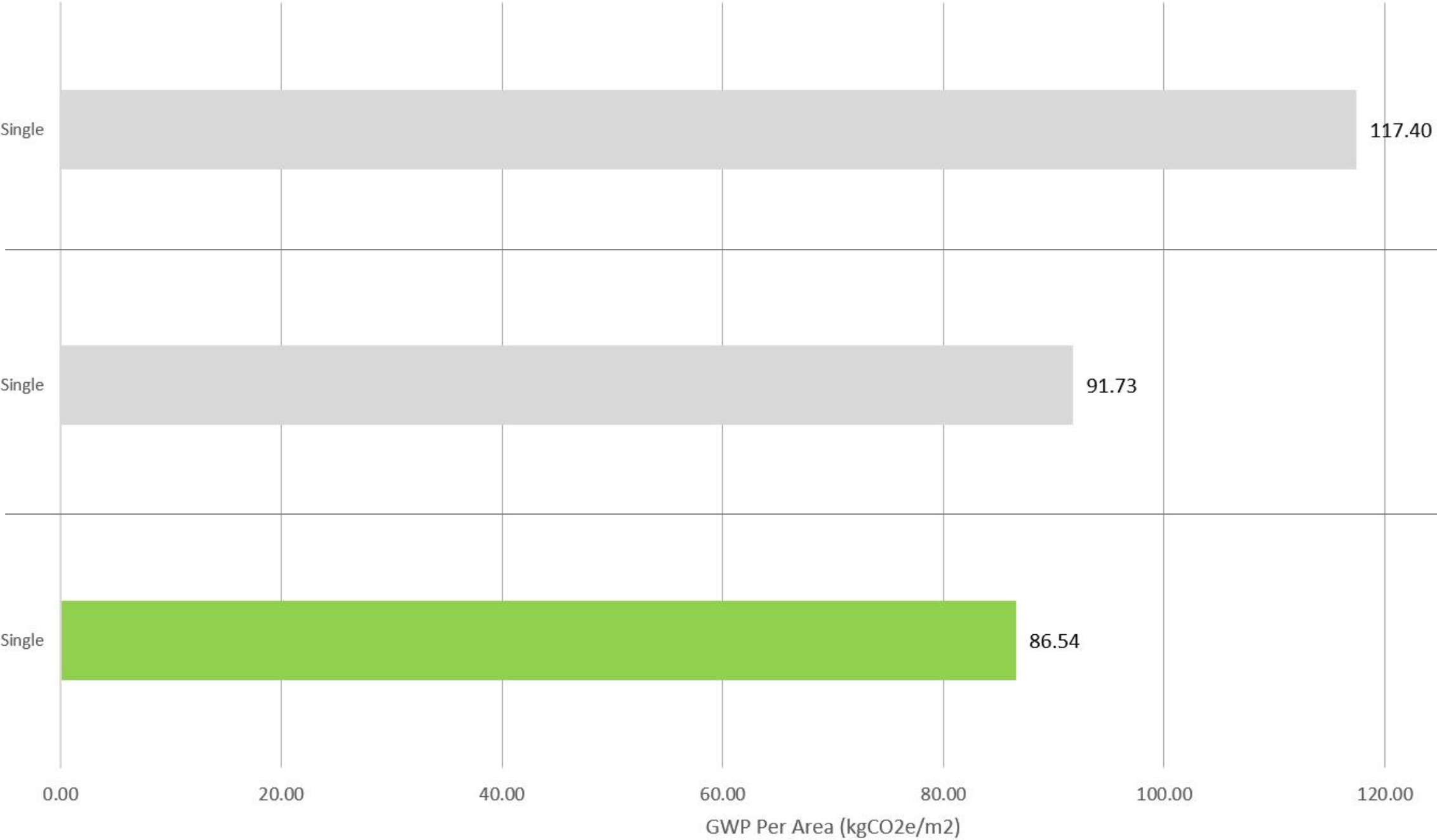
STRUCTURE CARBON ACCOUNTING

LONG-SPAN



- OPEN WEB STEEL JOIST (OWSJ)
- BEAM
- JOIST GIRDER
- OUTSIDE OF SCOPE

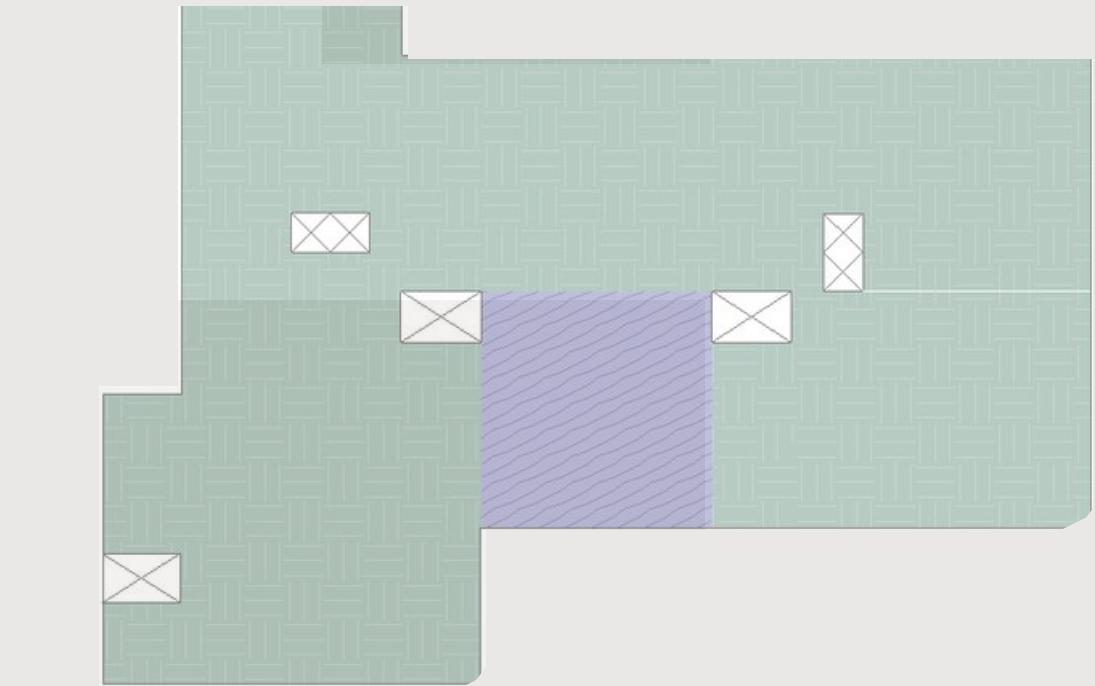
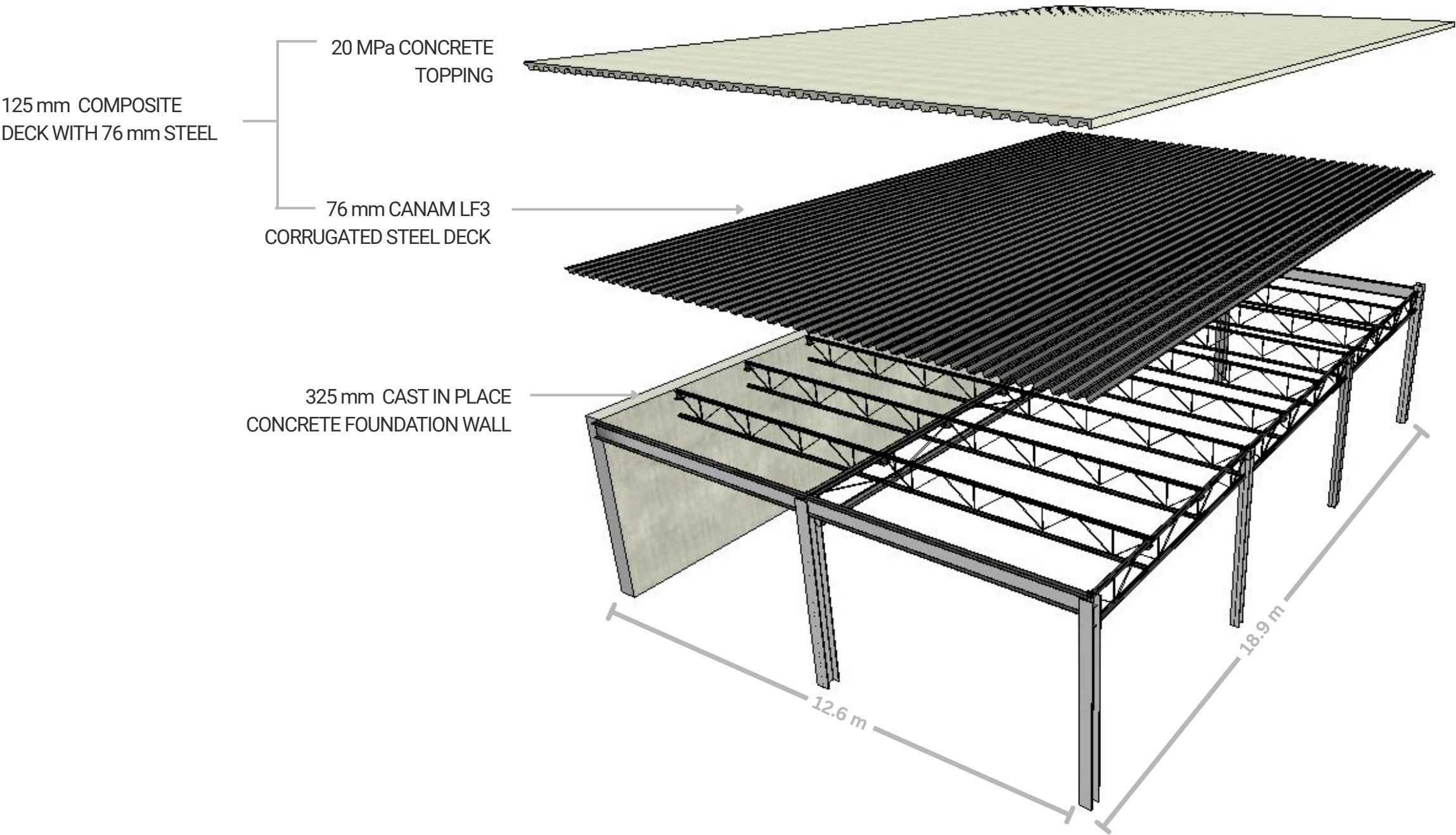
Long Span: GWP Per Area (kgCO2e/m2) for Iterated Bays



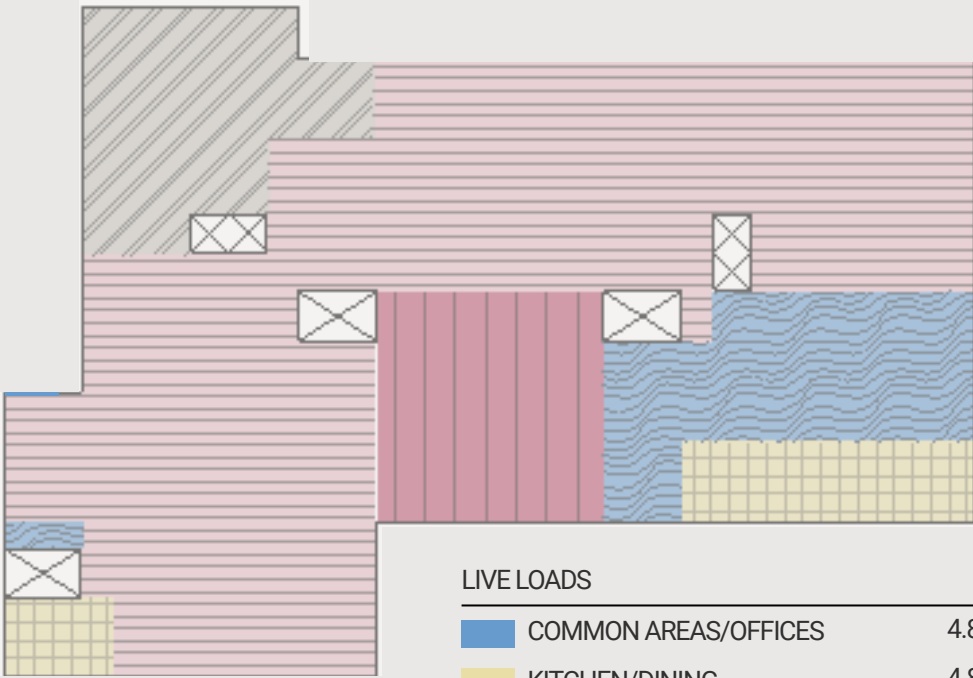
PRIMARY DC

STRUCTURE

LONG-SPAN



DEAD LOAD (PAVERS)		DEAD LOAD (BALLAST)	
ROOF SELF WEIGHT	0.13 kPa	FLOOR SELF WEIGHT	2.13 kPa
PV PANELS	0.35 kPa	CEILING	0.2 kPa
GYPSUM BOARD	0.12 kPa	SUSPENDED	0.25 kPa
CONCRETE PAVERS	1.6 kPa		2.6 kPa
	2.2 kPa		

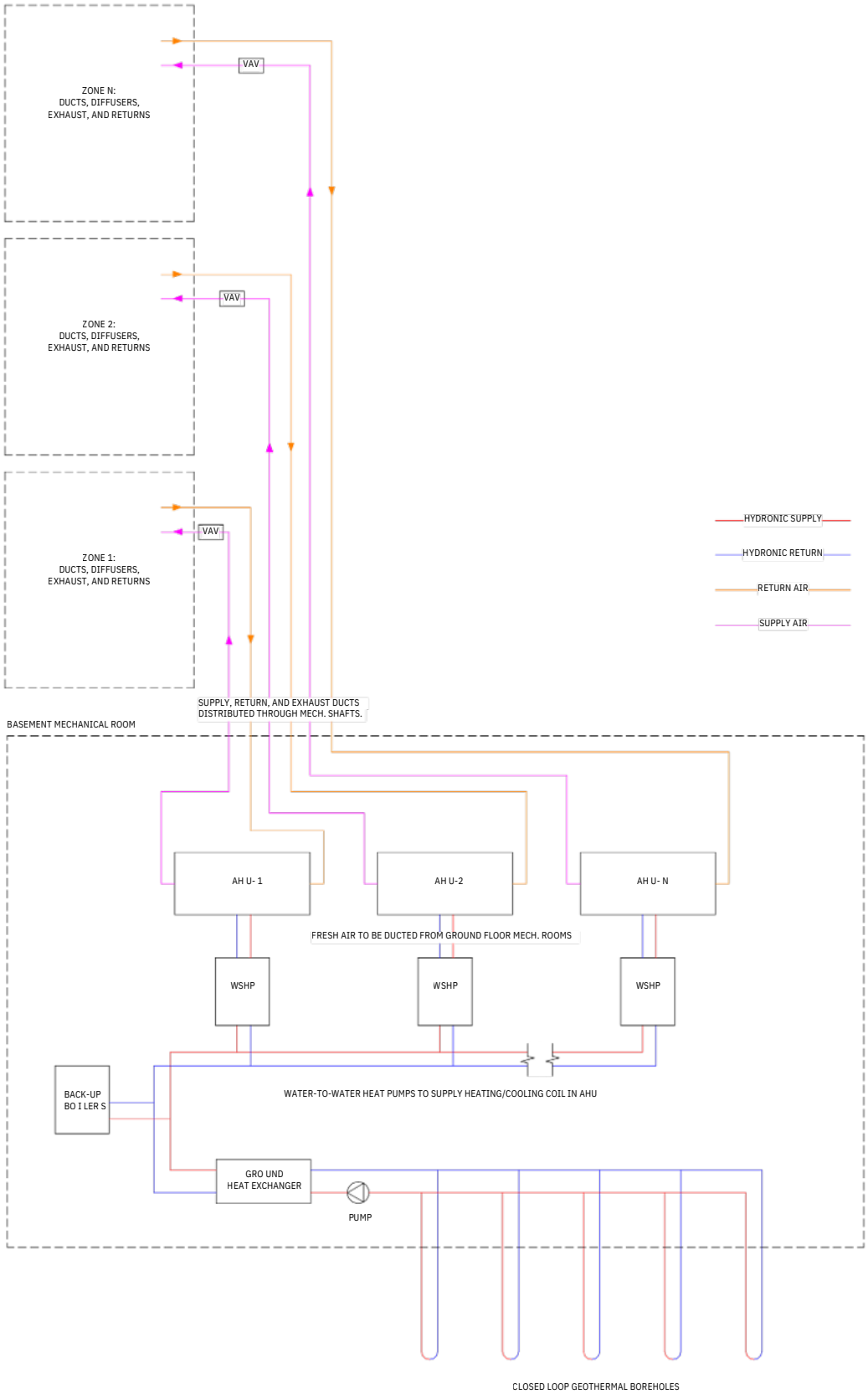
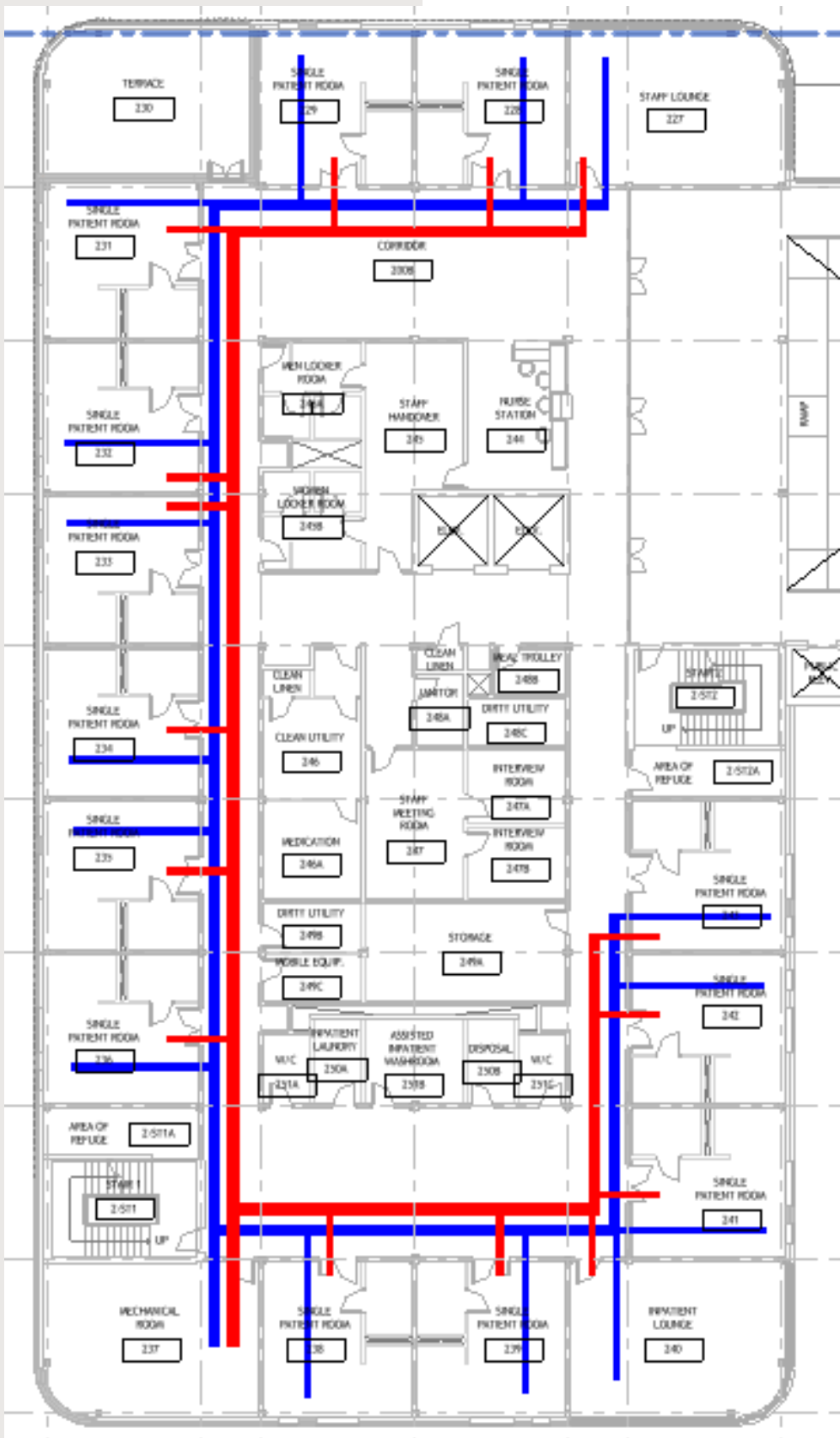


LIVE LOADS		
COMMON AREAS/OFFICES	4.8 kPa	
KITCHEN/DINING	4.8 kPa	
LANDSCAPING	4.8 kPa	
MECH/ELEC ROOM	3.6 kPa	

MECHANICAL

LEVEL 2 - LEVEL 6

- GEOTHERMAL BOREHOLES
- BACK-UP BOILER
- ZONE-SPECIFIC ACH
- DUCTS RUN THROUGH OWSJ
- DISTRIBUTED FROM HALLWAYS



PHASE 2 CONSIDERATIONS

STRUCTURAL PRIMARY DC LATERAL SYSTEM

Shear walls assumed to support loads. Detailed calculations to be completed in Phase 2.

RAMP DESIGN

Tension rods assumed to support loads. Detailed calculations to be completed in Phase 2.

FOUNDATION DESIGN

Foundations assumed to support loads based on preliminary calculation: $T(\text{in}) = \text{Height}(\text{ft}) - 2$
Detailed calculations to be completed in Phase 2.

CONNECTIONS

Detailed connection drawings to be completed in Phase 2 with refinement of framing elements.



MECHANICAL SECONDARY DC

EQUIPMENT SELECTION

Mechanical equipment selection to be completed in Phase 2.

PLAN DRAWINGS

Plan drawings depicting ducting system location, diffuser/grille placement, and location of risers to be completed in Phase 2.

ISOMETRICS

Mechanical & plumbing isometric for typical inpatient room to be completed in Phase 2.

ENCLOSURE PRIMARY DC

CONNECTIONS

Detailed connection drawings to be completed in Phase 2.

HYGROTHERMAL ANALYSIS

Detailed analysis to be completed in Phase 2 with refinement of assemblies

PERFORMANCE ANALYSIS

Representative performance analyses to be completed in Phase 2



ACKNOWLEDGEMENTS



**CAMERON
SETH**

Professional Squash Player
PhD Student



**DR. FRANCE
NOEL DE TILLY**

Sports Medicine Practitioner (MD)
Chief Medical Officer at Skate Canada



**DAVID
MATHER**

Associate Professor
Mechanical Engineering



**ANDREA
ATKINS**

Associate Professor
Structural Engineering & Accessibility



**CORY
ZURELL**

Associate Professor
Structural Engineering



**COSTA
KAPSIS**

Assistant Professor
Building Engineering



**SHIYU
WEI**

Assistant Professor
Architecture & Code



**ASHLEY
JURASCHKA**

Teaching Assistant



**MAPENDO
NGILINGA DE
CARVALHO**

Teaching Assistant



**GUEST
CRITIQUERS**

THANK YOU! we hope you have a sunny day ☀️



REFERENCES

<https://climatestudiodocs.com/docs/daylightLEEDOpt1.html>

<https://www.arup.com/globalassets/downloads/insights/net-zero-carbon-healthcare.pdf>

<https://www.canam.com/en/engineering-tools/>

[https://www.ctvnews.ca/kitchener/article/only-one-bed-available-at-grand-river-hospital-amid-unprecedented-level-of-](https://www.ctvnews.ca/kitchener/article/only-one-bed-available-at-grand-river-hospital-amid-unprecedented-level-of-pressure/)

<https://www.waterlooodc.ca/blog/waterloo-fastest-growing-community-canada-2024> <https://news.ontario.ca/en/release/1002079/ontario-building-a-stronger-more-resilient-health-care-system-in-waterloo-region> <https://www.cbc.ca/news/canada/canada-hospitals-wait-times-9.7123684>

<https://pmc.ncbi.nlm.nih.gov/articles/PMC3999549/> <https://frameweb.com/article/biophilic-design-paves-way-for-human-centric-care-at-this-dutch-hospital>

<https://www.archdaily.com/783542/the-christ-hospital-joint-and-spine-center-som> <https://www.archdaily.com/994120/main-building-radboudumc-egm-architects> <https://www.lamilux.com/hub/health-and-daylight/healing-healthcare-architecture-in-hospitals.html>

<https://www.swecogroup.com/portfolio/architecture/university-hospital-bonn/> <https://www.bg-kliniken.de/unfallkrankenhaus-berlin/besucher/>

<https://www.archdaily.com/1025439/tampere-psychiatric-clinic-cf-moller> <https://www.archdaily.com/933182/the-financial-park-helen-and-hard-architects-plus-saaha> <https://www.archdaily.com/971040/architecture-project-for-the-34th-bienal-de-arte-de-sao-paulo-andrade-morettin-arquitetos-associados>

<https://www.archdaily.com/170369/garden-5-tool-destefano-partners> [https://letsmakecozy.com/35-modern-house-exterior-ideas/?](https://letsmakecozy.com/35-modern-house-exterior-ideas/?utm_source=Pinterest&utm_medium=organic)

[utm_source=Pinterest&utm_medium=organic https://cadmapper.com/](https://cadmapper.com/)

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_pharmacy_unit

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_outpatients_unit

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_main_entrance_unit

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_rehabilitation_allied_health

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_admissions_unit-discharge

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_administration

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_engineering-maintenance_unit

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_catering_unit

https://www.healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG_part_b_ipu_rehabilitation_unit

<https://alumicor.com/products/curtainwall/thermawall-tw2200/>

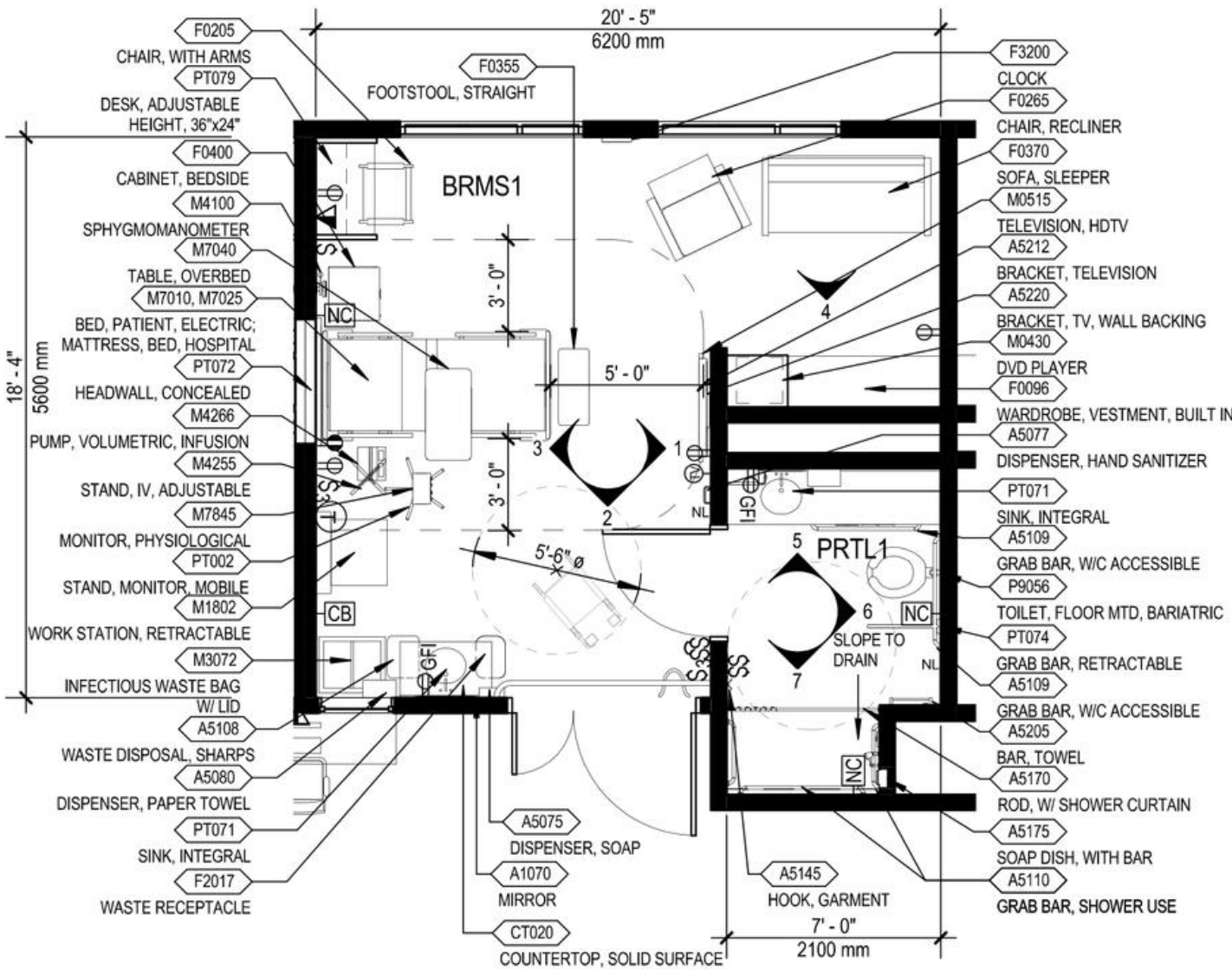
APPENDIX A1
ARCHITECTURE
PRECEDENTS

EXTERIOR/INTERIOR

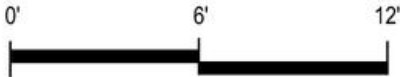


TYP INPATIENT ROOM

Bedroom, Patient (BRMS1); Toilet/Shower, Patient (PRTL1) –
Option 2



SCALE: 3/16" = 1'-0"

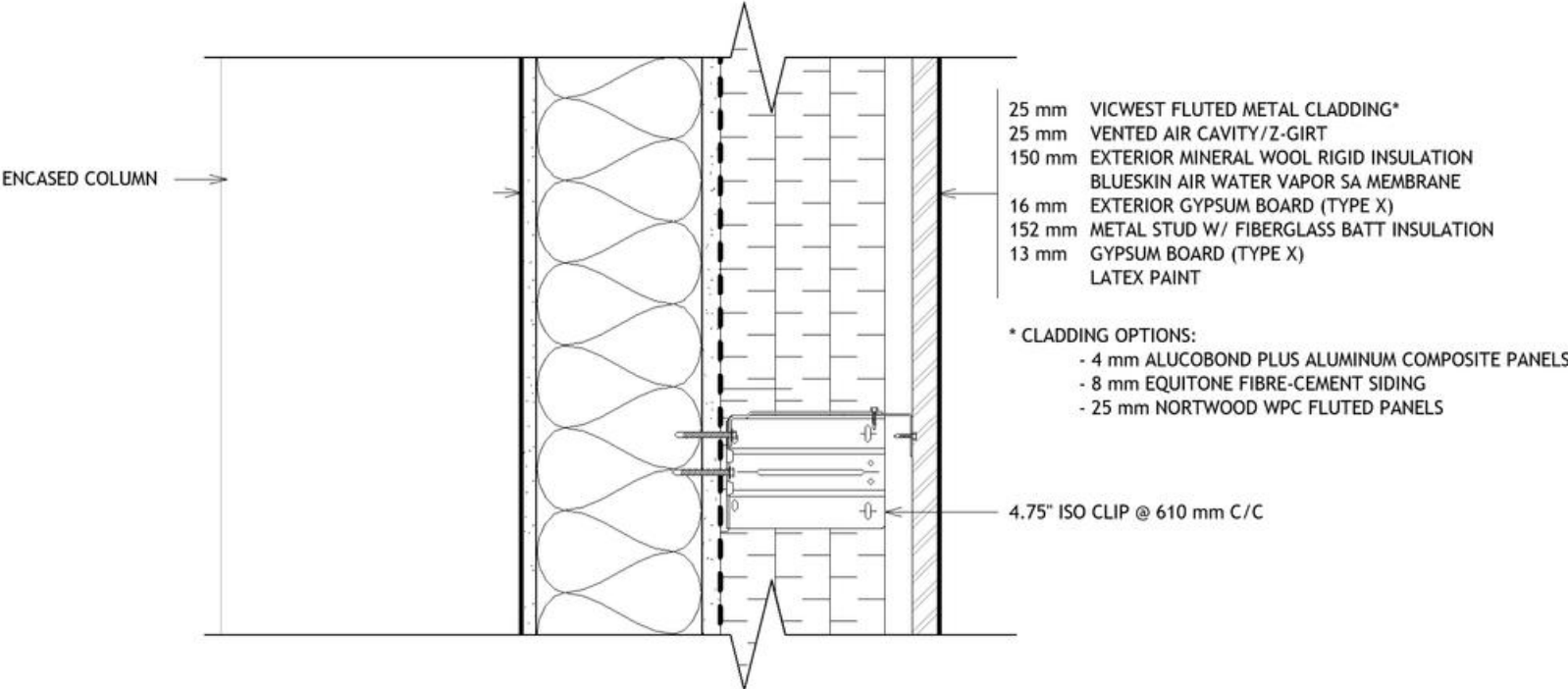


Polytrauma Rehabilitation Center • Inpatient Unit
Floor/Equipment Plan (300 NSF/27.9 NSM; 75 NSF/7.0 NSM)

NOTE: Guide plates are graphical representations of selected room types, illustrating the integration of space, components, systems, and equipment. They provide typical configurations and general technical guidance, and are not intended to be project specific. Specific infrastructure design requirements are contained in VA Design Manuals and Space Planning Criteria located in the VA Technical Information Library.

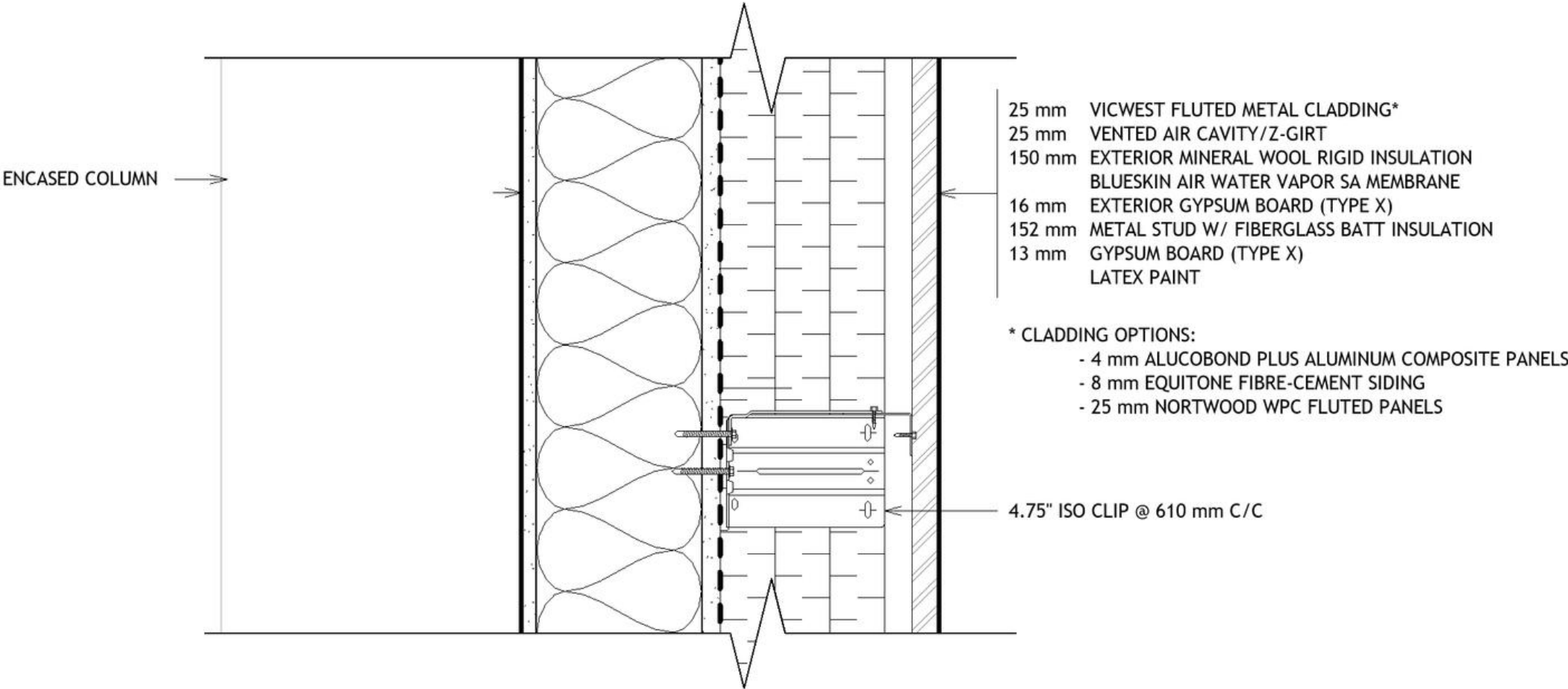
APPENDIX B1
ENCLOSURE
DRAWINGS

WALL SANDWICH



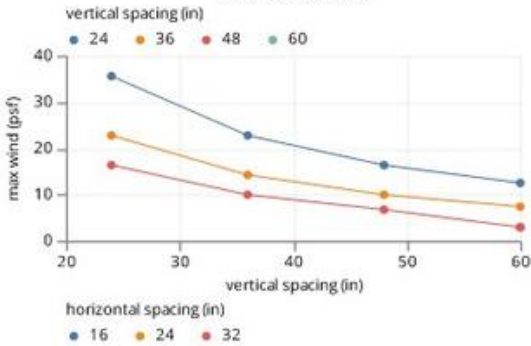
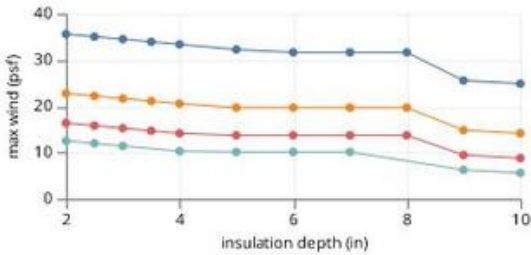
Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.12	0.68	T.5.4 - Vertical, Normal Emissivity
	1						
2		Latex Paint	-	-	-		
	2						
3		Gypsum Board	0.16	13	0.08	0.46	T.5.1 - Average k for the range from 0.15-0.21 W/mK
	3						
4		Metal Studs & Mineral Wool Batt		152	1.34	7.61	Mineral Wool insulatation added between the studs to provide sound proofing, R-Value Obtained using Table 5.8 Straube
	4						
5		Exterior Gypsum Board	0.2	16	0.08	0.454	T.5.1 - Average k for the range from 0.19-0.21 W/mK
	5						
6		Blueskin Air Water Vapor Barrier	-	-	-	-	- Blueskin VP100 Self Adhered Membrane
	6						
7		Exterior Mineral Wool Insulation	0.037	150	4.05	23.019	T.5.1 - Stonewool Roof Insulation (water-resistant material)
	7						
8		Vented Air Cavity		25	0.18	1.02	Using Straube 5.1.8 and NBCC - thermal resistance for air space between 20 and 90mm
	8						
9		Various Cladding	-	-	-	-	
	9						
10		Exterior Film			0.030	0.17	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					5.89	33.42	

WALL SANDWICH



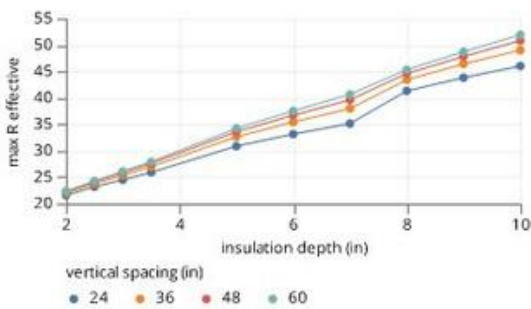
Structural capacity

The charts below show the maximum wind load plotted against insulation depth and against vertical spacing. These are the maximum confirmed scenarios out of the entire set of configurations that satisfy the clip parameters you have specified. Changes in any line's trend usually indicate that some part of the configuration has changed, eg. from a 2" to a 3.25" ISO Clip depth.



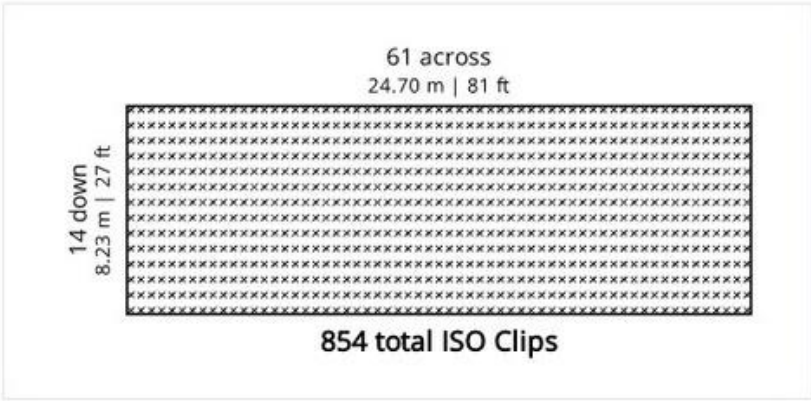
Thermal performance

The charts below show the maximum effective thermal performance plotted against insulation depth. These are the maximum confirmed scenarios out of the entire set of configurations that satisfy the clip parameters you have specified. Changes in any line's trend usually indicate that some part of the configuration has changed, eg. from a 2" to a 3.25" ISO Clip depth.



Wall description

AE400 - STEPS REHABILITATION TYPICAL WALL



Clip parameters

Structural design method	Limit States Design (Canada)
Insulation depth	150mm 6in
ISO Clip bracket size	120mm 4.75in
Exterior insulation effectiveness	0.70 RSI per 25.4mm 4 R per in
Back-up wall	20 ga metal framing
Include cavity insulation?	Yes
Add thermal insulation tape?	—
Girt orientation	Horizontal
Horizontal spacing	405mm 16in
Cladding dead load	0.19kPa 4psf
Vertical spacing	610mm 24in
Consider girts?	Yes
Girt gauge	18 ga
Available girt depth(s)	2.50in
Fastener arrangement	3 screw arrangement (corner)

Your results

Your chosen horizontal spacing	405mm 16in
Your chosen vertical spacing	610mm 24in
Maximum possible vertical spacing	610mm 24in
Maximum specified wind load	1.51kPa 31.62psf
Governing component	bracket-to-substrate connection
Maximum possible effective R-value	RSI 5.22 R-29.63
ISO Clip count (per unit area)	4.03 per m² 0.38 per ft²

Remarks

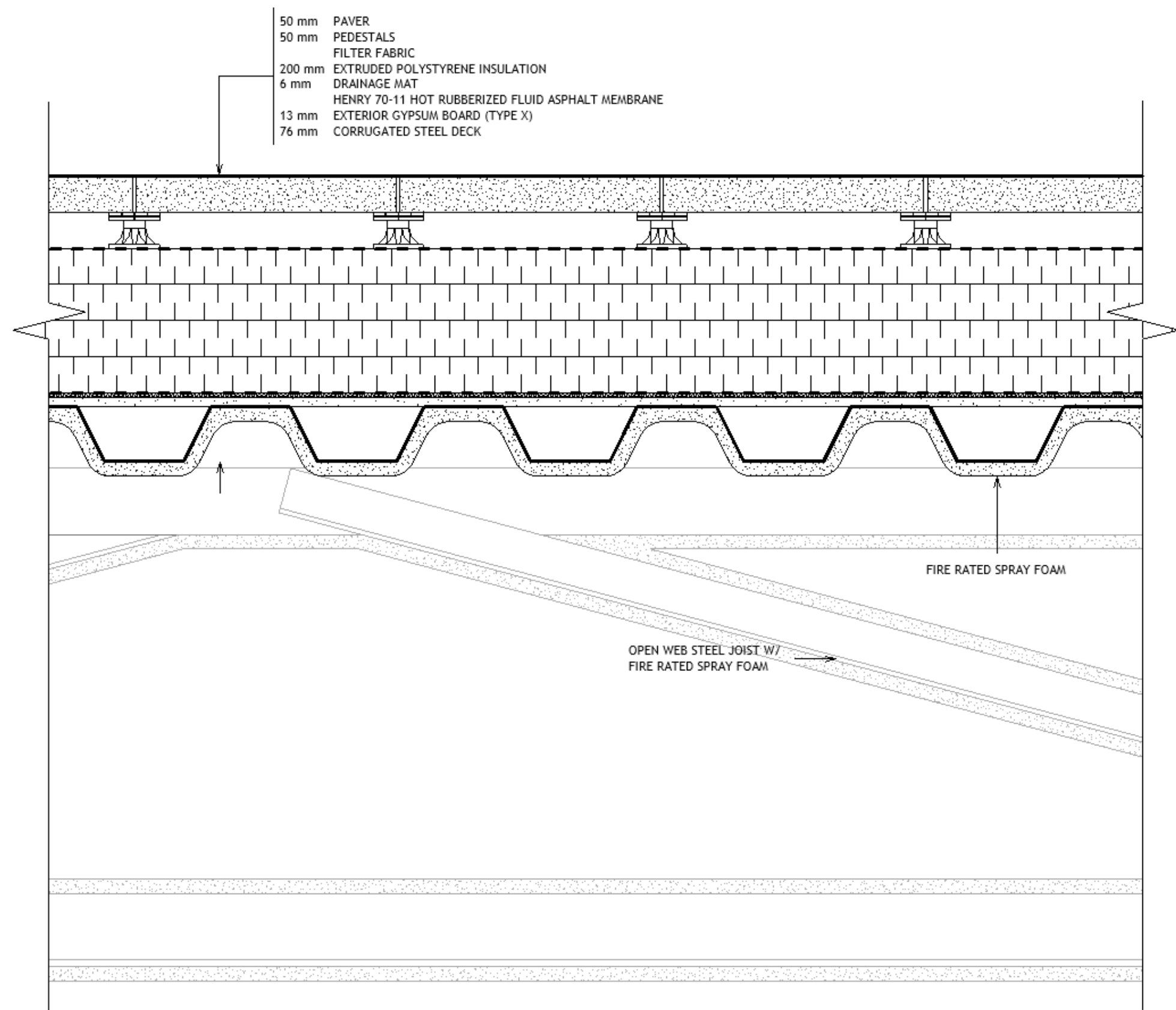
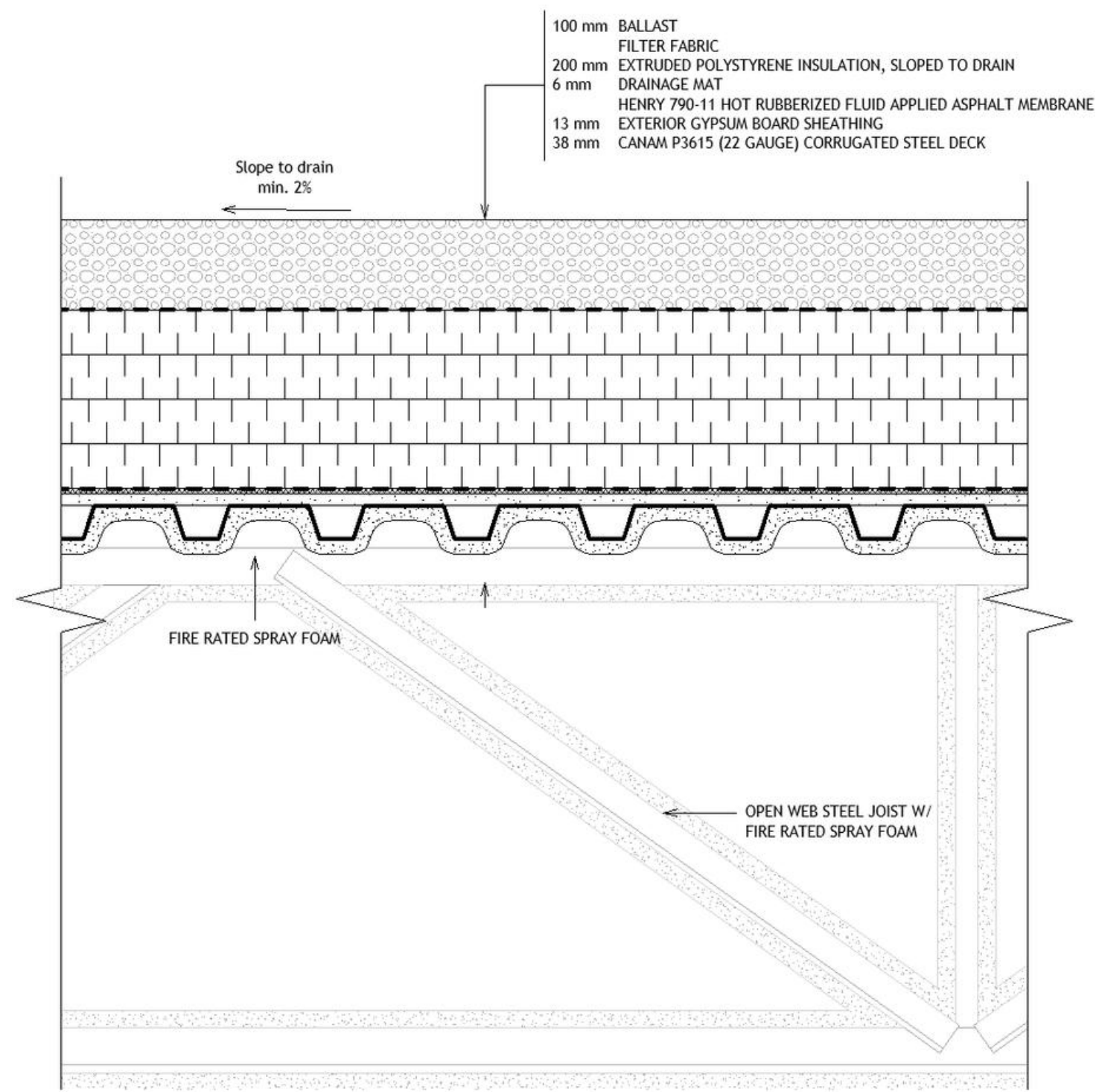
ROOF SANDWICH

Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.11	0.61	T.5.4 - Interior Film, Horizontal Surface, Upwards
	1						
2		Corrugated Steel Deck	2	90	-	-	T.5.1 - Negligeable
	2						
3		Exterior Gypsum Board Sheathing	0.2	13	0.07	0.369	T.5.1 - Average k for the range from 0.19-0.21 W/mK
	3						
4		Henry 790-11 Hot Ruberized Fluid Applied Roof Membrane	-	-	-		https://www.henry.com/en-CA/commercial/products/waterproofing/hot-rubberized-asphalt/790-11-hot-rubberized-asphalt-membrane/#technical-installation-section
	4						
5		Drainage Mat	-	6	-	-	
	5						
6		Extruded Polystyrene Insulation	0.029	200	6.90	39.16	T.5.1
	6						
7		Filter Fabric	-	-	-	-	
	7						
8		Ballast	-	-	-	-	
	8						
9		Exterior Film		0.030	0.17	0.21	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					7.239	40.35	

POOL ROOF SANDWICH

Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.11	0.61	T.5.4 - Interior Film, Horizontal Surface, Upwards
	1						
2		Corrugated Steel Deck with Concrete Topping	0.16	49	0.31	1.74	T.5.1 - Average k for the range from 1.4-2.5 W/mK, Concrete thickness on top of corrugated steel decking (125mm - 76mm), concrete between flutes and steel neck are negligible
	2						
4		Henry 790-11 Hot Ruberized Fluid Applied Roof Membrane	-	-	-		https://www.henry.com/en-CA/commercial/products/waterproofing/hot-rubberized-asphalt/790-11-hot-rubberized-asphalt-membrane/#technical-installation-section
	4						
5		Drainage Mat	-	6	-	-	
	5						
6		Extruded Polystyrene Insulation	0.029	200	6.90	39.16	T.5.1
	6						
7		Filter Fabric	-	-	-	-	
	7						
8		Pedastals with Concrete Pavers	-	-	-	-	
	8						
9		Exterior Film		0.030	0.17	0.21	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					7.480	41.72	

ROOF & POOL ROOF SANDWICH



FOUNDATION WALL & SLAB

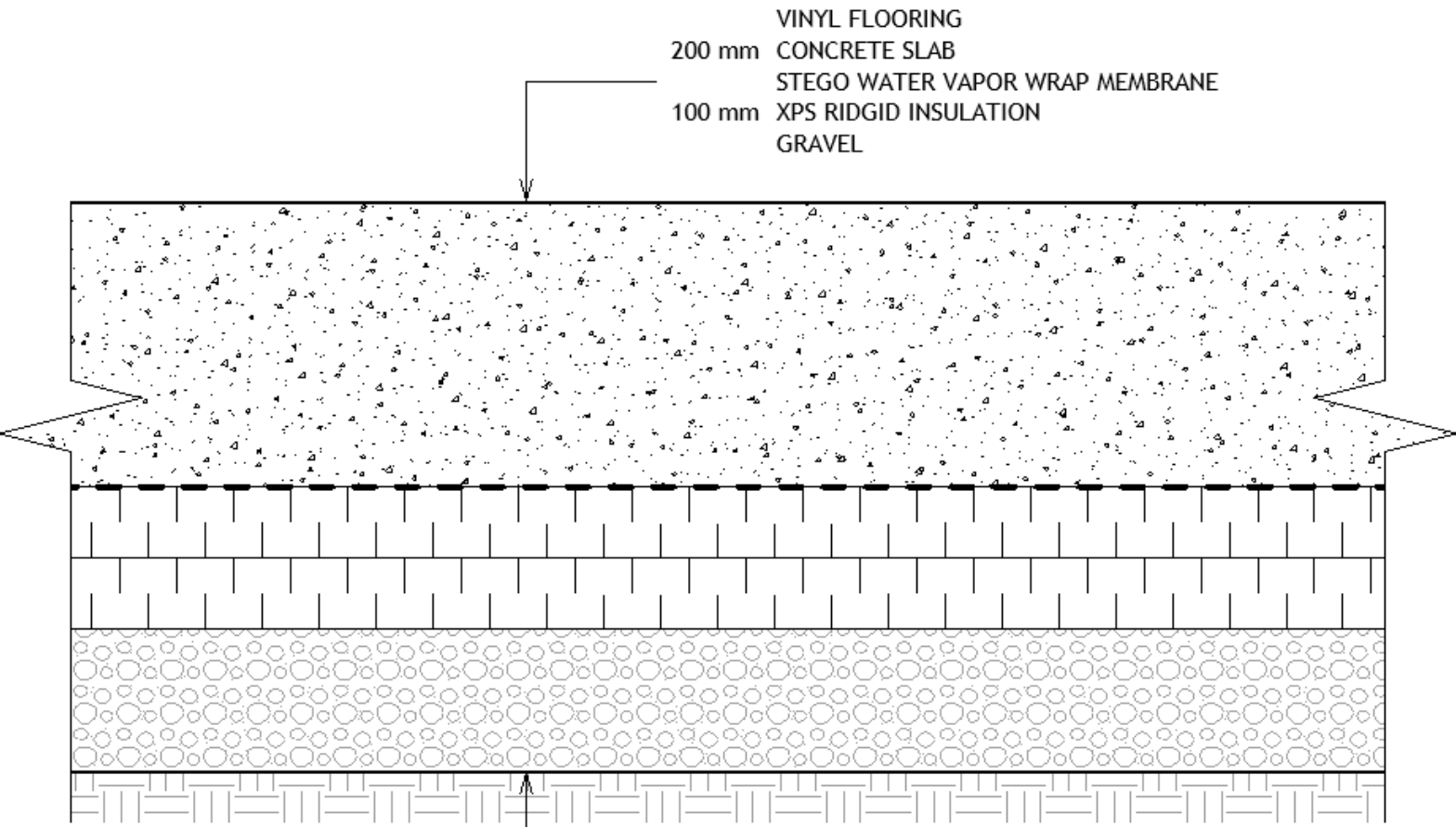
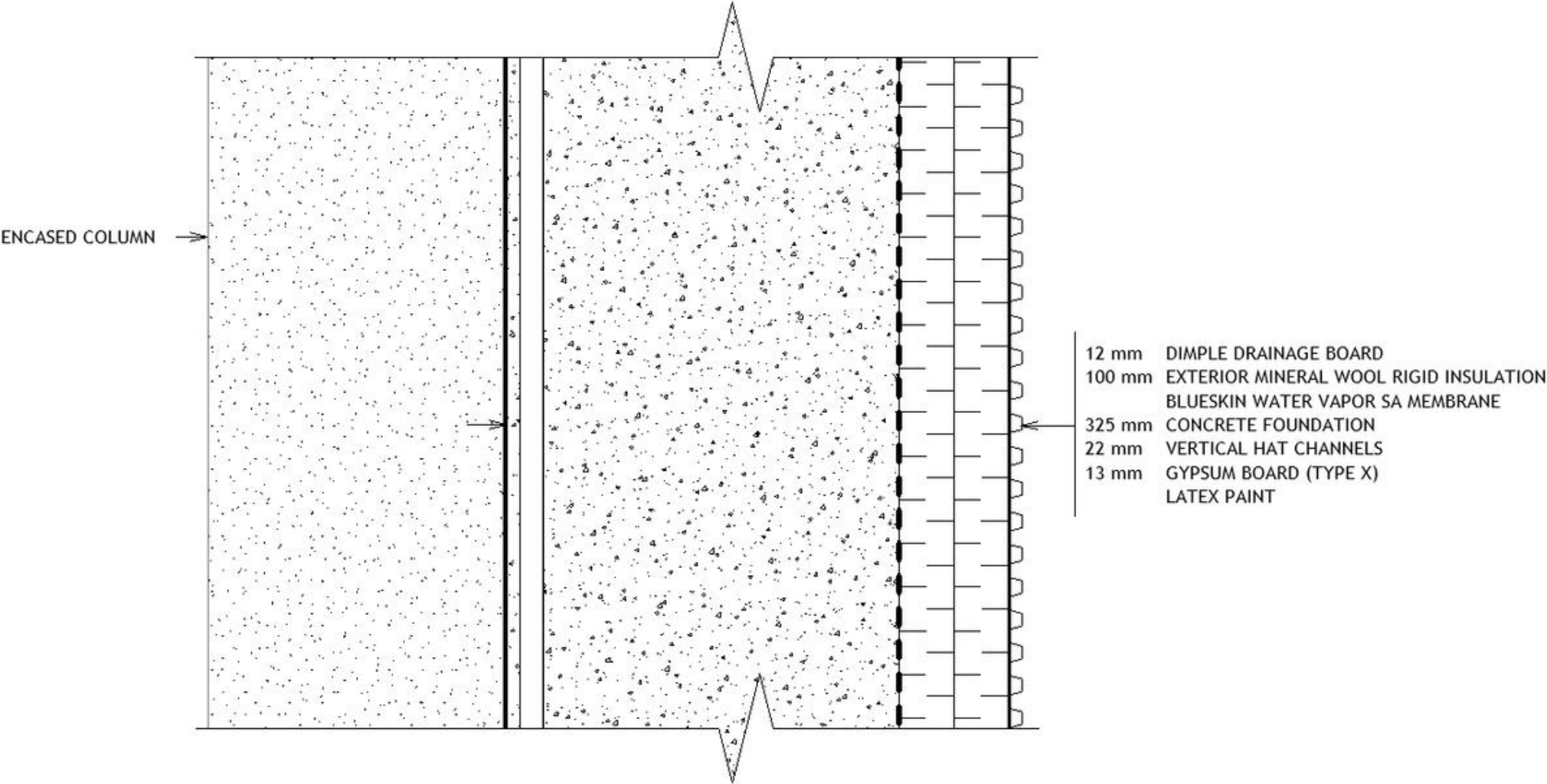
FOUNDATION WALL

Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.12	0.68	T.5.4 - Vertical, Normal Emissivity
	1						
2		Gypsum Board	0.16	13	0.08	0.46	T.5.1 - Average k for the range from 0.15-0.21 W/mK
	2						
3		Hat Channels	-	22	-	-	
	3						
4		Concrete Foundation Wall	1.95	325	0.17	0.95	T.5.1 - Average k for the range from 1.4-2.5 W/mK
	4						
5		Blueskin Air Water Vapor Barrier	-	-	-	-	Blueskin VP100 Self Adhered Membrane
	5						
6		Extruded Polystyrene Insulation	0.029	100	3.45	19.58	T.5.1
	6						
7		Exterior Film		0.030	0.17	0.21	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					3.986	21.88	

BASEMENT SLAB

Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.164	0.93	T.5.4 - Horizontal, Normal Emissivity, Downwards
	1						
2		Concrete Slab	1.95	200	0.10	0.58	T.5.1 - Average k for the range from 1.4-2.5 W/mK
	2						
3		Stego Vapor & Air Wrap Membrane	-	-	-	-	https://www.stegoindustries.com/products/vapor-barrier-15-mil
	3						
4		Extruded Polystyrene Insulation	0.029	100	3.45	19.58	T.5.1
	4						
5		Exterior Film		0.030	0.17	0.21	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					3.885	21.31	

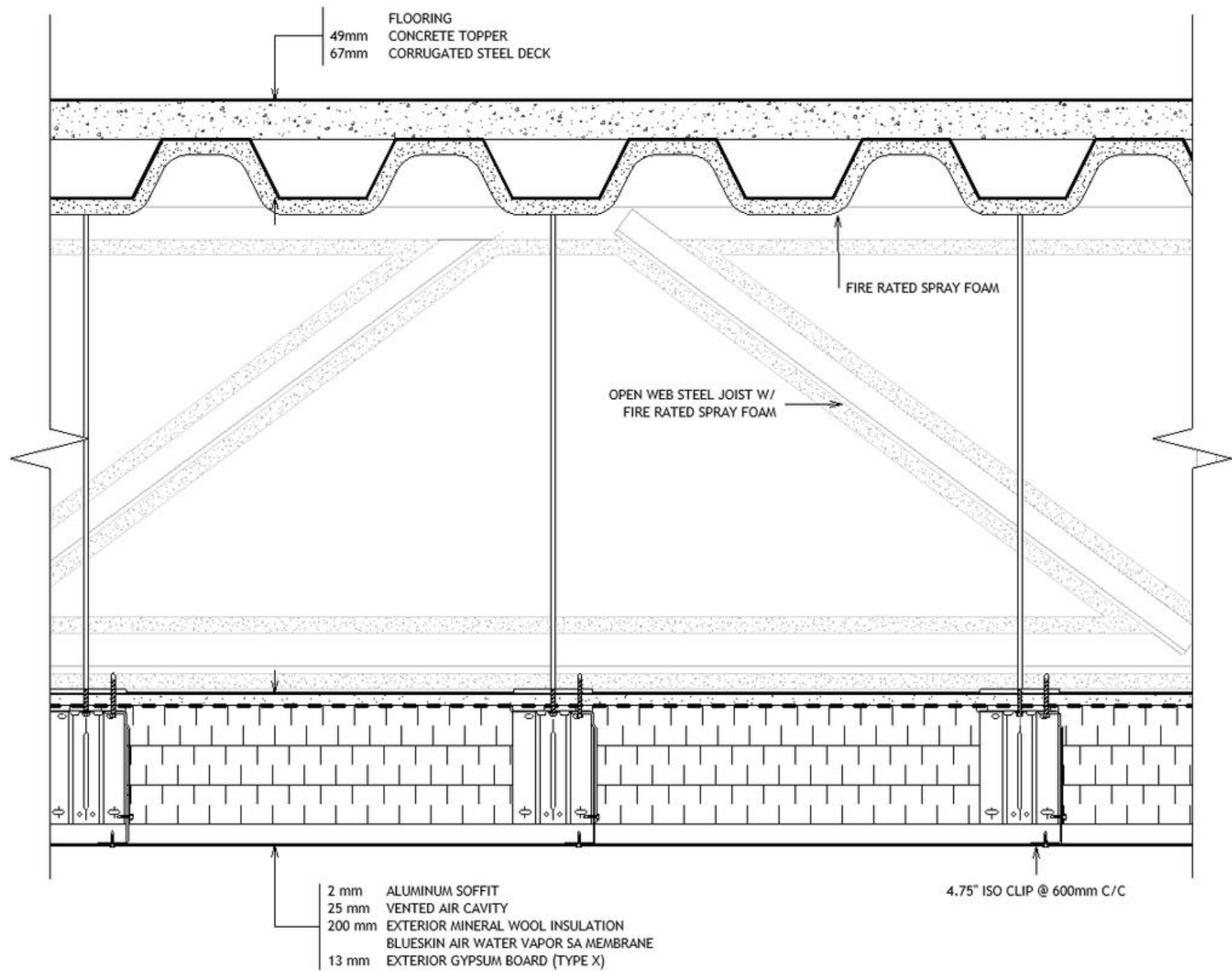
FOUNDATION WALL & SLAB



SOFFIT SANDWICH

Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.164	0.93	T.5.4 - Horizontal, Normal Emissivity, Downwards
	1						
2		OWSJ	-	-	-	-	Negligeable Air Cavity
	2						
3		Exterior Gypsum Board	0.2	16	0.08	0.454	T.5.1 - Average k for the range from 0.19-0.21 W/mK
	3						
4		Blueskin Air Water Vapor Barrier	-	-	-	-	Blueskin VP100 Self Adhered Membrane
	4						
5		Exterior Mineral Wool Insulation	0.037	150	4.05	23.019	T.5.1 - Stonewool Roof Insulation (water-resistant material)
	5						
6		Vented Air Cavity		25	0.18	1.02	Using Straube 5.1.8 and NBCC - thermal resistance for air space between 20 and 90mm
	6						
7		Aluminum Vented Soffit	-	-	-	-	
	7						
8		Exterior Film			0.030	0.17	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					4.51	25.60	

SOFFIT SANDWICH

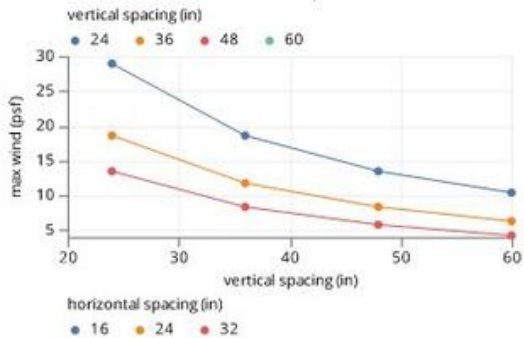
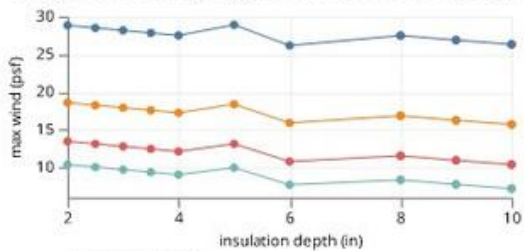


Soffit

AE400 - STEPS REHABILITATION

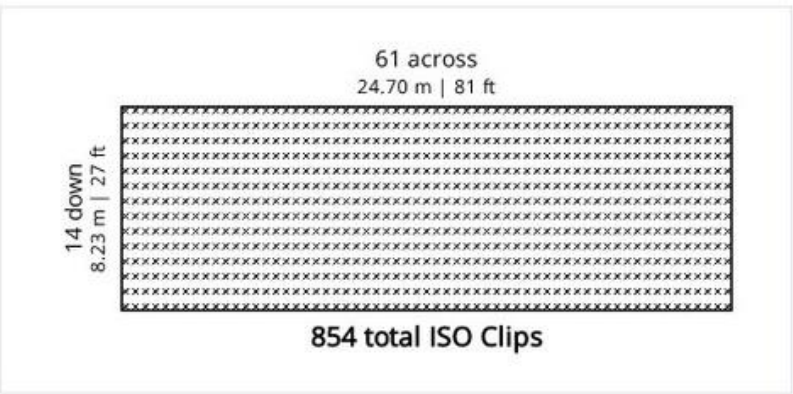
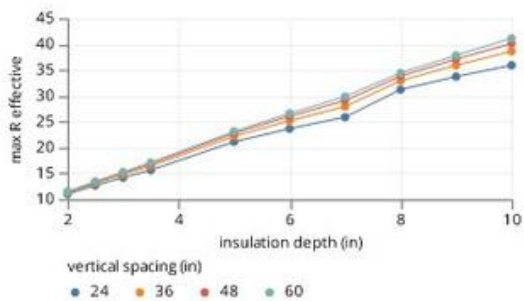
Structural capacity

The charts below show the maximum wind load plotted against insulation depth and against vertical spacing. These are the maximum confirmed scenarios out of the entire set of configurations that satisfy the clip parameters you have specified. Changes in any line's trend usually indicate that some part of the configuration has changed, eg. from a 2" to a 3.25" ISO Clip depth.



Thermal performance

The charts below show the maximum effective thermal performance plotted against insulation depth. These are the maximum confirmed scenarios out of the entire set of configurations that satisfy the clip parameters you have specified. Changes in any line's trend usually indicate that some part of the configuration has changed, eg. from a 2" to a 3.25" ISO Clip depth.



Clip parameters

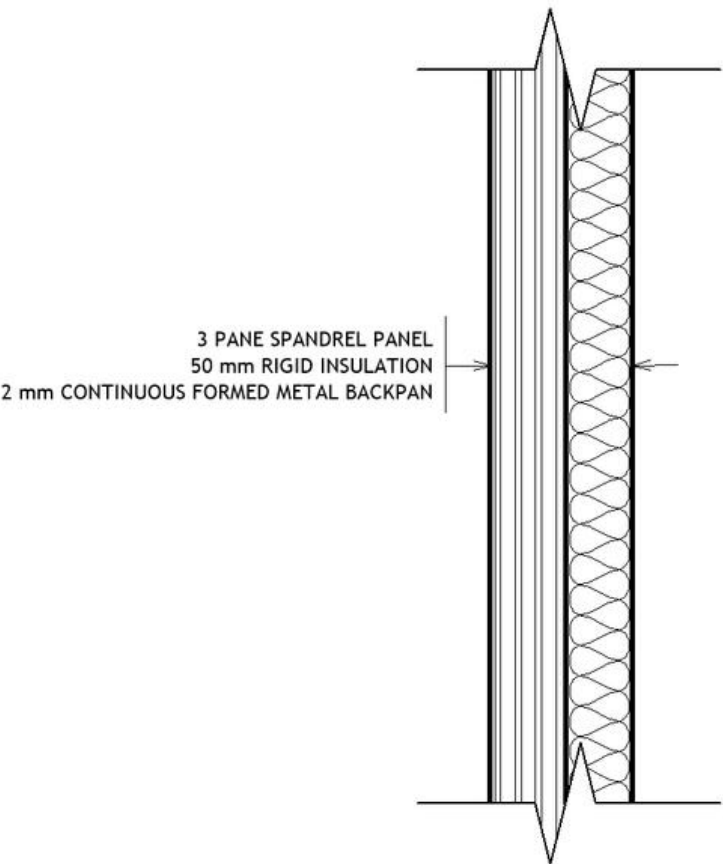
Structural design method	Limit States Design (Canada)
Insulation depth	150mm 6in
ISO Clip bracket size	85mm 3.25in
Exterior insulation effectiveness	0.70 RSI per 25.4mm 4 R per in
Back-up wall	20 ga metal framing
Include cavity insulation?	No
Add thermal insulation tape?	—
Girt orientation	Horizontal
Horizontal spacing	405mm 16in
Cladding dead load	0.14kPa 3psf
Vertical spacing	610mm 24in
Consider girts?	No
Girt gauge	—
Available girt depth(s)	4.50in
Fastener arrangement	2 screw arrangement

Your results

Your chosen horizontal spacing	405mm 16in
Your chosen vertical spacing	610mm 24in
Maximum possible vertical spacing	610mm 24in
Maximum specified wind load	1.25kPa 26.16psf
Governing component	bracket-to-substrate connection
Maximum possible effective R-value	RSI 3.20 R-18.19
ISO Clip count (per unit area)	4.03 per m² 0.38 per ft²

Remarks

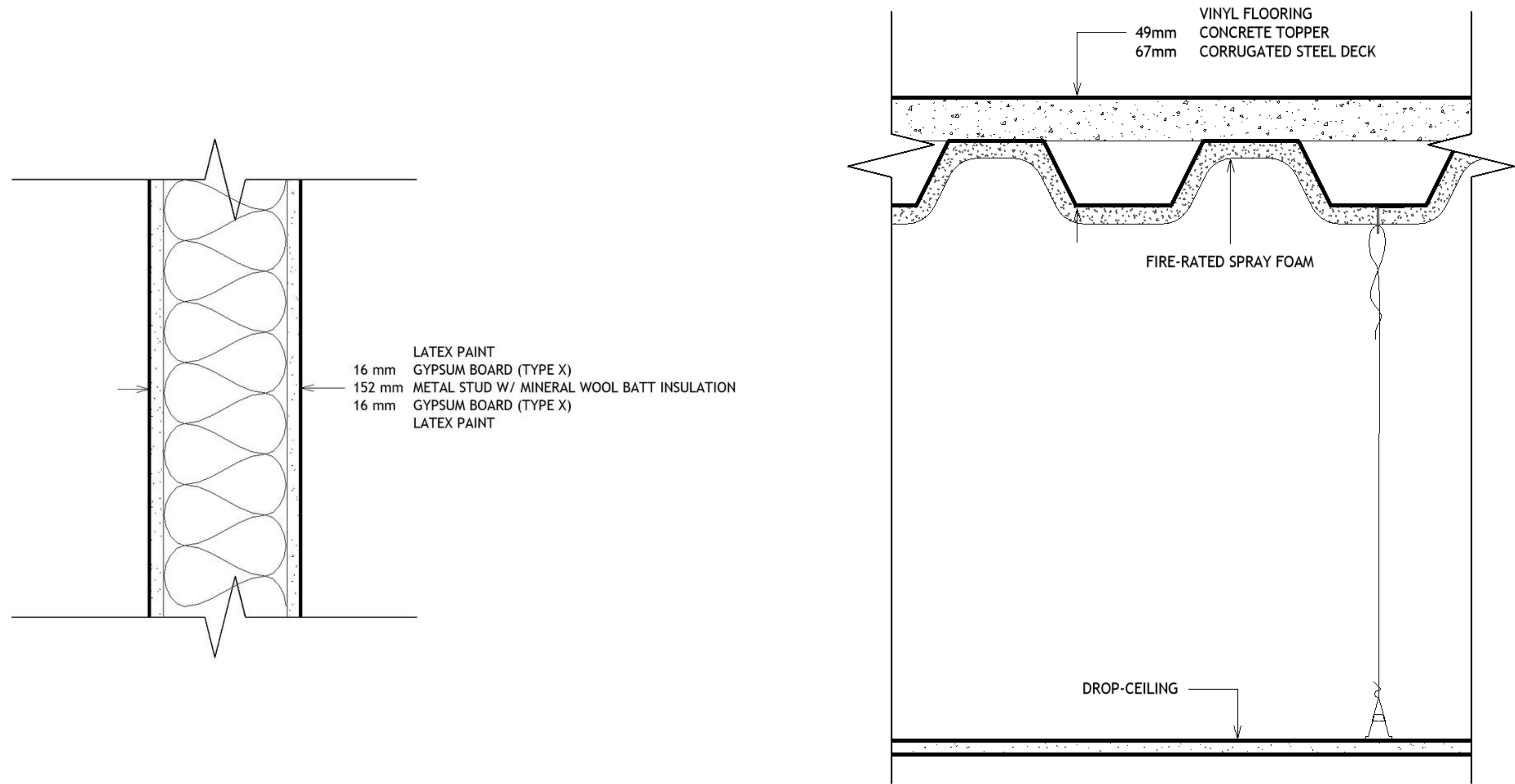
SPANDREL SANDWICH



Ucw (W/m2K)	0.26
Acw (m2)	1.125
Ψ (W/mK)	0.2
L(m)	4.5
ΔT	42
q" (W)	49.92
Utotal	1.06
RSItotal	0.95
R-Total	5.37

Layer	Interface	Description	k (W/mK)	L (mm)	RSI (m²K/W)	R-Value (°F ft² h/BTU)	Notes and Assumptions
		Indoors					
1		Interior Film	-	-	0.12	0.68	T.5.4 - Vertical, Normal Emissivity
	1						
2		Metal Backpan	-	-	-	-	
	2						
5		Exterior Mineral Wool Insulation	0.037	100	2.70	15.346	T.5.1 - Stonewool Roof Insulation (water-resistant material)
	5						
6		Metal Sheet	-	-	-	-	
	6						
7		Vented Air Cavity		25	0.18	1.02	Using Straube 5.1.8 and NBCC - thermal resistance for air space between 20 and 90mm
	7						
8		Spandrel Panel	0.9	6	0.01	0.0379	T.5.1 - Average k for the range from 0.8-1 W/mK
	8						
9		Air Space	0.03	12.7	0.42	2.4037	T.5.1 - Still Air
	9						
10		Spandrel Panel	0.9	6	0.01	0.0379	T.5.1 - Average k for the range from 0.8-1 W/mK
	10						
11		Air Space	0.03	12.7	0.42	2.4037	T.5.1 - Still Air
	11						
12		Spandrel Panel	0.9	6	0.01	0.0379	T.5.1 - Average k for the range from 0.8-1 W/mK
	12						
13		Exterior Film			0.030	0.17	T.5.4 - Winter Conditions, Normal Emissivity
		Outdoors					
					3.90	22.14	

INTERIOR WALL & SLAB SANDWICH



APPENDIX C2

WINDOW CALCULATIONS

WINDOW 1 - PATIENT ROOM

List

Calc (F9)

New

Copy

Delete

Save

Report

☐ Dividers

Dividers

☐ Awnings

Generic 1 >>

Display mode:
Normal >

SHGC/VT Detail

CR Detail

ID #1

NameAE400 Window 1

ModeNFRC

TypeCustom Single Vision>>

Width1800 mm

Height1500 mm

Area2.700 m2

Tilt90

Environmental Conditions
NFRC 100-2010

Total Window Results - Normal Incidence

Ufactor1.847

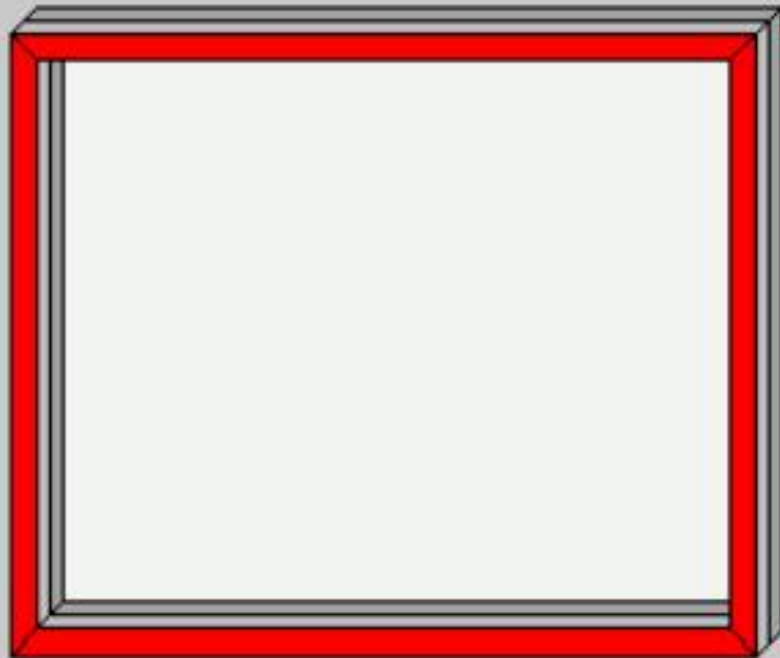
SHGC0.264

VT0.473

CRN/A

W/m2-K

Click on a component to display characteristics below



Glazing System

Name: AE400 - Double Glaze >>

ID	2	Ucenter	1.712	W/m2-K
Nlayers	2	SC	0.346	
Area	1.891 m2	SHGC	0.301	
Edge area	0.367 m2	Vtc	0.565	

Frame

Name >>

ID	4	Uedge	2.717	W/m2-K
Source	1	Edge area	0.101	m2
Ufactor	1.700	PFD	69.850	W/m2-K
Area	0.121	Abs	0.900	m2

WINDOW 2 - PATIENT ROOM

List

Calc (F9)

New

Copy

Delete

Save

Report

Dividers

Dividers

Awnings

Generic 1

Display mode:

Normal

SHGC/VT Detail

CR Detail

ID #1

NameAE400 Window 2

ModeNFRC

TypeCustom Single Vision

Width800 mm

Height1500 mm

Area1.200 m2

Tilt90

Environmental Conditions

NFRC 100-2010

Total Window Results - Normal Incidence

Ufactor1.911

SHGC0.244

VT0.423

CRN/A

Click on a component to display characteristics below

Glazing System			
Name	Double Low-e Air		
ID	3	Ucenter	1.845 W/m2-K
Nlayers	2	SC	0.724
Area	0.658 m2	SHGC	0.630
Edge area	0.240 m2	Vtc	0.735

Frame			
Name	Vinyl		
ID	4	Uedge	2.717 W/m2-K
Source	1	Edge area	0.082 m2
Ufactor	1.700 W/m2-K	PFD	69.850
Area	0.100 m2	Abs	0.900

WINDOW 3 - OFFICES

List

Calc (F9)

New

Copy

Delete

Save

Report

Dividers

Dividers

Awnings

Generic 1

Display mode:

Normal

SHGC/VT Detail

CR Detail

ID #1

NameAE400 Window 3

ModeNFRC

TypeCustom Single Vision

Width1000 mm

Height900 mm

Area0.900 m2

Tilt90

Environmental ConditionsNFRC 100-2010

Total Window Results - Normal Incidence

U-factor1.934W/m2-K

SHGC0.239

VT0.411

CRN/A

Click on a component to display characteristics below

Glazing System

NameAE400 - Double Glaze

ID2

Ucenter1.734W/m2-K

Nlayers2

SC0.347

Area0.464 m2

SHGC0.302

Edge area0.190 m2

Vtc0.565

Frame

NameVinyl

ID4

Uedge2.727W/m2-K

Source1

Edge area0.044 m2

Ufactor1.700W/m2-K

PFD69.850

Area0.058 m2

Abs0.900

WINDOW 4 - BASEMENT

List

Calc (F9)

New

Copy

Delete

Save

Report

Dividers

Dividers

Awnings

Generic 1

Display mode:

Normal

SHGC/VT Detail

CR Detail

ID #1

NameAE400 Window 4

ModeNFRC

TypeCustom Single Vision

Width1000 mm

Height800 mm

Area0.800 m2

Tilt90

Environmental ConditionsNFRC 100-2010

Total Window Results - Normal Incidence

Ufactor1.947

SHGC0.236

VT0.401

CRN/A

Click on a component to display characteristics below

Click on a component to display characteristics below

Glazing System

NameAE400 - Double Glaze

>>

ID2

Ucenter1.739 W/m2-K

Nlayers2

SC0.347

Area0.391 m2

SHGC0.302

Edge area0.177 m2

Vtc0.565

Frame

NameVinyl

>>

ID4

Uedge2.730 W/m2-K

Source1

Edge area0.038 m2

Ufactor1.700 W/m2-K

PFD69.850

Area0.051 m2

Abs0.900

WINDOW 5 - BASEMENT

List

Calc (F9)

New

Copy

Delete

Save

Report

Dividers

Dividers

Awnings

Generic 1

>>

Display mode:

Normal

SHGC/VT Detail

CR Detail

ID #1

NameAE400 Window 5

ModeNFRC

TypeCustom Single Vision>>

Width3450 mm

Height800 mm

Area2.760 m2

Tilt90

Environmental Conditions

NFRC 100-2010

Total Window Results - Normal Incidence

Ufactor1.906W/m2-K

SHGC0.254

VT0.447

CRN/A

Click on a component to display characteristics below

Glazing System

NameAE400 - Double Glaze

>>

ID2

Ucenter1.739 W/m2-K

Nlayers2

SC0.347

Area1.698 m2

SHGC0.302

Edge area0.488 m2

Vtc0.565

Frame

NameVinyl

>>

ID4

Uedge2.730 W/m2-K

Source1

Edge area0.038 m2

Ufactor1.700 W/m2-K

PFD69.850

Area0.051 m2

Abs0.900

CURTAIN WALLS

List

Calc (F9)

New

Copy

Delete

Save

Report

Radiance

ID #:1Name:AE400 - Curtain Wall

#3Tilt:90°IG Height:1000.00mm

Environmental Conditions:NFRC 100-2010IG Width:1000.00mm

Comment:

Overall thickness:43.300mmMode:#

1

2

3

		ID	Name	Mode	Thick	Flip	Tsol	Rsol1	Rsol2	Tvis	Rvis1	Rvis2	Tir	E1	E2	Cond	Comment
▼	Glass 1 ▶▶	8343	YNE2275_6.syp	#	6.0	☐	0.271	0.081	0.399	0.628	0.056	0.040	0.000	0.840	0.050	1.000	
	Gap 1 ▶▶	1	Air		12.7												
▼	Glass 2 ▶▶	16834	Clear Glass_6.KBG	#	5.9	☐	0.821	0.081	0.081	0.896	0.088	0.088	0.000	0.840	0.840	1.000	
	Gap 2 ▶▶	1	Air		12.7												
▼	Glass 3 ▶▶	8343	YNE2275_6.syp	#	6.0	☒	0.271	0.399	0.081	0.628	0.040	0.056	0.000	0.050	0.840	1.000	

Center of Glass Results

Temperature Data

Optical Data

Angular Data

Color Properties

Radiance Results

Ufactor	SC	SHGC	Rel. Ht. Gain	Tvis	Keff	Layer 1 Keff	Gap 1 Keff	Layer 2 Keff	Gap 2 Keff	Layer 3 Keff
W/m2-K			W/m2		W/m-K	W/m-K	W/m-K	W/m-K	W/m-K	W/m-K
0.912	0.291	0.253	191	0.359	0.0472	1.0000	0.0278	1.0000	0.0287	1.0000

CURTAIN WALLS

Index

ThermaWall TW2200

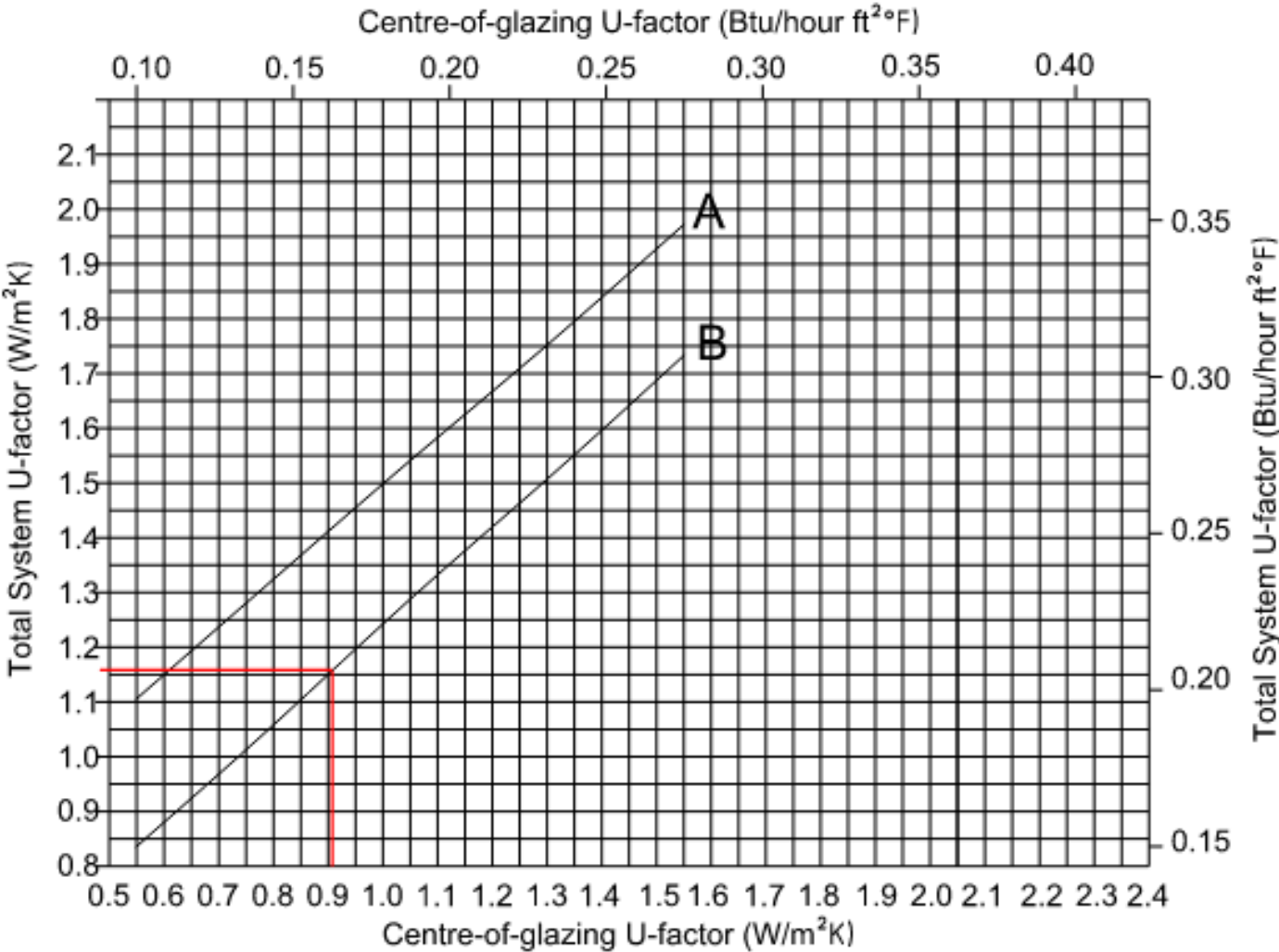
Thermal simulation chart - Triple glazed

THE FOLLOWING THERMAL CHARTS ARE TO BE USED TO DETERMINE OVERALL U VALUE OF THE PRODUCT BY KNOWING U VALUE CENTRE OF GLASS AND SELECTED SPACER OR DETERMINE CENTRE OF GLASS U VALUE AND SPACER BY KNOWING THE PRODUCT REQUIREMENTS FOR U VALUE.

- Curves represent tested simulation results based on triple glazing options using the lowest (curve a) and highest (curve b) performing spacers. Spacer conductance values are based on NFRC 100-2010 section 5.9.5.1.
- Simulation methodology followed NFRC 100-2010
- Simulated curtain wall is 78 3/4" (2000mm) x 78 3/4" (2000mm) between mullion centres with one vertical central mullion as per NFRC100-2010 table 4.3.
- The charts should be used as a budget or design guide for fenestration product u-factor and rating purposes.

A = Triple glazed with Generic Group1
-Spacer containing aluminum
B = Triple glazed with Generic Group4
-Spacer containing all non metallic materials

CHART BASED ON 1 3/4" (44.5 mm)
TRIPLE GLAZED SEALED UNIT

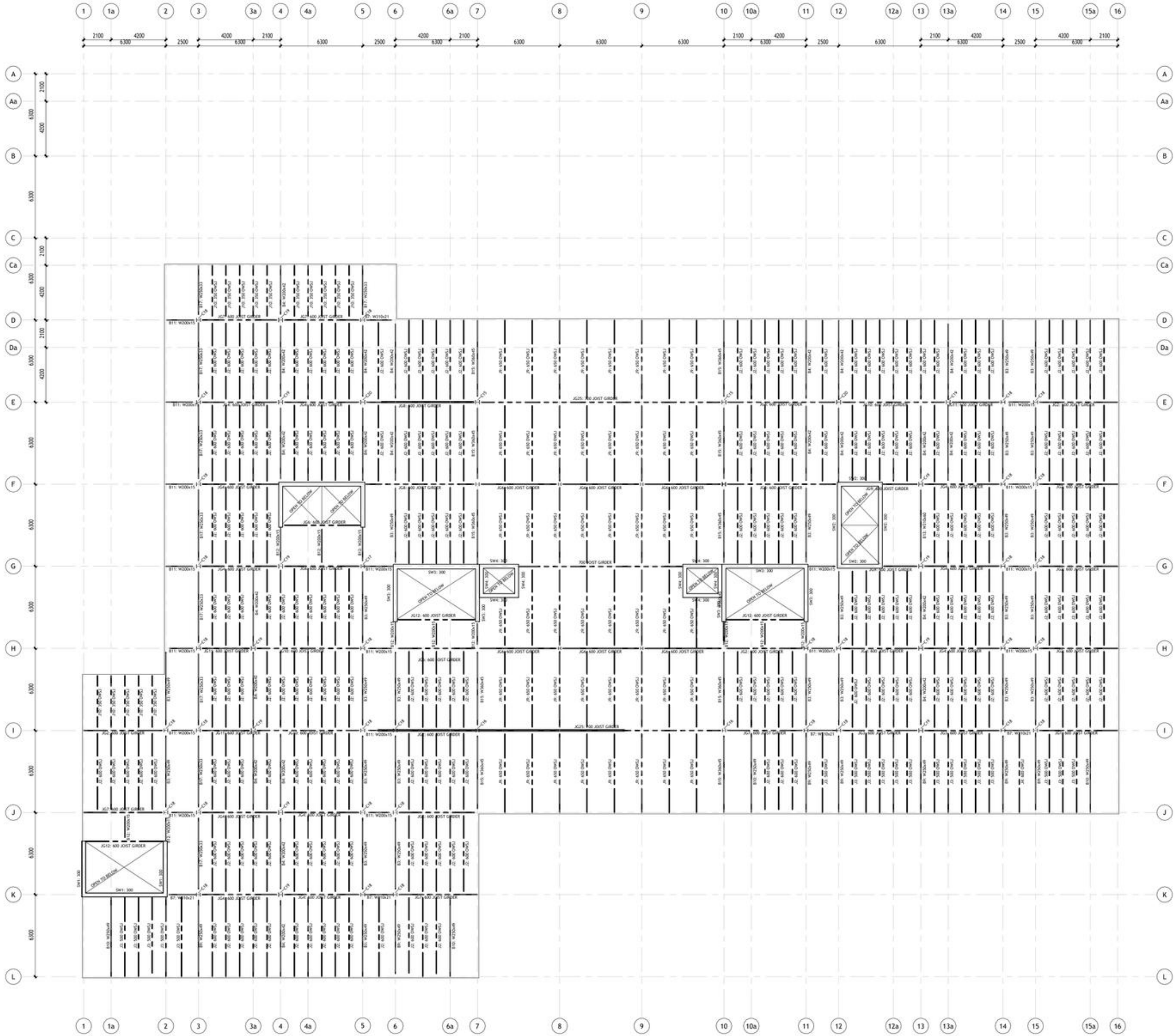


ENVIRONMENTAL CONDITIONS: NFRC 100-2001		
Inside Air Temperature	Outside Air Temperature	Outside Wind Speed
21° C	-18° C	5.5 m/s

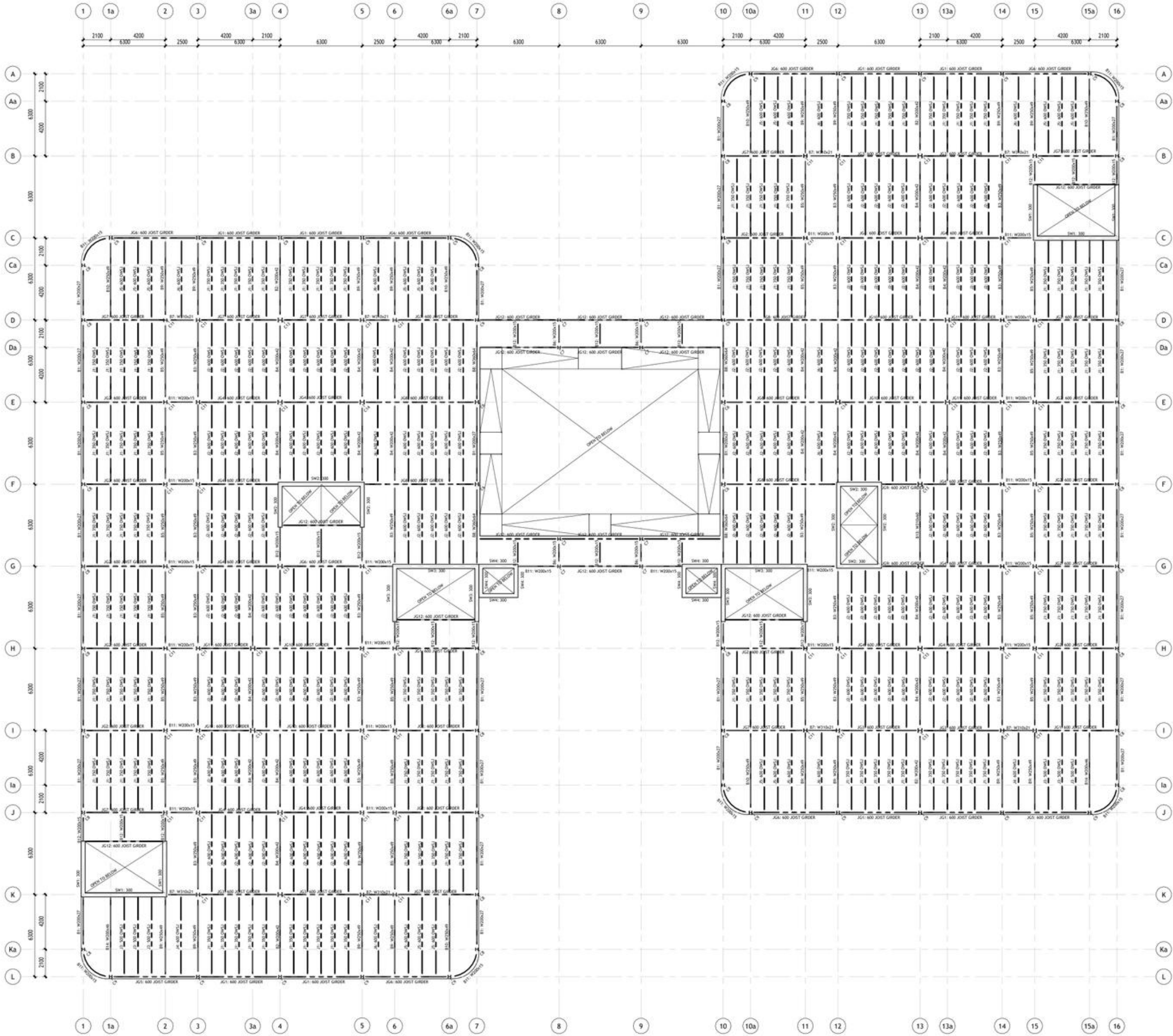
Pour la version en français, veuillez voir la page : 1.7.2.6

APPENDIX C1
STRUCTURAL
FRAMING PLANS

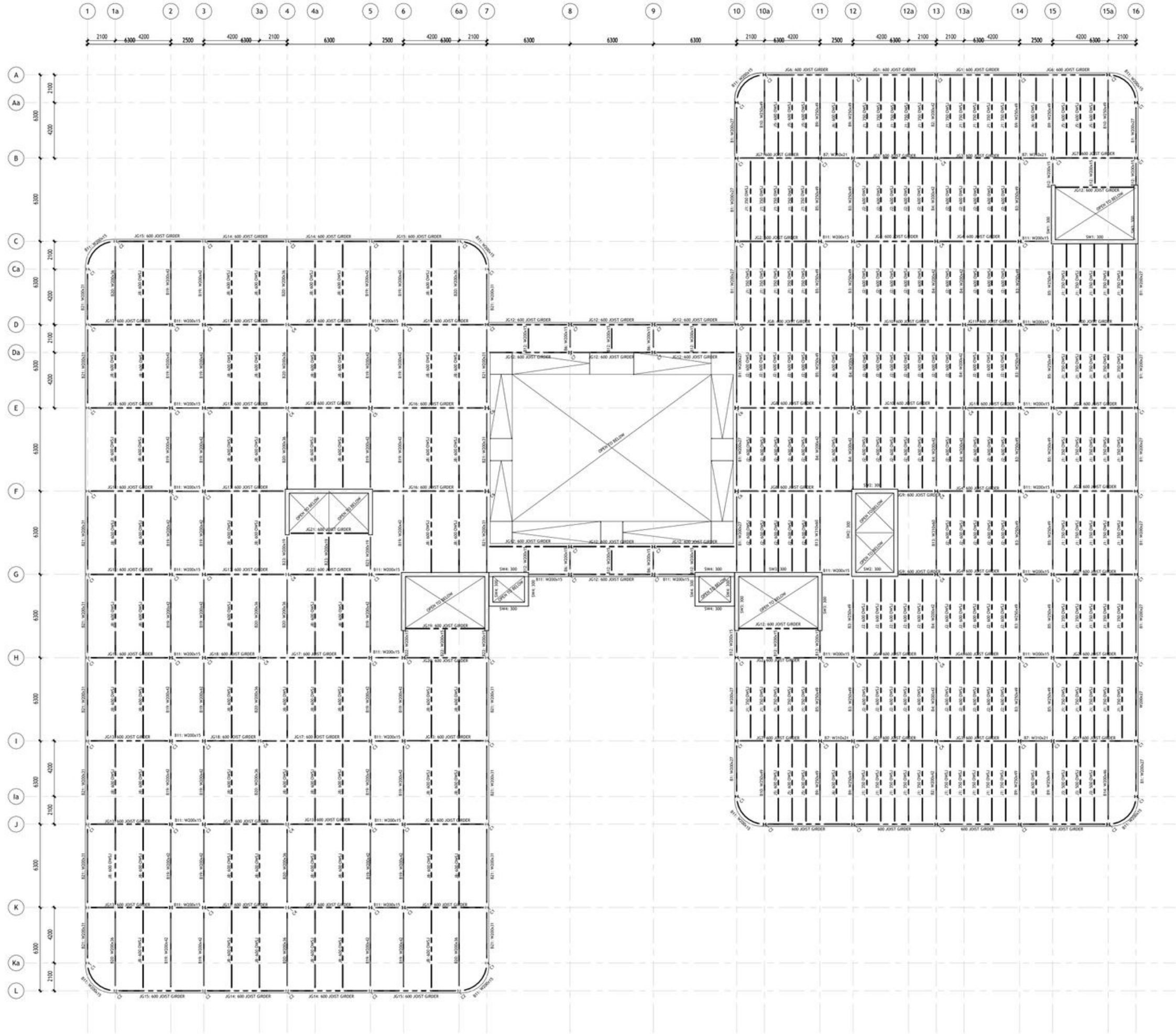
BASEMENT STRUCTURAL FRAMING PLAN



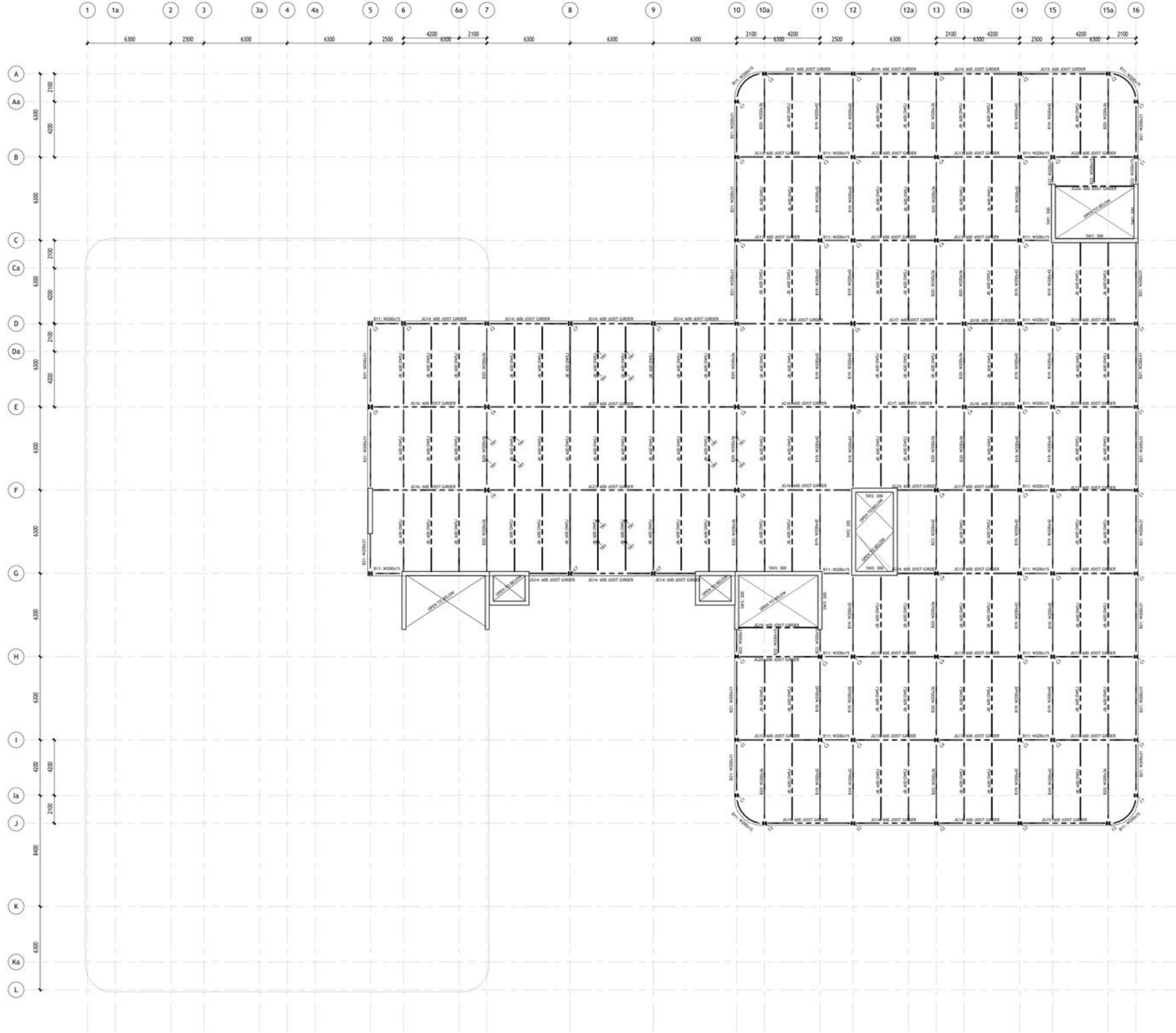
LEVEL 1 TO LEVEL 3 STRUCTURAL FRAMING PLAN



LOW ROOF STRUCTURAL FRAMING PLAN



HIGH ROOF STUCTURAL FRAMING PLAN



APPENDIX C2

STRUCTURAL LOADS

INITIAL ASSEMBLY CALCS

2.100

- ASTM A 653M SS Grade 340, yield strength of 340 MPa
- Self Weight (Deck + Concrete) = 1.62 kPa
- Concrete Volume = 0.06510 m³/m²
- Comp. Mom. of Inertia = 3 920 494 mm⁴/ m. Slab deflections also need to be verified.
- Maximum factored load shown must be compared to factored loads (including slab weight) obtained from load combinations according to NBC.

ACTUAL ASSEMBLY CALCS

Roof Dimensions			
l	69300	mm	
w	32300	mm	
Snow Load (NBCC 2020, Cl.4.1.6.2)			
I _s	1.0		Normal Importance
S _s	2.0	kPa	1 in 50 year Snow Load for Waterloo, ON
C _w	1.0		Cl.4.1.6.2 3)
l _c	49.55	m	$2 \cdot w - w^2 / l$
C _b	0.8		$l_c < 70 / c_w^2$
C _s	1.0		No roof slope
C _a	1.0		No Accumulation
S _r	0.4	kPa	1 in 50 year Rain Load for Waterloo, ON
S	2	kPa	Ground Snow Load
S _{SLS}	1.8	kPa	SLS Ground Snow Load (used for deflections)

SNOW LOADS

APPENDIX C3
STRUCTURAL
CARBON STUDY

OPTION 1: OWSJS ON JOIST GIRDERS (2100 MM SPACING)

INITIAL FLOOR CARBON CALCS

Single Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 38 Composite Metal Deck	1	39.69	Deck Floor 38	166.21	0.29	1913.14

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RJ1: 650 OWSJ	2	6.30	Rolled	17.60	1.19	263.91
RJ2: 600 Joist Girder	2	6.30	Rolled	44.30	1.19	664.27

TOTAL: 3426.11 kgCO2
TOTAL PER SQM: 86.32 kgCO2/m2 → 118.5 kgCO2e/m2

Double Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 76 Composite Metal Deck	1	79.38	Deck Floor 76	277.36	0.29	6384.95

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RJ1: 650 OWSJ	5	6.30	Rolled	17.60	1.19	659.77
RJG1: 600 Joist Girder	4	6.30	Rolled	39.40	1.19	1181.59

TOTAL: 8811.11 kgCO2
TOTAL PER SOM: 111.00 kgCO2/m2

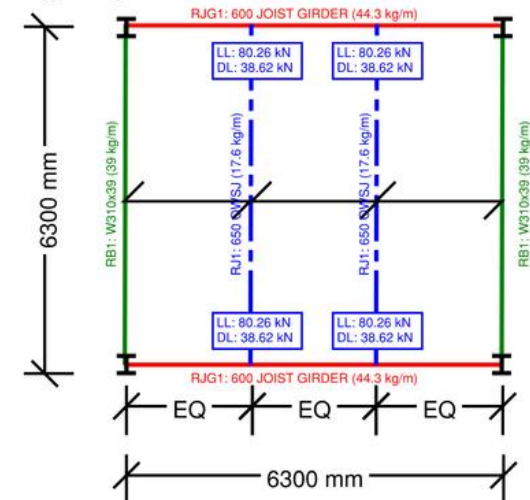
Triple Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 76 Composite Metal Deck	1	79.38	Deck Floor 76	277.36	0.29	6384.95

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RJ1: 650 OWSJ	5	6.30	Rolled	17.60	1.19	659.77
RJG1: 600 Joist Girder	4	6.30	Rolled	31.70	1.19	950.67

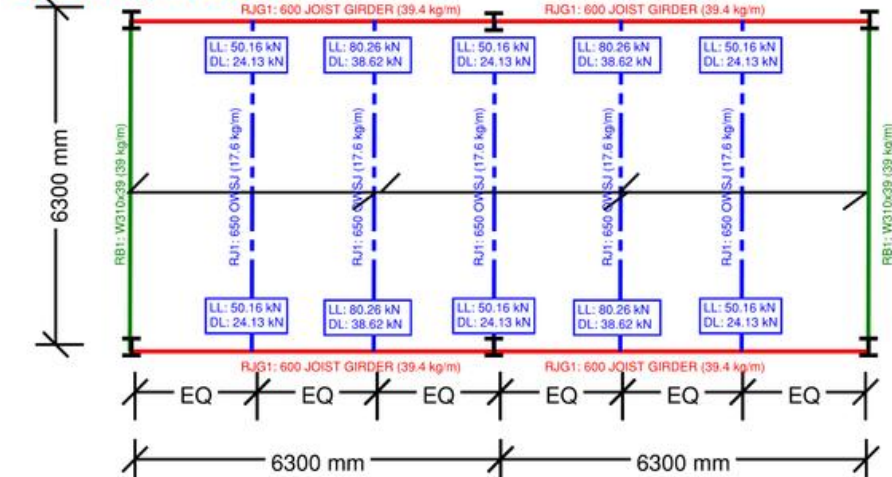
TOTAL: 10493.32 kgCO2
TOTAL PER SOM: 132.19 kgCO2/m2

Single Span OWSJ

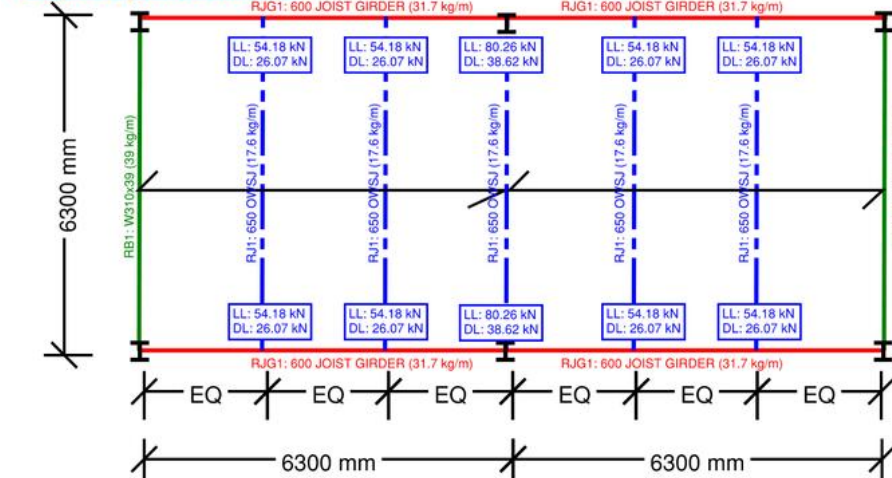


Not Applicable → deck too light for loads. On a 76 mm deck, carbon is bumped up to 118.5 kgCO2e/m2.

Double Span OWSJ



Triple Span OWSJ



OPTION 2: OWSJS ON JOIST GIRDERS (1050 MM SPACING)

INITIAL FLOOR CARBON CALCS

Single Span OWSJ

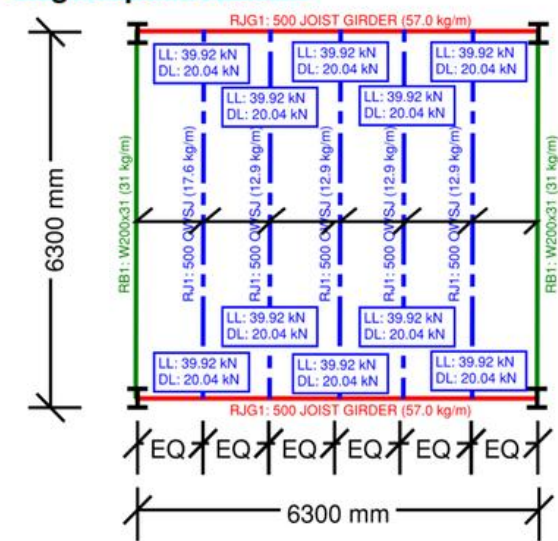
Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 38 Composite Metal Deck	1	39.69	Deck Floor 38	166.21	0.29	1913.14

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.81
RJ1: 500 OWSJ	5	6.30	Rolled	12.90	1.19	483.58
RJ2: 500 Joist Girder	2	6.30	Rolled	57.00	1.19	854.70

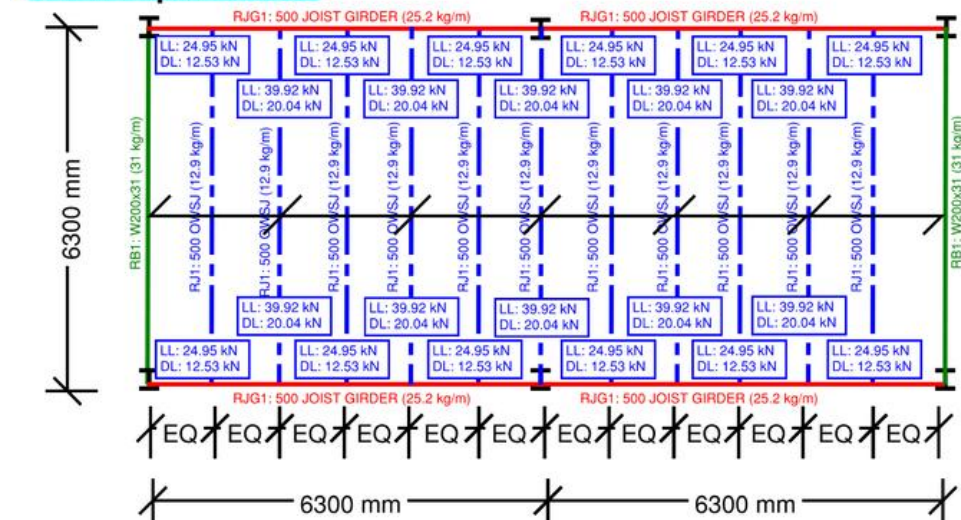
TOTAL: 3716.24 kgCO2
TOTAL PER SQM: 93.63 kgCO2/m2 → 125.86 kgCO2e/m2

Not Applicable → deck too light for loads. On a 76 mm deck, carbon is bumped up to 125.86 kgCO2e/m2.

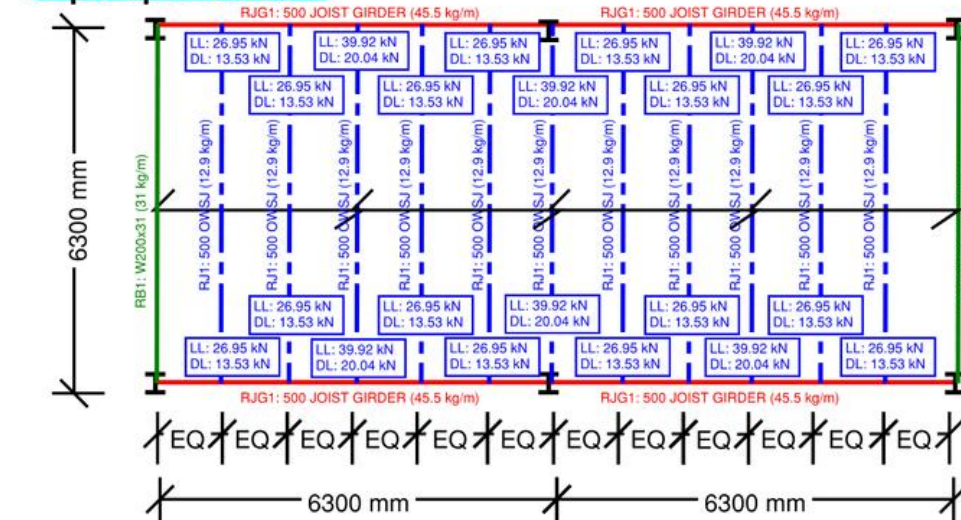
Single Span OWSJ



Double Span OWSJ



Triple Span OWSJ



Double Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 76 Composite Metal Deck	1	79.38	Deck Floor 38	277.36	0.29	6384.95

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	11	6.30	Rolled	12.90	1.19	1063.88
RJG1: 500 Joist Girder	4	6.30	Rolled	25.20	1.19	755.74

TOTAL: 8669.41 kgCO2
TOTAL PER SQM: 109.21 kgCO2/m2

Triple Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 76 Composite Metal Deck	1	79.38	Deck Floor 38	277.36	0.29	6384.95

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	11	6.30	Rolled	12.90	1.19	1063.88
RJG1: 500 Joist Girder	4	6.30	Rolled	45.50	1.19	1364.53

TOTAL: 9278.19 kgCO2
TOTAL PER SQM: 116.88 kgCO2/m2

MOST EFFECTIVE

OPTION 3: BEAMS ON BEAMS (2100 MM SPACING)

INITIAL FLOOR CARBON CALCS

Single Span Beam

Carbon Floors

Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 38 Composite Metal Deck	1	39.69	Deck Floor 38	166.21	0.29	1913.14

Carbon Framing

Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W360x57	2	6.30	Rolled	57.00	1.19	854.70
RB2: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RB3: W360x91	2	6.30	Rolled	91.00	1.19	1364.53

TOTAL: 4717.16 kgCO2
TOTAL PER SQM: ~~118.85 kgCO2/m2~~ → 151.08 kgCO2e/m2

Double Span Beam

Carbon Floors

Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 76 Composite Metal Deck	1	79.38	Deck Floor 38	277.36	0.29	6384.95

Carbon Framing

Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W460x89	4	6.30	Rolled	89.00	1.19	2669.07
RB2: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RB3: W460x89	4	6.30	Rolled	89.00	1.19	2669.07
RB4: W360x57	3	6.30	Rolled	57.00	1.19	1282.06

TOTAL: 13589.95 kgCO2
TOTAL PER SQM: 171.20 kgCO2/m2

Triple Span Beam

Carbon Floors

Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
90 Concrete on 76 Composite Metal Deck	1	79.38	Deck Floor 38	277.36	0.29	6384.95

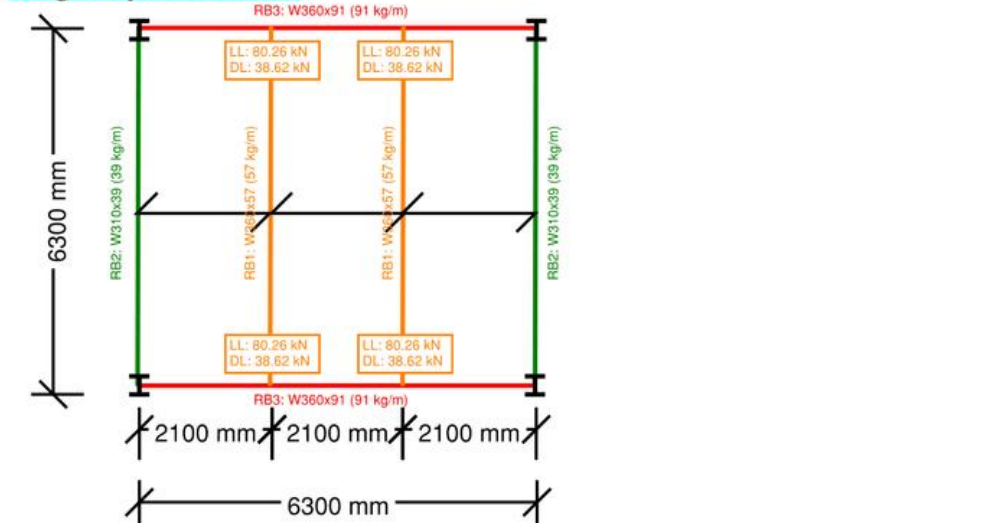
Carbon Framing

Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W360x57	1	6.30	Rolled	57.00	1.19	427.35
RB2: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RB3: W360x72	4	6.30	Rolled	72.00	1.19	2159.25
RB4: W250x58	4	6.30	Rolled	58.00	1.19	1739.40

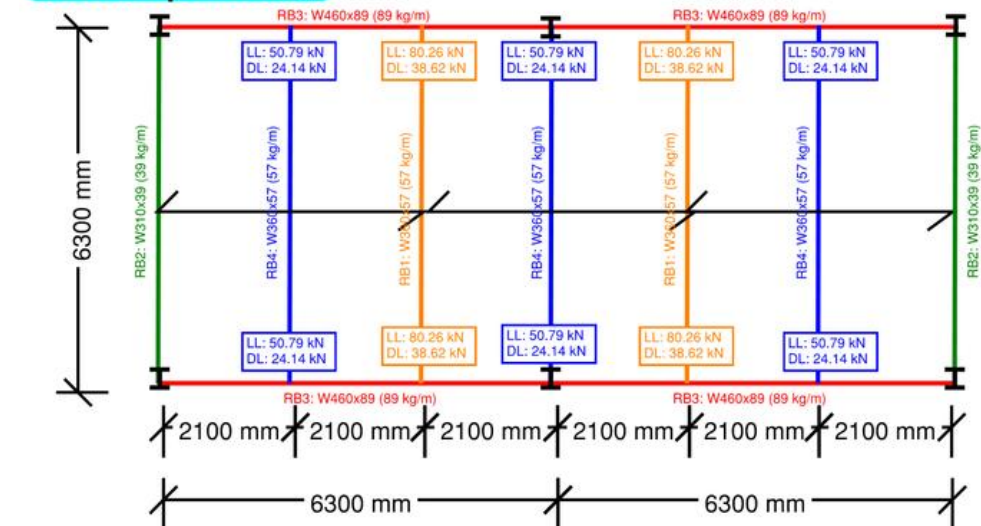
TOTAL: 11295.75 kgCO2
TOTAL PER SQM: 142.30 kgCO2/m2

Not Applicable → deck too light for loads. On a 76 mm deck, carbon is bumped up to 151.08 kgCO2e/m2.

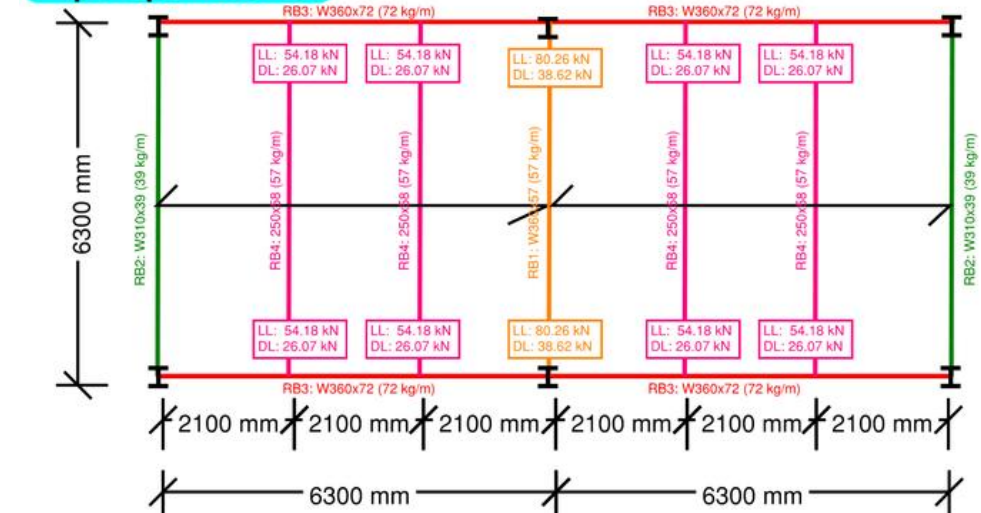
Single Span Beams



Double Span Beams



Triple Span Beams



OPTION 1: OWSJS ON JOIST GIRDERS (2100 MM SPACING)

INITIAL ROOF CARBON CALCS

Single Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
38 Metal Deck	1	39.69	Deck Roof	8.50	2.32	782.69

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	2	6.30	Rolled	12.90	1.19	193.43
RJ2: 500 Joist Girder	2	6.30	Rolled	26.30	1.19	394.36

TOTAL:1835.32 kgCO2

TOTAL PER SQM:46.24 kgCO2/m2

Double Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
76 Metal Deck	1	79.38	Deck Roof	14.04	2.32	2585.63

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	5	6.30	Rolled	12.90	1.19	483.58
RJG1: 500 Joist Girder	4	6.30	Rolled	24.30	1.19	728.75

TOTAL:4262.80 kgCO2

TOTAL PER SOM:53.70 kgCO2/m2

Triple Span OWSJ

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
76 Metal Deck	1	79.38	Deck Roof	14.04	2.32	2585.63

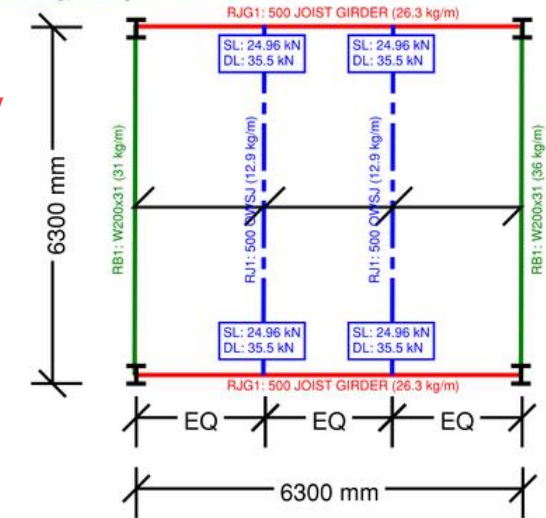
Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	5	6.30	Rolled	12.90	1.19	483.58
RJG1: 500 Joist Girder	4	6.30	Rolled	23.50	1.19	704.76

TOTAL:4238.81 kgCO2

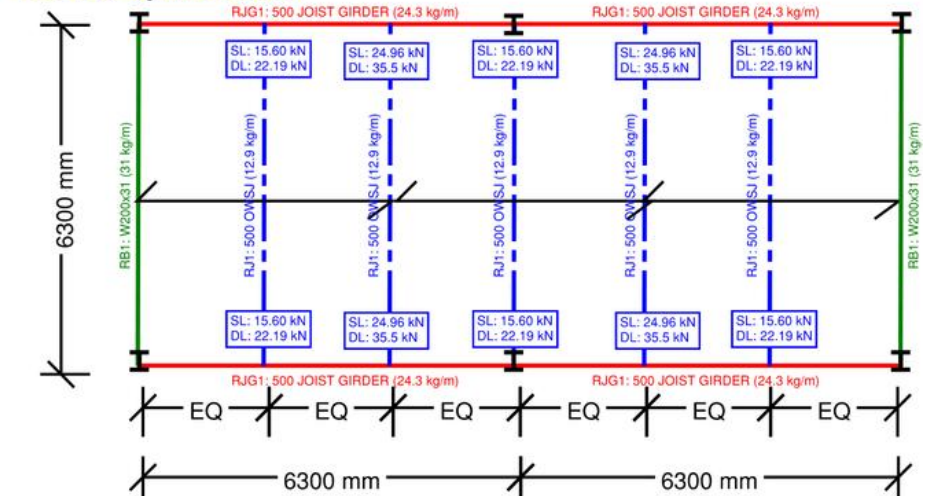
TOTAL PER SQM:53.40 kgCO2/m2

Applicable. Roof loads are NOT heavy enough to require a 76 mm deck.

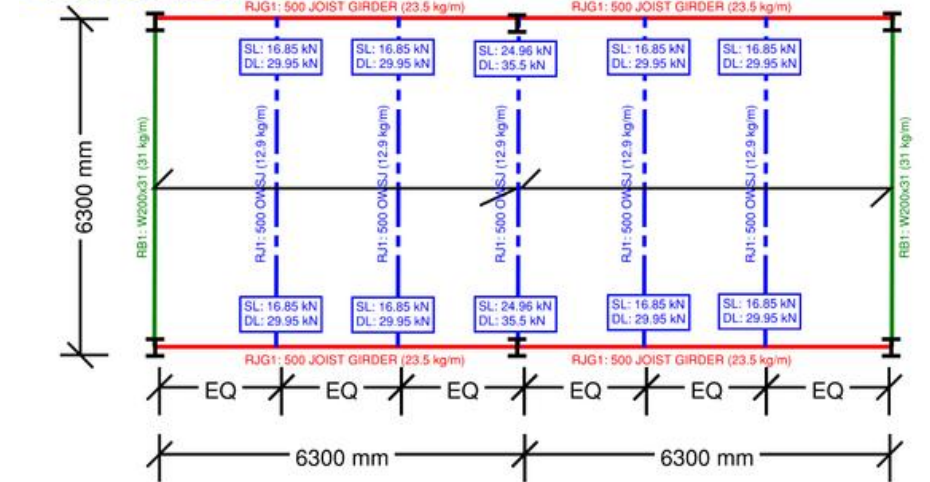
Single Span OWSJ



Double Span OWSJ



Triple Span OWSJ



OPTION 2: OWSJS ON JOIST GIRDERS (1050 MM SPACING)

INITIAL ROOF CARBON CALCS

Single Span OWSJ

Carbon Floors

Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
38 Metal Deck	1	39.69	Deck Roof	8.50	2.32	782.69

Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	5	6.30	Rolled	9.60	1.19	359.88
RJ2: 500 Joist Girder	2	6.30	Rolled	30.90	1.19	463.34

TOTAL: 2070.74 kgCO2
TOTAL PER SQM: 52.17 kgCO2/m2

Double Span OWSJ

Carbon Floors

Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
76 Metal Deck	1	79.38	Deck Roof	14.04	2.32	2585.63

Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	11	6.30	Rolled	9.60	1.19	791.73
RJG1: 500 Joist Girder	4	6.30	Rolled	25.90	1.19	776.73

TOTAL: 4618.92
TOTAL PER SQM: 58.19 kgCO2/m2

Triple Span OWSJ

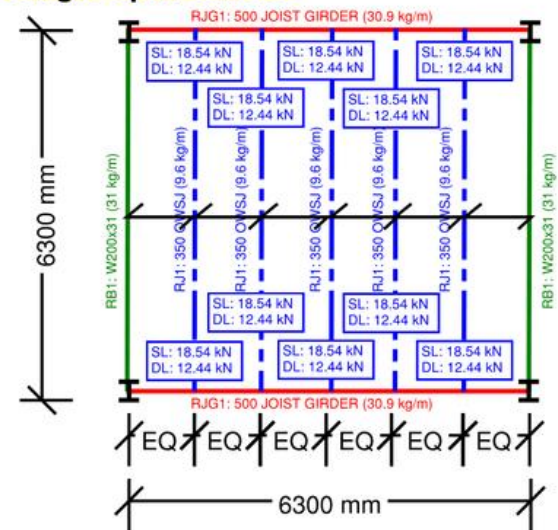
Carbon Floors

Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
76 Metal Deck	1	79.38	Deck Roof	14.04	2.32	2585.63

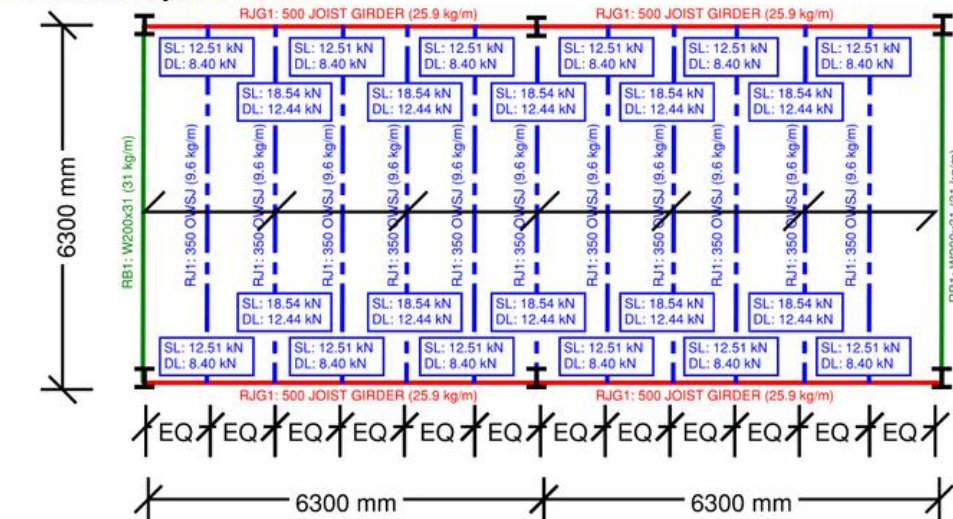
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
RJ1: 500 OWSJ	11	6.30	Rolled	9.60	1.19	791.73
RJG1: 500 Joist Girder	4	6.30	Rolled	24.90	1.19	746.74

TOTAL: 4588.93 kgCO2
TOTAL PER SQM: 57.81 kgCO2/m2

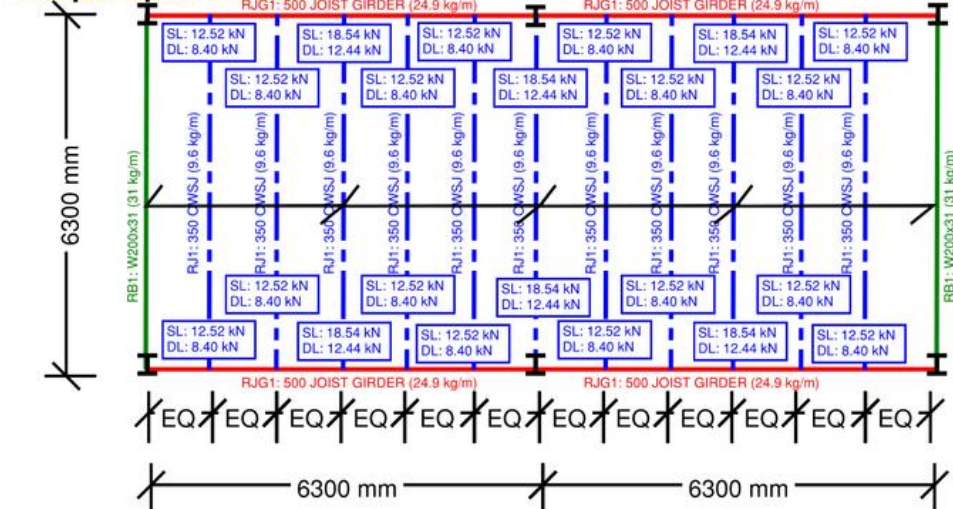
Single Span OWSJ



Double Span OWSJ



Triple Span OWSJ



OPTION 3: BEAMS ON BEAMS (2100 MM SPACING)

INITIAL ROOF CARBON CALCS

Single Span Beam

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
38 Metal Deck	1	39.69	Deck Roof	8.50	2.32	782.69

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x36	2	6.30	Rolled	36.00	1.19	539.81
RB2: W310x39	2	6.30	Rolled	31.00	1.19	464.84
RB3: W310x60	2	6.30	Rolled	60.00	1.19	899.69

TOTAL: 2687.03 kgCO2
TOTAL PER SQM: 67.70 kgCO2/m2

Double Span Beam

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
76 Metal Deck	1	79.38	Deck Roof	14.04	2.32	2585.63

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x36	4	6.30	Rolled	36.00	1.19	1079.63
RB2: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RB3: W310x60	4	6.30	Rolled	60.00	1.19	1799.38
RB4: W310x39	3	6.30	Rolled	39.00	1.19	877.20

TOTAL: 6926.62 kgCO2
TOTAL PER SQM: 87.26 kgCO2/m2

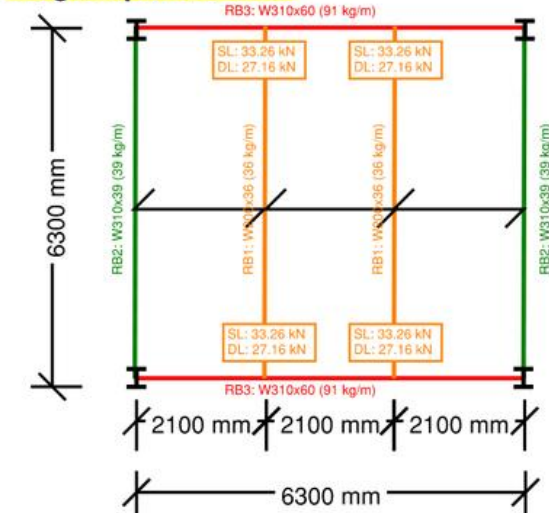
Triple Span Beam

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
76 Metal Deck	1	79.38	Deck Roof	14.04	2.32	2585.63

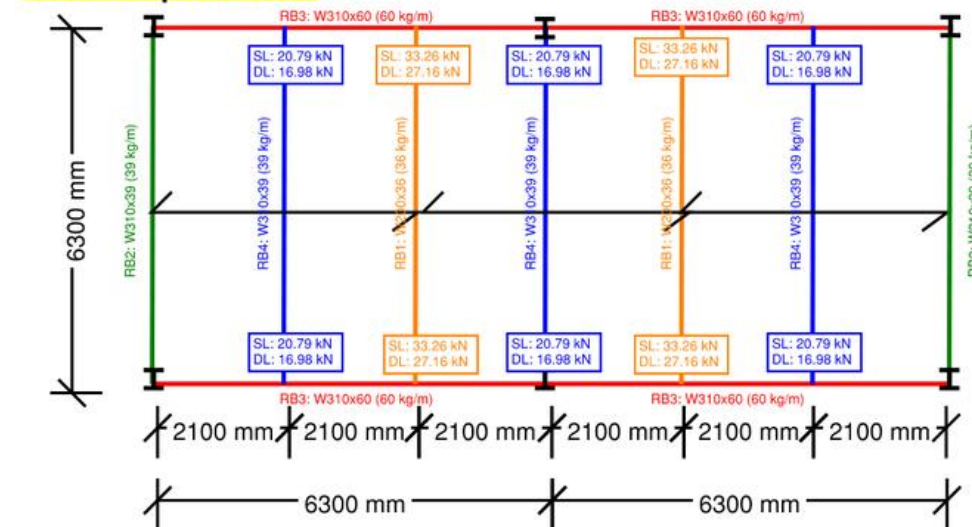
Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
RB1: W200x36	1	6.30	Rolled	36.00	1.19	269.91
RB2: W310x39	2	6.30	Rolled	39.00	1.19	584.80
RB3: W360x57	4	6.30	Rolled	57.00	1.19	1709.41
RB4: W310x39	4	6.30	Rolled	39.00	1.19	1169.59

TOTAL: 3733.71 kgCO2
TOTAL PER SQM: 47.04 kgCO2/m2

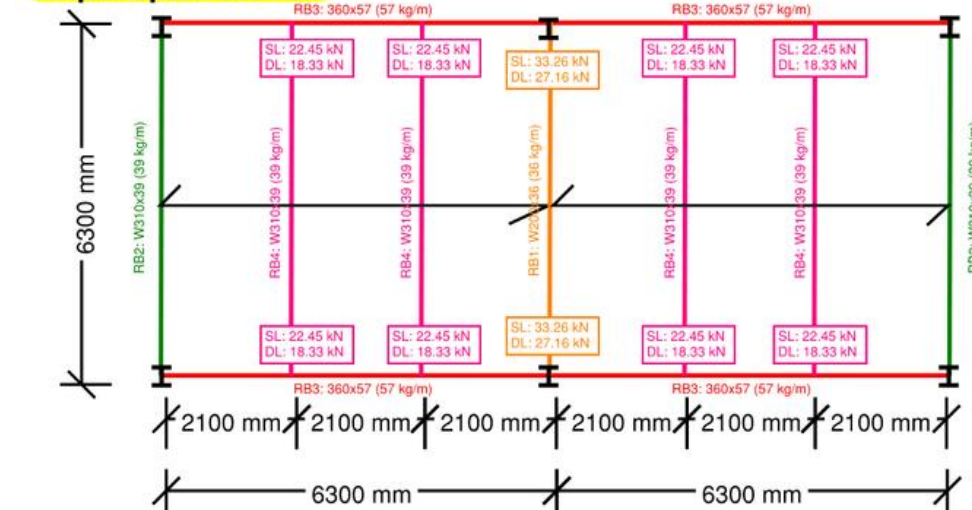
Single Span Beams



Double Span Beams



Triple Span Beams



OWSJS AT VARIED SPACING (APPLICABLE TO POOL AND GYM)

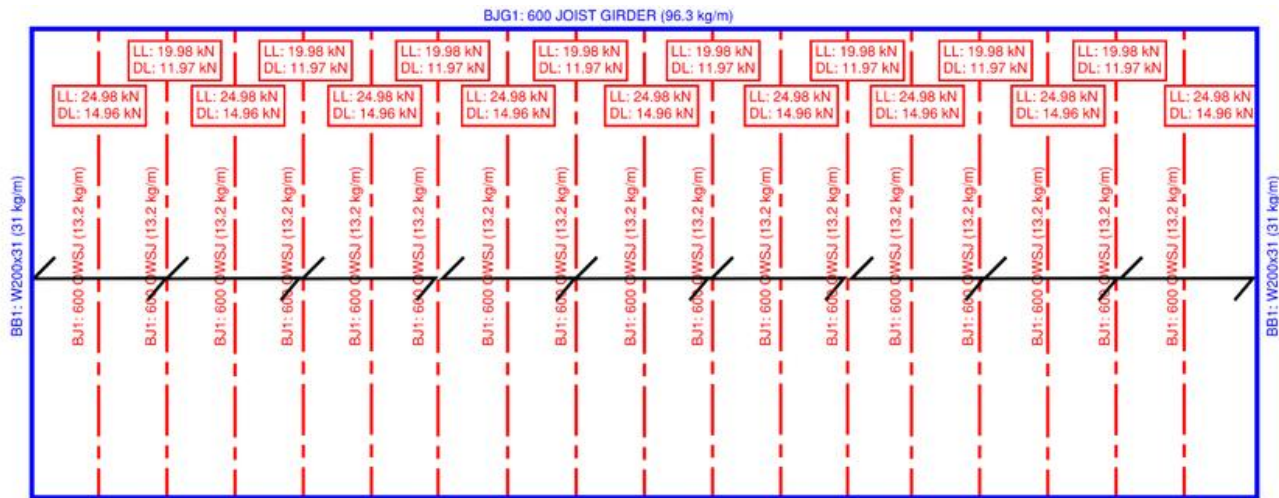
INITIAL LONG SPAN CARBON CALCS

Single Span OWSJ Spaced 1050mm

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
125 Concrete on 76 Composite Metal Deck	1	119.07	Deck Floor 76	217.20	0.29	7499.97

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
BB1: W200x31	2	6.30	Rolled	31.00	1.19	464.84
BJ1: 600 OWSJ	17	6.30	Rolled	13.20	1.19	1682.42
BRJ1: 600 Joist Girder	2	18.90	Rolled	96.30	1.19	4332.00

TOTAL: 13979.22 kgCO2
TOTAL PER SQM: 117.40 kgCO2/m2

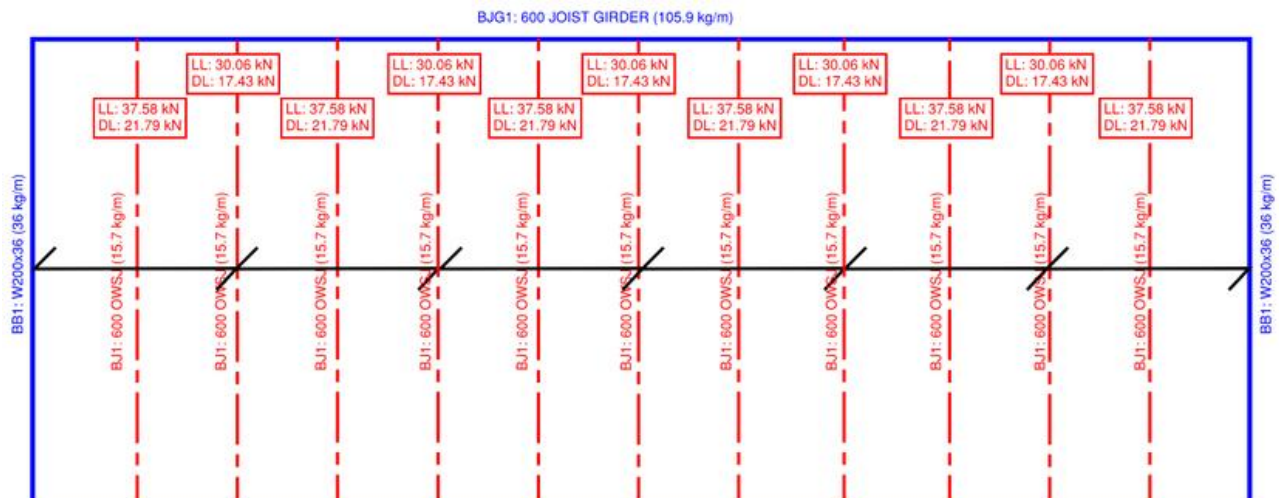


Single Span OWSJ Spaced 1575mm

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
125 Concrete on 76 Composite Metal Deck	1	119.07	Deck Floor 76	217.20	0.29	7499.97

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
BB1: W200x36	2	6.30	Rolled	36.00	1.19	539.81
BJ1: 600 OWSJ	11	6.30	Rolled	15.70	1.19	1294.80
BRJ1: 600 Joist Girder	2	6.30	Rolled	105.90	1.19	1587.95

TOTAL: 10922.53 kgCO2
TOTAL PER SQM: 91.73 kgCO2/m2

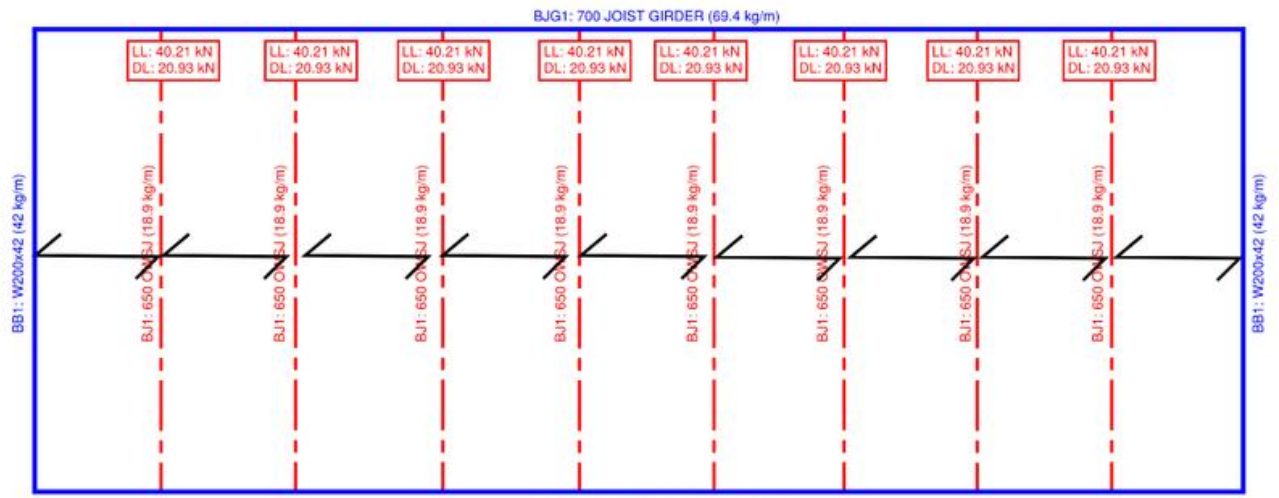


Single Span OWSJ Spaced 2100mm

Carbon Floors						
Type	Amount	Area (m2)	Material Type	Area Density (kg material/m2)	kgCO2/kg material	GWP (kgCO2)
125 Concrete on 76 Composite Metal Deck	1	119.07	Deck Floor 76	217.20	0.29	7499.97

Carbon Framing						
Type	Amount	Distance (m)	Material Type	Linear Density (kg material/m)	kgCO2/kg material	GWP (kgCO2)
BB1: W200x42	2	6.30	Rolled	42.00	1.19	629.78
BJ1: 650 OWSJ	8	6.30	Rolled	18.90	1.19	1133.61
BRJ1: 700 Joist Girder	2	6.30	Rolled	69.40	1.19	1040.64

TOTAL: 10303.99 kgCO2
TOTAL PER SQM: 86.54 kgCO2/m2



APPENDIX C4

STRUCTURAL SIZING

SAMPLE JOIST GIRDER FILE

WoodWorks®

SOFTWARE FOR WOOD DESIGN

COMPANY

July 12, 2026 13:39

PROJECT

JG1 Moment

Design Check Calculation Sheet

WoodWorks Sizer 11.5

Loads:

Load	Type	Distribution	Pat-tern	Location [m]	Magnitude	Unit
				Start End	Start End	
DL1	Dead	Point		1.09	14.53	kN
LL1	Live	Point		1.09	9.86	kN
DL2	Dead	Point		2.10	11.62	kN
LL2	Live	Point		2.10	7.89	kN
DL3	Dead	Point		3.19	14.53	kN
LL3	Live	Point		3.19	9.86	kN
DL4	Dead	Point		4.20	11.62	kN
LL4	Live	Point		4.20	7.89	kN
DL5	Dead	Point		5.29	14.53	kN
LL5	Live	Point		5.29	9.86	kN

Maximum Reactions (kN):

6.37 m

0

6.3 m

Unfactored:			
Dead	33.54		33.28
Live	22.77		22.59
Factored:			
Total	76.09		75.49
Bearing:			
Capacity			
Support	76.09		75.49
Des ratio			
Support	1.00		1.00
Load comb	#2		#2
Length	72		71
Min req'd	72**		71**
KD	0.92		0.92
KB support	1.00		1.00
fcp sup	7.00		7.00
Kzcp sup	1.00		1.00

**Minimum bearing length governed by the required width of the supporting member.

Steel, 345 MPa, W200x71

Supports: All - Timber Beam, D.Fir-L No.2

Total length: 6.372 m; Clear span: 6.2 m

Lateral support: top = at supports, bottom = at supports;

This section PASSES the design code check.

Canadian Wood Council

Conseil canadien du bois

JG1 Moment

WoodWorks® Sizer 11.5

Page 2

Force vs. Resistance and Deflection using CSA S16-14:

Criterion	Analysis Value	Design Value	Unit	Analysis/Design
Shear	Vf = 76.09	Vr = 452.00	kN	Vf/Vr = 0.17
Moment (+)	Mf = 141.86	Mr = 214.80	kN-m	Mf/Mr = 0.66
Perm. Defl'n	16.4 = L/383	17.5 = L/360	mm	0.94
Live Defl'n	11.2 = L/564	17.5 = L/360	mm	0.64
Total Defl'n	27.6 = L/228	35.0 = L/180	mm	0.79

Additional Data:

CRITICAL LOAD COMBINATIONS:

Shear : LC #2 = 1.25D + 1.5L

Moment (+) : LC #2 = 1.25D + 1.5L

Deflection: LC #1 = 1.0D (permanent)

LC #2 = 1.0D + 1.0L (live)

LC #2 = 1.0D + 1.0L (total)

Bearing : Support 1 - LC #2 = 1.25D + 1.5L

Support 2 - LC #2 = 1.25D + 1.5L

Load Types: D=dead L=live(use,occupancy)

Load combinations from NBC 2015; code references and LC's listed in the Analysis report

CALCULATIONS:

I = 76.60e06 mm^4

"Live" deflection is due to all non-dead loads (live, wind, snow...)

Design Notes:

1. WoodWorks analysis and design are in accordance with the CSA S16-14 design standard.

2. Please verify that the default deflection limits are appropriate for your application.

3. BEAMS require restraint against lateral displacement and rotation at points of bearing.

CANAM

JOIST GIRDERS

Economical Depth Selection

INPUT DATA

Factored Moment: 142 kN·m

Span: 6 300 mm

Calculation Method: Limit States Design (LSD)

Country: Canada

RESULTS

Depth	Weight		Inertia	Deflection	
	Linear	Total		Calculated	Ratio
(mm)	(kg/m)	(kg)	(x10 ⁶ mm ⁴)	(mm)	
500	23.8	149.8	113.1	N/A	N/A
600	23.2	146.0	135.8	N/A	N/A
700	22.7	142.9	158.4	N/A	N/A

NOTES

For more information regarding Canam joist girders, please refer to the Joist Catalog or contact our experts by phone at 1-866-466-8769 or [online](#).

WARNING

Canam Group Inc. does not warrant the accuracy of the information and graphs resulting from these calculations. All information and graphs are provided "AS IS" without warranty of any kind. Under no circumstances will Canam Group Inc. be held liable for any direct or indirect damage arising from or in connection with the use of the information or graphs resulting from these calculations. The use of these calculations confirms acceptance of these terms by their user.

Version 5.0.1

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Printed: 7/12/2026

SAMPLE OWSJ FILE



JOISTS Economical Depth Selection

INPUT DATA

Dead Load:

2.60 kPa

Live Load:

1.90 kPa

Spacing:

1 050 mm

Span:

7 000 mm

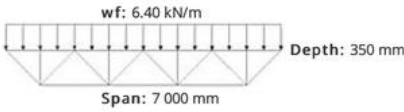
Calculation Method:

Limit States Design (LSD)

Country:

Canada

PROPERTIES



RESULTS

Uniform Factored Load (wf)	Uniform Service Live Load	Depth	Estimated Linear Weight	Service Load to Produce a Deflection of L/360
kN/m	kN/m	mm	kg/m	kN/m
6.40	2.00	350	12.4	3

NOTES

For more information regarding Canam joists, please refer to the Joist Catalog or contact our experts by phone at 1-866-466-8769 or [online](#).

WARNING

Canam Group Inc. does not warrant the accuracy of the information and graphs resulting from these calculations. All information and graphs are provided "AS IS" without warranty of any kind. Under no circumstances will Canam Group Inc. be held liable for any direct or indirect damage arising from or in connection with the use of the information or graphs resulting from these calculations. The use of these calculations confirms acceptance of these terms by their user.

SAMPLE BEAM FILE



COMPANY

PROJECT

July 10, 2026 14:27

B1

Design Check Calculation Sheet

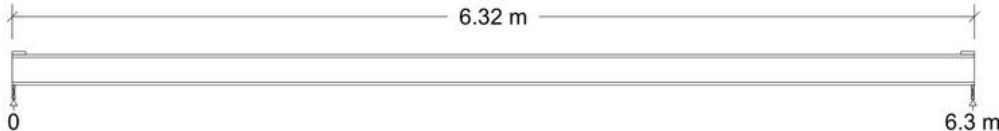
WoodWorks Sizer 11.5

Loads:

Load	Type	Distribution	Pat-tern	Location [m] StartEnd	Magnitude StartEnd	Unit
DL	Dead	Full Area			2.60 (0.53m)	kN/m2
LL	Live	Full Area			1.90 (0.53m)	kN/m2
Self-weight	Dead	Full UDL			0.26	kN/m

Beam is a continuous support for all area loads, such that 125% of load on tributary width is applied to beam.

Maximum Reactions (kN):



Unfactored:			
Dead	6.21		6.21
Live	3.94		3.94
Factored:			
Total	13.67		13.67
Bearing:			
Capacity	13.67		13.67
Support			
Des ratio	1.00		1.00
Support			
Load comb	#2		#2
Length	19		19
Min req'd	19**		19**
KD	0.90		0.90
KB support	1.07		1.07
fcp sup	7.00		7.00
Kzcp sup	1.00		1.00

**Minimum bearing length governed by the required width of the supporting member.

Steel, 345 MPa, W200x27

Supports: All - Timber Beam, D.Fir-L No.2

Total length: 6.319 m; Clear span: 6.3 m

Lateral support: top = at supports, bottom = at supports;

This section PASSES the design code check.

Force vs. Resistance and Deflection using CSA S16-14:

Criterion	Analysis Value	Design Value	Unit	Analysis/Design
Shear	Vf = 13.64	Vr = 246.00	kN	Vf/Vr = 0.06
Moment (+)	Mf = 21.48	Mr = 30.95	kN-m	Mf/Mr = 0.69
Perm. Defl'n	7.8 = L/805	17.5 = L/360	mm	0.45
Live Defl'n	5.0 = < L/999	17.5 = L/360	mm	0.28
Total Defl'n	12.8 = L/493	35.0 = L/180	mm	0.37

Canadian Wood Council

Conseil canadien du bois

B1

WoodWorks® Sizer 11.5

Page 2

Additional Data:

CRITICAL LOAD COMBINATIONS:

Shear : LC #2 = 1.25D + 1.5L

Moment (+) : LC #2 = 1.25D + 1.5L

Deflection: LC #1 = 1.0D (permanent)

LC #2 = 1.0D + 1.0L (live)

LC #2 = 1.0D + 1.0L (total)

Bearing : Support 1 - LC #2 = 1.25D + 1.5L

Support 2 - LC #2 = 1.25D + 1.5L

Load Types: D=dead L=live (use, occupancy)

Load combinations from NBC 2015; code references and LC's listed in the Analysis report

CALCULATIONS:

I = 25.80e06 mm^4

"Live" deflection is due to all non-dead loads (live, wind, snow...)

Design Notes:

1. WoodWorks analysis and design are in accordance with the CSA S16-14 design standard.

2. Please verify that the default deflection limits are appropriate for your application.

3. BEAMS require restraint against lateral displacement and rotation at points of bearing.